



AUGUST 2023

AV - ELUL 5783



JRLW

# MEGILLAH

PLEASE VISIT THE JRLW WEB SITE - [www.jrlwmd.org](http://www.jrlwmd.org)

**PRESIDENT:** Joel Kristal  
[photosbj@gmail.com](mailto:photosbj@gmail.com)

**MEGILLAH EDITOR:** Bernice Cohen  
[bernicecohen1@gmail.com](mailto:bernicecohen1@gmail.com)



JOEL L. KRISTAL

## FROM THE DESK OF THE PRESIDENT

Joel Kristal

In the July issue of the Megillah, I listed several areas where JRLW needs your help. Because of the time lag from when the issue of a Megillah is received to when I write the next month's column, I do not have all the results of my appeal for help. My intention is to have another appeal, but via email, this time and publish an updated volunteer list in September's Megillah.

A few administrative details: 1) Time to renew your membership in JRLW, 2) High Holy Day tickets are available until September 8 and 3) Deadline for the Annual Book of Remembrance is August 25. The forms are in this month's Megillah. The Book of Remembrance does not have any prayers or mention of G-d's name, so that it does not have to be treated as a prayer book.

Have you ever asked yourself: "Why am I a Jew?" A wonderful 6-minute presentation by Rabbi Sacks, of blessed memory, can be found at <https://www.rabbisacks.org/videos/why-i-am-a-jew/>. With the High Holidays around the corner, I wanted to

## AUGUST DATES 2023

- 01 Tue – JRLW Board 7:30 pm
- 02 Wed – JWV Meeting
- 02 Wed – Hadassah Board
- 04 Fri – Shabbat Service 7:30 pm
- 12 Sat – Shabbat Service 9:15 am
- 20 Sat – JRLW Meet and Greet CH I 2 pm
- 21 Mon – Hadassah Study Group

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## GOOD AND WELFARE

We wish Sidney Lazar a speedy recovery. Sidney is currently in rehab at Bedford Court.

Another JRLW member who is in Bedford Court is Herb Hodes. We hope that Herb's recovery goes smoothly. Herb takes care of our shiva minyans, a valuable service to our members.

Thanks to Becky Siman for planning and making the arrangements for our June Ice Cream Social. It was truly a 'delicious' affair!

We are very happy to welcome Marcia Sirulnik back home following her surgery. We missed you, Marcia!

Shirley Light is happy to announce the engagement of her granddaughter, Ariana Geller, to Andrew Lundner.



## President's Message

CONTINUED FROM PAGE 1

share a few of his thoughts on Yom Kippur. The full commentary can be found on his web site.

"To those who fully open themselves to it, Yom Kippur is a life-transforming experience. It tells us that G-d, who created the universe in love and forgiveness, reaches out to us in love and forgiveness, asking us to love and forgive others. G-d never asked us not to make mistakes. All He asks is that we acknowledge our mistakes, learn from them, grow through them, and make amends where we can."

"...to be a Jew is to have the courage to live in a way that is not the way of everyone. Each time we eat, drink, pray or go to work, we are conscious of the demands our faith makes on us...."

"Few religions have asked more of their followers. There are 613 commandments in the Torah. Jewish law applies to every aspect of our being, from the highest aspirations to the most prosaic...."

"Not every civilization is as forgiving as Judaism. There were religions that never forgave Jews for refusing to convert. Many of the greatest European intellectuals— never quite forgave Jews for staying Jews, different, countercultural, iconoclastic. Yet despite the tragedies of more than twenty centuries, Jews and Judaism still flourish, refusing to grant victory to cultures of contempt or the angel of death."

"More than Yom Kippur expresses our faith in G-d, it is the expression of G-d's faith in us."

The High Holy days will be here before we know it, a unique time for introspection. Without being too didactic, have you offended someone and lost a friend or relationship? Is it time to pick up the phone or send an email just to say hello and begin to renew that friendship?

Shalom

**NOTICE: THE DEADLINE FOR THE SEPTEMBER MEGILLAH IS AUGUST 10. ARTICLES SUBMITTED AFTER THAT DATE WILL APPEAR IN THE OCTOBER MEGILLAH.**

## HOLOCAUST REMEMBRANCE WORKSHOP

Becky Siman

JRLW is seeking volunteers to form a workgroup to develop informative, educational programs to commemorate significant Holocaust events. This year we would like to develop a program for the remembrance of Kristallnacht for November 9 and for Yom HaShoah (Holocaust Remembrance Day) in April 2024.

With the passage of time, Holocaust survivors grow fewer each year. It is vital that the world is continually reminded of the horrors that hate and prejudice can cause, especially when politicians not merely condone it, but lead it.

This is an extremely important activity, so if **you are a survivor, child of survivors**, or just want to help keep the memory of the more than 6 million dead and those who survived alive, contact Becky Siman at [rmsiman@gmail.com](mailto:rmsiman@gmail.com), or Jack Tenenbaum at [captjacob10@gmail.com](mailto:captjacob10@gmail.com).



## RELIGIOUS SERVICES FOR AUGUST

On Friday, August 4, we will have Reform Shabbat Services, in Clubhouse II at 7:30 pm. The services will be conducted by Rabbi Gary Fink and Cantor Wendy Gonzales. Our Shir Delight Choir will perform. There will be an Oneg following Services.

There will be a Shabbat Service on Saturday, August 12, in Clubhouse II at 9:15 am. The Torah portion will be Re'eh. Cantor Mike Kravitz will conduct these services. There will be a Kiddush afterwards.



