



Jewish Residents of Leisure World

Silver Spring, Maryland

April 2011, Adar 2 - Nissan 5771

Bernice Cohen, Editor Website: <http://www.jrlw.org>



JRLW President's Message

In the years since its inception, our organization, The Jewish Residents of Leisure World, has been a very special one to our Jewish Residents. In recent years we have expanded and become well known throughout our community of Leisure World as well as the whole community of Montgomery County.

Our programs, both educational and entertaining, have grown in scope and popularity. We have seen our Shabbat and High Holy Day services attract more and more attendees. We have been able to secure the services of Rabbi Fink, a well known religious leader in the Washington area. Our programs honoring the State of Israel, remembering the Holocaust and our Second Seder have attracted not only residents of Leisure World, but outside guests as well. Our Sunday morning Forums have presented varied and interesting speakers. Our latest endeavor, the Expo, was such a success that we will now be representing the whole of Leisure World. We have become partners with JCRC which has brought a variety of programs to Leisure World. We can, indeed, be proud of our accomplishments.

Our membership has grown; our Newsletter reaches about 1,000 people each month. We are truly the umbrella organization of every Jewish club here in Leisure World.

We have been recognized by our local politicians who have attended our various programs.

That is all good. However, we are now at a crossroads. Our JRLW is run completely by volunteers who give their time and talent

to make our organization run smoothly. We are indebted to these volunteers. I have, in this column, asked for people to come forward to help. I have made it plain that the need is great. The Nominating Committee is trying to involve the members to select the leadership for the next year. This is no easy task as we deal with not only the present but the need to look to the future.

Perhaps you should look in the mirror and recognize that you may be one of the members who can make a difference. It has to be you because it cannot always be someone else.

In order for our organization to remain viable, we need you to come forward and volunteer to do something for JRLW. I will be happy to hear from you.

Shalom,
Dolly Solomon

**DEADLINE FOR THE MAY
NEWSLETTER IS FRIDAY APRIL 8th.
ARTICLES RECEIVED AFTER THE
DEADLINE WILL APPEAR IN THE
JUNE ISSUE.**

Upcoming JRLW April Events

1st Fri.	Reform Services Hadassah
3rd Sun.	JWV Brunch
3rd Sun.	Na'Amat Trip
5th Tue.	Lessons Learned from the Holocaust
6th Wed.	Hadassah Regular Meeting
9th Sat.	Conservative Services

JRLW TELEPHONE LIST FOR THE YEAR MAY 1, 2010 -- MAY 31, 2011

Officers:

President	Dolly Soloman	301-598-1955
Vice-President	K. Neil Ross	301-598-2994
Treasurer	Mille White	301-438-0211
Secretary	Naomi Kline	240-669-7683
Parliamentarian	Paul Bessel	240-669-8587

Directors:

Education	Mort Rudo	301-598-1153
JRLW Singles	Anita Van Grack	301-438-1431
Membership	Sue Rudo	301-598-1153
Programs	Sheila Chodorov	240-449-0229
Religious Materials	Ellen Zweig	301-598-2144
Religious Services	Allan Firestone	301-598-7311
	Gerry Sommer	301-598-6789
Shiva Minyamin	Egon Guttman	301-603-9415
Tzedakah	Susan Weiss	301-460-6030
JRLW		
News Articles	David Firestone	301-871-7454
JRLW Calendar	Gerry Sommer	301-598-6789
JRLW Newsletter		
	Bernice Cohen	301-598-0192

10th Sun.	New Ark Dedication
11th Mon.	JRLW Board Meeting
12th Tue.	Lessons Learned from the Holocaust
13th Wed.	Na'Amat Spiritual Adoption
13th Wed.	Hadassah Board Mtg
13th Wed.	JWV Business Mtg
14th Thur.	Na'Amat Board Mtg
18th Mon.	Passover First Seder
19th Tue.	JRLW Passover Second Seder
26th Tue.	Yizkor Services
27th Wed.	Golda Meir Program
29th Fri.	JRLW Singles Paid up Lunch

Religious Services Snapshot

JRLW together with Shaare Tefila Congregation, are conducting services every Sunday morning at 8:45 AM and minyans Sun thru Thu 7:30 PM in the Clubhouse II Café'.

Friday April 1st evening Reform Shabbat Services 8 PM at Interfaith Chapel. Services will be led by Rabbi Gary Fink. Ed Laskin will lead the Choir. Services will be sponsored by Hadassah.

Saturday April 9th morning Conservative Services will be at 9:15 in Clubhouse II. Services will be led by Cantor Michael Kravitz. Preliminary Service will be led by Justin Kramer. Haftorah will be chanted by Ken Israeli and D'var Torah will be recited by Cantor Kravitz. Shacharit will be led by Cantor Kravitz.