### MEGILLAH STAFF

Bernice Cohen – Editor  
Barbara Cronin  
Roz Rosenthal  
Sharon Freedman  
Betty Hecht  
Marcia Crystal – Food Editor  
Fred Shapiro- Business Mgr.



## 1917 – Part 1 of 2

Bernie Ascher ©

During World War I, Russia could not feed its civilian population and an army of 15 million at the same time. Thus, on March 8, 1917, 90,000 people filled the streets of Petrograd (St. Petersburg), Russia's capital then, to demonstrate against food shortages, according to History.com. Riots broke out, forcing the government to resign, and the Duma (legislature), supported by the army, to call for the emperor to abdicate, as reported by various sources, including Encyclopedia Britannica. On March 15, Emperor Nicholas II abdicated, ending 304 years of Romanov rule, leading to establishment of a provisional government, an event known as the February Revolution.

Between March 21 and April 3, the provisional government removed all "discrimination based upon ethnic religious or social grounds," including official abolition of the Pale of Settlement, which had been established by decrees during the reign of Catherine the Great (1762-1796). These decrees required Jews to live within a prescribed area from the Baltic Sea to the Black Sea, virtually all land acquired from partition of the Polish-Lithuanian Commonwealth, a vast area (roughly 386,000 square miles or 1 million square kilometers), double the size of today's France. Russian law prohibited Jews from living in large cities and encouraged them to live in "shtetls" (small villages). The 1897 Russian census indicated that most of the Jewish population in the empire remained confined to the Pale. Almost 5,000,000 Jews lived within its boundaries (comprising 11.6% of the total population of the area) while roughly 200,000 lived elsewhere in European Russia. Nearly all of the inhabitants (99%) spoke Yiddish.

Within its boundaries, the Pale of Settlement included part of present-day Poland, and much of what is now Lithuania, Belarus and Ukraine. At the time, Russia had more Jewish population than any other European country.

Official abolition of the Pale of Settlement in 1917 removed a century of restrictions on Jews' geographical mobility, allowing them to move to major cities and to other countries to take advantage of economic and educational opportunities, as reported by the Jewish Virtual Library and other sources.

In Part 2 of this article, the United States enters the

war and Russia has another revolution--- all in 1917, a momentous year in world history.

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## HADASSAH NEWS

Barbara Eisen

Hadassah presents a 2019 documentary film titled *"Fiddler: A Miracle of Miracles"* on Wednesday, August 16, at 2 pm, in Clubhouse I. The film is about the creation and significance of the 1964 "Fiddler on the Roof" musical. It features interviews with the creators of the musical, as well as scholars, actors and other Broadway figures. It includes rarely seen footage of the original Broadway cast. Everyone is certain to enjoy hearing their favorite songs from this acclaimed musical. The fee for the program is \$5.00. It can be paid at the door with a check, payable to Hadassah, or cash. Refreshments will be served. The event is open to all.

On August 21, at 1:30 pm, the Hadassah Judaic Studies Group will host its Zoom meeting with a discussion of the Parshah of August 19 - Shoftim or Judges. This Torah portion not only serves as a guide for years past but for today with the timeless quotation: "Justice, justice, shall you pursue." All are welcome to attend. Hadassah members will receive an emailed notice with a link to access the program. Others may send an email to Marilyn Jordan at [mjordan2262@comcast.net](mailto:mjordan2262@comcast.net) to request the link.

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The price of cards is \$3.00 each for one to three cards and \$2.50 each for four or more cards. Call Elaine at 301-598-0079 or Jan at 301-593-7720 to buy cards. They will even send them for you, if you add postage costs to the regular fees.

Beverly Weinstein is chair of Hadassah's Youth Aliyah/Children at Risk project, which is currently accepting Ukrainian children into their youth villages in Israel. Consider a donation to this worthwhile project. Those who would like to contribute can send a check, payable to Hadassah, to Beverly Weinstein at 12524 Eastbourne Drive, Silver Spring, Maryland 20904. For questions, call her at 301-622-1613.

Hadassah encourages women of any faith to join as an annual or life member. Special associate memberships are available to men. If interested in knowing more about Hadassah, contact Linda Epstein at 301-847-9650.



## CANTOR'S CORNER

Cantor Michael Kravitz



As I mentioned in the July column, in the 1970 movie, *THE ANGEL LEVINE*, Harry Belafonte plays black angel-wannabe Alexander Levine. IMDb describes Levine as “a black Jewish street hustler from somewhere between Harlem and Heaven.” And in the advertising for the film, it was said of Levine, “if he’s an angel, imagine what God is like.”

Belafonte is very effective as Levine, and his interactions with Zero Mostel’s Mishkin make this film memorable. Mishkin, an observant Jew, had prayed to God for help and soon finds Levine in his kitchen with no idea of how Levine got there. Levine explains that he was “transmitted” and he’s the angel God sent to help Fanny. Levine also explains that he is on probation and needs Mishkin to believe he’s an angel. Only then can he produce a miracle to earn his wings, and he must do this within 24 hours. Mishkin responds, “he’s a meshuganer” and explains to Levine that Levine doesn’t fit his image of an angel. First, Levine is black and second, he doesn’t have wings. Try as Levine does to make Mishkin believe, Mishkin remains obstinate and insists that Levine is a fraud.

Fanny, Mishkin’s wife, is very ill, but during the time that Levine is in the apartment, she gets out of bed and goes into the kitchen to make a meal for Mishkin and Levine. Mishkin sloughs it off as Fanny forcing herself out of bed to make a meal for them, but to the viewer, it is obvious that Fanny is doing much better and is very comfortable putting out the food. Finally, when Mishkin isn’t looking, Levine disappears but leaves his hat. At that point, Fanny takes a turn for the worse, and Mishkin, realizing too late that maybe Levine IS an angel after all, goes to Harlem with Levine’s hat. Mishkin walks around asking residents if they know the man to whom the hat belongs. No one does. At the very end of the film, Mishkin finds himself in a vacant lot, and a feather floats above his head. Mishkin tries desperately to grab it, but it eludes him. Levine is gone and will not be coming back. The feather symbolizes a message to Mishkin and everyone watching the film.

One part of the film that I particularly enjoyed came when Levine first appears in the apartment. He is wearing a hat which he takes off fairly quickly. When Mishkin asks him how long he’d been a Jew, Levine replies “all my life.” Mishkin challenges him to recite the Hebrew blessing over bread. Levine smiles, goes for his hat, puts it on and says “Baruch Atta Adoshem, Eloheinu Melech Ha-olam, ha-moat-see lechem min ha-aretz.” Levine’s head was covered before he recited the b’rachah! Mishkin replies “you have a very good accent.” Actually, the accent isn’t all that good, but because Belafonte has brought the Hebrew language to so many people through his songs, I’ll give him a pass.

So, what about Jews and miracles? I believe I have an appropriate topic for my September column.

Be well. Stay safe.

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### COME BE WITH FRIENDS AT OUR JRLW MEET AND GREET!

SUNDAY, AUGUST 20, 2 – 4 PM.

CLUBHOUSE I BALLROOM.



ENTERTAINMENT!

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### WE REMEMBER



Janet Lee Farr.

Marilyn Green Kessler.

Aaron Weisstuch.

Martin Kreiss.

*May Their Memory Be As A Blessing.*

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## BRINGING THE EMOTION INTO THE PRAYER



Cantor Wendy Gonzales  
cantorwendyg@gmail.com

This month's column celebrates the many Jewish 20th and 21st century composers who have enhanced our synagogue service experience by creating melodies and lyrics that bring an even deeper meaning to our personal prayer and blessings. I notice at services so many of our "congregants" singing Debbie Friedman's *Mi Shebeirach*, and observe their depth of prayer as her lyrics, "*Bless those in need of healing with r'fuah sh'leima; the renewal of body, the renewal of spirit, and let us say, Amen.*" It is that perfect blend of melody and lyrics that bring comfort to so many of us.

In addition to Debbie Friedman, there are a wealth of composers whose beautiful music brings deeper meaning to our prayer. They include, Rabbi Dan Frelander and Cantor Jeff Klepper, whose Shalom Rav has become a favorite and is frequently requested by many for me to include at our services. Another magnificent selection is Hannah Senesh's beautiful poem, *Yeish Kochavim*, set to music by Frelander and Klepper. You will be hearing this at Yizkor this year (if you are attending the Reform JRLW service).

Craig Taubman has a wealth of incredible music, particularly his spirited Shabbat melodies for *Adonai S'fatai* and *V'shamru*. He has a distinct way of allowing us to feel true joy in prayer. Julie Silver has written so many beautiful songs, and among my favorites is her commissioned *Oseh Shalom*, *Shir Chadash* and *Guide My Steps*.

I would be remiss if I did not also bring to your attention the exceptionally talented Linda Hirschhorn whose *Hashkiveinu* and *Circle Round for Freedom* bring together our thoughts and prayers so close to our hearts.

When you have some time to explore YouTube, please type in these wonderful composers and the selections I have mentioned in this article. I think you will love the experience of learning about these enhanced ways that music brings prayer even

closer to our hearts.

And how can you personally participate in the meaningful personal blessings and prayers along with our favorite melodies of the masters from your childhood? Please consider joining Shir Delight, our wonderful JRLW choir! We meet on Tuesday evenings in Clubhouse II in the Edmonson Room at 7:30pm. You only need to love music and have the opportunity to make new friends; I will take care of the rest!

## JEWISH WAR VETERANS

KRIEGER-LOUBE POST 567

Jerome Cohen

The next members' monthly business meeting will be on Wednesday, August 2, 2023, at 11 am via Zoom video and telephone conferencing. Former, current, and prospective members are invited to participate in these friendly and welcoming meetings. Zoom instructions will be provided separately to all members a day or two prior to the meeting.

Jewish men and women who served honorably during war or peacetime in any branch of the U.S. Military, on active or reserve duty, as national guardsmen, or in the PHSCC or NOAA Corps are eligible to join the Post. All other men and women may apply for Patron membership.

For those who want additional information, have questions about membership, or wish to receive the Post's e-newsletter, contact Post Commander Jerome Cohen at 301-442-4942 or email at [jeromeacohen67@outlook.com](mailto:jeromeacohen67@outlook.com).

Donations to the Post are appreciated and may be made payable to "JWV 567" and mailed to Dottie Chanil at 3829 Glen Eagles Drive, Silver Spring, MD 20906.





## MY BAT MITZVAH EXPERIENCE

Janet Lazar

Many years ago, I had my Bat Mitzvah in B'nai Israel Synagogue in Washington, D.C. It was on Shabbat Chanukah, November 30, 1956. Girls and women were not allowed on the Bimah on Shabbat morning, so my Bat Mitzvah was on Friday night with my classmate, Phyllis Rabinowitz. Rabbi Segal called us in for a meeting to see how we wanted to divvy up the service. Phyllis responded, "That's easy, Janet can't sing." The Rabbi looked at me for a response and I told him, "She's right!" So, I got the English Chanukah Declamation to talk about the story of Chanukah and I did it very graphically! Phyllis chanted the Haftorah Miketz Chanukah. She led the congregation in Hebrew Psalms and songs, and I led the congregation in English responsive readings. At the Oneg Shabbat, Rabbi Segal came to tell me what a beautiful job I did. I confided to him that I skipped a paragraph and realized my mistake and went back to the important lines and repeated the next line to get back to make sense of the story. He told me that was a good thing to do and was very proud of me and my delivery.

Many years later, I was married and had two daughters. It became time for our eldest daughter, Eileen, to have her Bat Mitzvah. We met with Rabbi Abrams (may he rest in peace) at Beth Torah Synagogue in Hyattsville, Maryland, to discuss the plan. First, we needed a date, so I suggested Friday night dates. The Rabbi asked me why only Fridays. I said, "Because she is a GIRL!" He told us that nowhere is it written that a girl cannot be on the Bimah on Shabbat morning and Eileen said "Yeah, Mom, I want mine on Saturday!" So, in August, 1977, she had her Bat Mitzvah and did a terrific job. Three years later, my second daughter, Charlotte, had her Bat Mitzvah at the same synagogue. I expressed to Rabbi and Mrs. Abrams that I was beginning to feel cheated out of my duty to chant the haftorah at my Bat Mitzvah. That Rosh Hashanah Mrs. Abrams came to me during the service and took me to the Junior Congregation service. I was called to the Torah for an aliyah and I was honored to do so. Afterwards as we walked back to the main Sanctuary, she said,

"Did lightning strike you?" I knew what she meant, and I did occasionally have an aliyah on Shabbat. Rabbi Abrams introduced me to Andy Sandberg who taught me my Haftorah. I had my Adult Bat Mitzvah and chanted the Torah portion from in the Chumash while someone pointed to it in the Torah scroll.

Still later, my husband, Sid, and I moved here to Leisure World. We soon discovered Jewish Residents of Leisure World. I went to a Conservative Shabbat morning service with one of my neighbors. She introduced me to Cantor Mike Kravitz. We got to talking about women who can read Torah. My friend, Miriam Gilbert, told him that I can read Torah. He asked me about it. I had to tell him I had never read from the Torah but read the Haftorah from the Chumash. "UH UH," he said, "At JRLW we chant from the Torah. Would you like to learn?" He gave me a tape recording and I studied the melody and memorized it. Eventually, I learned the Torah SCRIPT and now I can chant from the Torah. I have been given many opportunities to chant aliyot from the Torah. Cantor Kravitz gave me the honor to chant my Haftorah this past June 6.

Thank you, Cantor Kravitz, for all your help, and I thank the many mentors who have helped me over the years.

### NEED AD:

We're looking for about 4 people who can spare less than an hour a month to help set up and clean up our Friday Night Onegs and our Saturday Kiddushes. We currently have only one person and she really could use some help. If we can get several helpers, we can reduce the monthly commitments to perhaps only a few times a year. If you attend either Friday night or Saturday's Service, please consider spending a few extra minutes to help. Please contact me, Joel, at [photospbj@gmail.com](mailto:photospbj@gmail.com) if you're willing to pitch in.



## MEMBERSHIP COMMITTEE

Suzy Klein

We hope you are having a wonderful Summer. August will bring one of the favorite JRLW events of the year, the Annual "Meet and Greet." Be sure to mark your calendar and save the date. The "Meet and Greet" will be held on August 20, 2023, from 2:00 pm-4:00 pm, in the Crystal Ballroom in Clubhouse I. This event, which is for New and Returning members of JRLW, will be a great opportunity to see old friends and meet new ones. We've had a lot of new residents moving to Leisure World and some of them may not have had the opportunity to have heard about our wonderful organization. Learn more about JRLW, meet the Board, and other residents at Leisure World and some participate in Social/Cultural, Religious, Educational activities and enjoy the Jewish the Jewish Community in Leisure World. We will be joined by "Chai Dynamics" a Jewish Capella Group who will bring energetic and popular songs to our "Meet and Greet". Join us for snacks and prizes! Have you met anyone who might want to become a member of JRLW? Please serve as an ambassador and invite them to our "Meet and Greet".

We are thankful that JRLW was able to provide Reform and Conservative services for our members and their guests during the last month and will continue to do so throughout the summer. As the 2023 High Holy Days are now approaching, a ticket order form is enclosed in this issue of the Megillah with instructions on how our members and their guests can obtain their tickets. It is important to note that tickets must be purchased at Clubhouse II between July 11 and September 8. To purchase a ticket(s), members need to complete the form enclosed in the Megillah and bring it, together with a check payable to JRLW, to the Clubhouse II Lifestyle Office. If any member is physically unable to get to Clubhouse II, please call Ellyn Kaufman at 703--623-9249 or you may email her at [ellynnsu@verizon.net](mailto:ellynnsu@verizon.net) for assistance. Both Reform and Conservative Services will be held in Clubhouse II. Additionally, a form is enclosed in this issue Megillah for the Annual Book of Remembrance Yiskor Memorial Book 2023-2024/5784. This form and the member donation (check payable to JRLW) need to be received by Leah Weisman no later than Friday, August 25, 2023 to be included in the Yiskor Book. If members have questions about the Annual

Book, please call Leah Weisman at 301-288-4267.

JRLW has countless activities coming up throughout the summer, which are publicized in the "Megillah", the JRLW (closed) Facebook Page and the JRLW Website, [www.jrlwmd.org](http://www.jrlwmd.org).

Please do remember to introduce yourself to those whom you do not know when you are attending our services and other events. Have a wonderful August, keep safe and thank you for being a member of the Jewish Residents of Leisure World.

Suzy Klein - [smklein.advocate@gmail.com](mailto:smklein.advocate@gmail.com) - 301-346-7997

Linda Nelson - [lpnelson3@comcast.net](mailto:lpnelson3@comcast.net) - 301-922-1793

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## DON'T BAKE THIS ROSH HASHANA, ORDER FROM THE SUNFLOWER BAKERY!

Becky Siman

Don't bake this Rosh Hashana. Order from the Sunflower Bakery and pick up your order in Leisure World on September 14.

JRLW has once again arranged with Sunflower Bakery to have Rosh Hashanah cookies, cakes, and challah orders delivered to a pick-up point in Leisure World. On-line ordering instructions and a menu will be included in the weekly emails and in the September Megillah when the details are firm. The website for ordering will be active on August 21. The deadline to order is September 8, at noon. The Leisure World pick up date will be on the morning of Thursday, September 14. Exact details and website instructions to be in emails and the September Megillah.

It is a mitzvah to order from Sunflower Bakery as they are dedicated to providing skilled job training and employment opportunities in the baking and hospitality industries for adults 18+ with learning differences. Sunflower Bakery is a 501(c)(3) non-profit organization. All proceeds go to Sunflower for the good work they do in the community.





## TORAH and PRAYER BOOK FUNDS

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah or Prayer Book Fund for a minimum donation of \$25.00.

### PRAYER BOOK FUND

If you would like to make a donation in honor of or in memory of someone in a Reform prayer book, Conservative Prayer book or a Chumash (Bible), please stipulate which one in your request. Please send your requests to donate prayer books to Florence Kasden, 3100 Leisure World Boulevard, #610, Silver Spring MD 20906. Her phone number is 410-251-9382.



### TORAH FUND

For contributions to the Torah Maintenance Fund, send your check, made out to JRLW, to Carol Wendkos, 14805 Pennfield Circle, #212, Silver Spring, MD 20906.




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## TZEDAKAH, KIDDUSH AND ONEG DONATIONS

For information about Tzedakah, Oneg or Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906.

### TZEDAKAH DONATIONS

**CORRECTION:** Yiskor donation by Joan and Harvey Berman in memory of their parents.

Yiskor donation by Rhoda Friedman in memory of Alan Friedman.

Susan and Jonas Weiss to Rita Weisstuch in memory of her husband, Aaron Weisstuch.

Susa and Jinas Weiss to Richard Falck in memory of his sister, Susan Falck Weinstein.

### KIDDUSH DONATIONS

Kiddush donation by Sue Schwartz in memory of Sid Schwartz, husband dad and Grandpa and in memory of Debra Schwartz Sapcaru, our daughter who left us too soon.

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## JRLW PRESENTS PILOT PROGRAM ON WISE AGING

Becky Siman

JRLW is offering a pilot program about wise aging taught by De Fischler Herman. De is a certified Rabbinic Pastor and Spiritual Director and is a certified Sage-ing Mentor. She is an active elder, climate activist, avid bicyclist, vegetable gardener, published author, and calligraphic artist.

A version of this program has been taught in many synagogues across the country and JRLW is offering a single introductory session at Leisure World to see if there is any interest in offering a more in-depth version of the program – possibly 3-4 sessions. De recently taught this program at Temple Emanuel in Kensington, Maryland.

Society has not prepared us well for navigating the terrain of aging. It is time to reverse this unhealthy trend, find new ways to address our fears, reframe our perspective regarding the natural processes we are experiencing, and allow us to value ourselves as elders as we harvest our life's work and pass on our legacy to the next generation.

In a highly interactive session, De introduces participants to the groundbreaking work of Rabbi Zalman Schachter-Shalomi (From Age-ing to Sage-ing) and Rabbi Rachel Cowan & Linda Thal (Wise Aging).

The session is scheduled for Tuesday September 12 from 1-3 pm, in the Maryland Room in Clubhouse I. The fee for the session is \$12 (check only made out to JRLW). The check can be sent to Judi Broida, 3834 Glen Eagles Drive, Silver Spring, Maryland 20906. If you have any questions or would like to deliver the check directly to Judi, you may email her at [jbroida@comcast.net](mailto:jbroida@comcast.net). Enrollment is limited to 20 people. After that JRLW will start a waiting list. All registrations must be received by September 5.



## PROGRAM AND EDUCATION

Becky Siman

Many thanks for helping at the JRLW/JCC Ice Cream Social go to Alan and Linda Nelson, Susan Herzig, Tova Kaplan, Bonnie Tornheim, Sue Sandler and Nancy Grossman for their help in making the Ice Cream Social such a success.

Thank you, also, to Debbie Gann for her work with the movie **Alliance** and the reception, and to Marsha Bernstein and Anita Sperling for their assistance. Thanks, also, to Natalie Brodsky who has been writing the numbers of all the JRLW event tickets.

We have one big August event – the **Annual Meet and Greet** on August 20. See the details in the membership article.

September holds some new programs and movies.

**Tuesday, September 6, 1:30 pm** – Clubhouse II Auditorium – JRLW/JCC Movie **Israel Swings for Gold**. In 2021, Israel's baseball team competed in the Olympics for the first time. With no media allowed in Tokyo's Olympic Village, the players recorded their own experiences. Mostly newly minted Israelis, they lodged unexpected battles against anti-Semitism and anti-Zionism. Victory for Israel came on the playing field, even if not on the podium. Israel, 77 minutes, in English. Tickets are \$10 and can be purchased at the JCC Coming of Age Website or at the door. <https://www.benderjccgw.org/adults2/coming-of-age-in-maryland/>.

**Tuesday, September 12, 1 pm – 3 pm** - Clubhouse I Maryland Room - **Wise Aging Pilot Program**. De Herman, a certified S-aging instructor, will lead an interactive session to help participants reframe their value as an elder and how to share this legacy with the next generation. See the full article in this Megillah. This is a stand-alone program and will serve as introduction for those who want to explore this topic further. Tickets are \$12.

### HOLD THE DATE

Sunday, October 22 – Israeli Dancing Program, 2 pm- Clubhouse II Auditorium. Rikudei Yachad, a young adult Israeli Dance Group from Montgomery County, will entertain JRLW members as well as teach a dance. Admission is free. This is the last of the Israel 75 celebration events.

**Wednesday, December 20** - Hold the Date for discount tickets to Wednesday Matinee to **Fiddler**

**on the Roof** at the Olney Theatre. Tickets are \$55 each and are located in the center orchestra. Call Sue Sandler on 301 291-4449 to reserve tickets or email her at [suecsandler@comcast.net](mailto:suecsandler@comcast.net).

## PROGRAM AND EDUCATION TRIPS AND TICKETS

### Fidler On The Roof

Wednesday, December 20, **Fiddler on the Roof**, Olney Theater, 1:30 pm. JRLW has arranged for a block of orchestra tickets to the Olney Theater to see the Wednesday, December 20, 1:30 pm, matinee of the beloved show, **Fiddler on the Roof**. As Olney Theatre's Artistic Director Jason Loewith, stated, "It's never a bad time to do Fiddler. Still, with rising anti-Semitism, the war in Ukraine, and quickly evolving social changes roiling the culture, we felt this was a potent moment to take a reimagined look at Tevye, his daughters, and the people of Anatevka." Tickets are \$55. Transportation will be on your own. Email Sue Sandler on [suecsandler@comcast.net](mailto:suecsandler@comcast.net) or call 301-219-4449 to reserve your ticket. Checks should be made out to JRLW.

### 2024 Theater J Shows

Would you be willing to pay around \$75 to see a show and have door-to-door bus transportation to Theater J for a Wednesday 12 pm matinee? JRLW is considering two shows, **This Much I Know** on February 7 and **Hester Street** on April 4. Please email Sue Sandler ASAP to say you would be interested in attending. [suecsandler@comcast.net](mailto:suecsandler@comcast.net)

## WE GET LETTERS!



Dear Editor,

Thank you JRLW and the Bender JCC for a lovely and delicious Ice Cream Social!

I think the point of an ice cream social is the opportunity to be welcoming and social. Thus, it was disappointing that some attendees had to save seats for people in line, denying seats to anyone they didn't know. There was limited seating, so saving seats was a rather unfriendly gesture. Since they would only socialize with their buddies, perhaps they should have brought their own chairs.

RB



## RITUAL COMMITTEE

Ellyn Becker Kaufman

Shalom dear friends,

Now that summer is almost behind us, we begin to think about the new year ahead aka Rosh Hashana and Yom Kippur.

Of course, JRLW will again offer services for those who prefer Conservative services and a separate location for those who prefer Reform services.

Tickets to Rosh Hashanah and Yom Kippur Services for 2023 will be on sale July 11 through September 8, 2023, at the Lifestyle Office in Clubhouse II. The new year is 5784 and Rosh Hashanah is September 15, 16 and 17; Yom Kippur is on September 24 and 25.

The forms to reserve your High Holiday tickets are in the July, August and September Megillahs and also available at Clubhouse II. Bring your completed form and check made out to JRLW to the Lifestyle Office in Clubhouse II. Be sure to fill out the section that says Reform or Conservative Service.

The Conservative Services are in the Clubhouse II Auditorium. The Reform Services are in the Clubhouse II Activities Room. See the tickets for the location, dates and times. Members and non-members are welcome to purchase tickets.

If you are physically unable to get to Clubhouse II and you have no other possible way to get your tickets, you may call me, Ellyn Kaufman, on 703-623-9249 or email me at [ellynsu@verizon.net](mailto:ellynsu@verizon.net). I will arrange to get your tickets to you.

Please help us make the services as participatory friendly as possible and VOLUNTEER before I have to call you to accept a part, English or Hebrew. Please send me an email as to which service and if you want only English or only Hebrew.

Thanks so much and let's enjoy the remainder of summer!

Kol tuv,

Ellyn Becker Kaufman, Chair Ritual Committee

## SOCIAL ACTIVITIES COMMITTEE

### JRLW PIZZA BINGO PARTY

Fred Springer

I would like to thank Stan Feinstein and the members of the Social Activities Committee for their excellent work leading up to our first group activity, the Pizza & Bingo Party held on Sunday, July 30, in Clubhouse II Activities Room. The wonderful response of JRLW members to this event was gratifying and encourages us to continue on to greater things. We had more than 85 people signed up to attend this event.

The committee is just getting started. In the future, we plan to create other shared experiences and worthwhile connections for JRLW members. To do this, we urgently need others to suggest future events and to volunteer to see these events through to fruition. Many of you have planned or helped plan such events either as part of your mutual's activities or throughout your life experiences. Join us! To join please contact Fred Springer via text at 301-213-5482. Provide your name and contact information.

Fred Springer, Chair

---

## WE WELCOME NEW MEMBERS

JoAnn Albert  
15107 Interlachen Drive, #814  
Silver Spring MD 20906

Stephen Kornblatt  
2901 S, Leisure World Blvd., #134  
Silver Spring MD 20906

Debby and Jerry Nadelman  
14702 Bigby Court  
Silver Spring MD 20906

Joan Neisser  
14622 Deerhurst Terrace  
Silver Spring MD

### NEW LIFE MEMBERS

Marilyn Rubinstein  
21901 S Leisure World Blvd., #433  
Silver Spring MD 20901

Marcia & David Shapiro  
2901 S. Leisure World Blvd., #518  
Silver Spring MD 20906



## JRLW MEMBERSHIP

It's time to join OR renew your membership for **Fiscal Year May 1, 2023 – April 30, 2024**. Please fill out the form below so we can make sure your information is correct. Make your check payable to JRLW and mail it to:

MARSHA BERNSTEIN - JRLW  
3210 N. Leisure World Blvd, # 921  
Silver Spring, MD 20906-7605

\_\_\_\_\_ Individual (\$25)    \_\_\_\_\_ Couples (\$45)    \_\_\_\_\_ Life\*    \_\_\_\_\_ New Member

Name: \_\_\_\_\_

***If all the information below is the same as last year, just put SAME***

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

We ask for your email address so we can send you important and time-sensitive messages

If you have any questions or suggestions, or *if you would like to volunteer to help JRLW*, please contact Marsha Bernstein at 301-288-4678.

### \*LIFE MEMBER

You may also want to consider becoming a Life Member. Life Membership is a way of showing support and commitment to JRLW. It also means you do not have to pay your annual dues in the future. The chart below, based on age, shows the cost of Life Membership, **per person**.

<u>AGE</u>	<u>COST (per person)</u>
64 and under.....	\$375
65-69 .....	\$300
70-74 .....	\$285
75-79 .....	\$225
80-84 .....	\$175
85+ .....	\$100



## RECIPE CORNER

### EASY RAVIOLI BAKE

1 jar (25 oz) pasta sauce (any variety)

1 package (25 to 27 oz) frozen cheese-filled ravioli

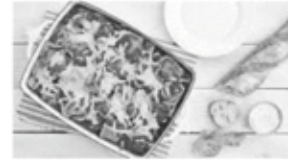
2 cups shredded mozzarella cheese (8 oz)

2 tablespoons grated Parmesan cheese

Heat oven to 350°. Spray bottom and sides of rectangular 13x9-inch baking dish with cooking spray.

Spread  $\frac{3}{4}$  cup of pasta sauce in baking dish. Arrange half of the frozen ravioli in single layer over sauce; top with half of the remaining sauce and 1 cup of the mozzarella cheese. Repeat layers once, starting with the ravioli. Sprinkle with Parmesan cheese.

Cover with foil, bake for 40 minutes. Remove foil, bake 25 to 20 minute or until bubbly and hot in the center. Let stand 10 minutes before serving.



**CALLING ALL COOKS:** OUR SEPTEMBER MEGILLAH WILL FEATURE YONTIF RECIPES. DO YOU HAVE A SPECIAL RECIPE TO SHARE? MAYBE A BRISKET OR A KUGEL? PLEASE SEND US YOUR RECIPE!

bernicecohen1@gmail.com

## ON THE LIGHTER SIDE



**Subject: Service with a smile.**

Jacob needs his Tallit cleaned, so he takes it to the best dry-cleaners in Borough Park, Yu Feng Zo Cleaners. They tell him to come back in a week. When he returns, they give him the Tallit and an invoice for \$50.

“Fifty dollars to clean just one small Tallis?” Jacob says.

“No,” replies Yu Feng, “Five dollars to clean the Tallis, forty-five dollars to take out all those knots”.



A decorative border of tropical leaves in green, yellow, and blue surrounds a central dark green circle. The leaves include large monstera leaves and smaller palm-like fronds.

**Jewish Residents of Leisure World**

**Meet and Greet  
Party for New and  
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*Crystal Ballroom*

*Entertainment by*  
**Chai Dynamics**  
**(Jewish Cappella)**

**Stop by for snacks, prizes!**  
**Bring a friend**



## ANNUAL BOOK OF REMEMBRANCE YIZKOR MEMORIAL BOOK 2023-2024 / 5784

For the last 10 years, JRLW has provided an opportunity for individuals to honor the memories of beloved relatives and friends who are no longer with us.

This Memorial Book includes names of the donors along with the names of the departed, whom we so poignantly remember. The Memorial Book will be available at the Yom Kippur Yizkor Service. If you contribute and are unable to attend this Service, upon request, the book will be mailed to you.

JRLW needs your support. We ask members to contribute a minimum of \$6.00 for each departed person's name listed below. Donations from non-members are \$8.00 per name.

**This form and your donation need to be received by Friday, August 25, 2023  
to be included in the Yizkor Book**

Please complete the information below. The names should be listed in the order you wish them to appear in the Book. Additional names can be added on an attached separate sheet of paper.

**Please clearly PRINT each name of the departed.**

**If all the names are the same as last year, please print the word "SAME" on line 1**

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

*The above names are being remembered by:*

**YOUR NAME** \_\_\_\_\_ **Phone #** \_\_\_\_\_

Donations from Members: \$6.00 **per name** (not per couple) of loved one (for example 6 names = \$36.00)

Donations from non-Members: \$8.00 per name

Your total enclosed contribution to the JRLW Yizkor Book is \$ \_\_\_\_\_

**Please return this form, with your check, payable to JRLW, to:**

**Leah Weisman, c/o JRLW**

**3210 N. Leisure World Blvd. Apt. 1016**

**Silver Spring, MD 20906**

**If you have questions, please call Leah Weisman: (301) 288-4267**



Jewish Residents of Leisure World and  
Bender JCC Coming of Age

Wednesday, September 6, 1:30 p.m., Club House II Auditorium

**Israel Swings for Gold**



A Documentary Film About the Israeli Baseball Team in  
the 2021 Olympics

“In 2021, Israel's baseball team competed in the Olympics for the first time. With no media allowed in Tokyo's Olympic Village, the players record their own experiences. Mostly newly-minted Israelis, they log unexpected battles against anti-Semitism and anti-Zionism. Victory for Israel comes on the playing field, even if not on the podium.”

The film is in English and is 77 minutes

This film has been shown at multiple Jewish Film Festivals

**Tickets**

**Tickets are \$10 at the Door or in Advance**

**You can purchase your ticket at door or on the Bender JCC Coming of Age  
Website**

<https://www.benderjccgw.org/adults2/coming-of-age-in-maryland/>

**Questions? Call Frieda Enoch 301-348-3832 or  
email [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org)**



## ***JEWISH RESIDENTS OF LEISURE WORLD***

### **HIGH HOLY DAYS SERVICES ORDER FORM 2023**

ROSH HASHANAH: September 15, 16 and 17, 2023

YOM KIPPUR: September 24 and 25, 2023

### **TICKETS MUST BE PURCHASED AT CLUBHOUSE II** **BETWEEN JULY 11 AND SEPTEMBER 8<sup>TH</sup>**

*The Conservative Services will take place in the Auditorium of Clubhouse II*

*The Reform Services will take place in the Activities Room of Clubhouse II*

*To purchase a ticket(s), fill out this form and bring it, together with your check,  
payable to JRLW, to Clubhouse II Lifestyle Office.*

**If you are physically unable to get to Clubhouse II, please call  
Ellyn Kaufman at 703-623-9249 or email her at: [ellynsu@verizon.net](mailto:ellynsu@verizon.net)**

**Indicate if you want tickets for the  
Conservative Service \_\_\_\_\_ or Reform Service \_\_\_\_\_**

Ticket prices for Services are: **\$145 per ticket for Members**  
and **\$165 per ticket for Non-Members.**

*List names of all ticket holders and indicate if they are a Member (M) or non-member (NM).  
Include the phone number of the main person ordering tickets. If you have additional names,  
write them on the back of this form.*

Office use only



NAME: \_\_\_\_\_ Phone # \_\_\_\_\_ (M ) / (NM) ( # )

NAME: \_\_\_\_\_ Phone # \_\_\_\_\_ (M ) / (NM) ( # )

NAME: \_\_\_\_\_ Phone # \_\_\_\_\_ (M ) / (NM) ( # )

# \_\_\_\_\_ of Tickets for JRLW Members @ \$145 each: \$ \_\_\_\_\_

# \_\_\_\_\_ of Tickets for Non-Members @ \$165 each: \$ \_\_\_\_\_

**TOTAL AMOUNT \$ \_\_\_\_\_**



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[jorgesperanca@gmail.com](mailto:jorgesperanca@gmail.com)

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301-933-9100 ext. 422 for more info!



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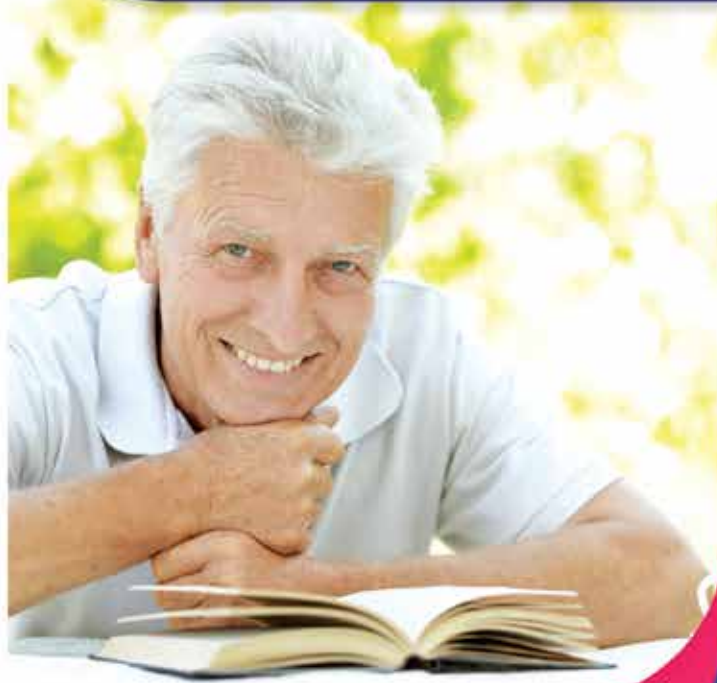
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**DID YOU KNOW?** JRLW members receive substantial discounts on burial sites, goods and services? Contact (JRLW) Lyle Wolinsky (301-325-2600) to receive your *Savings Voucher!*



"Abraham" is one of many art works created by artist P. Ratner for Judean

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# AUGUST

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 JRLW Board Meeting 7:30 pm	2 •JWV Meeting •Hadassah Bd	3	4 Shabbat Service 7:30 pm 7:56	5
6	7	8	9	10	11 7:48	12 Shabbat Service 9:15 am
13	14	15	16 Hadassah Movie CH I 2 pm	17	18 7:39	19
20 JRLW Meet & Greet CH I 2:00 pm	21 Hadassah Study Group 1:30 pm	22 JRLW/JCC Movie CH II 1:30 pm	23	24	25 7:29	26
27	28	29	30	31		

2023





## JEWISH RESIDENTS OF LEISURE WORLD

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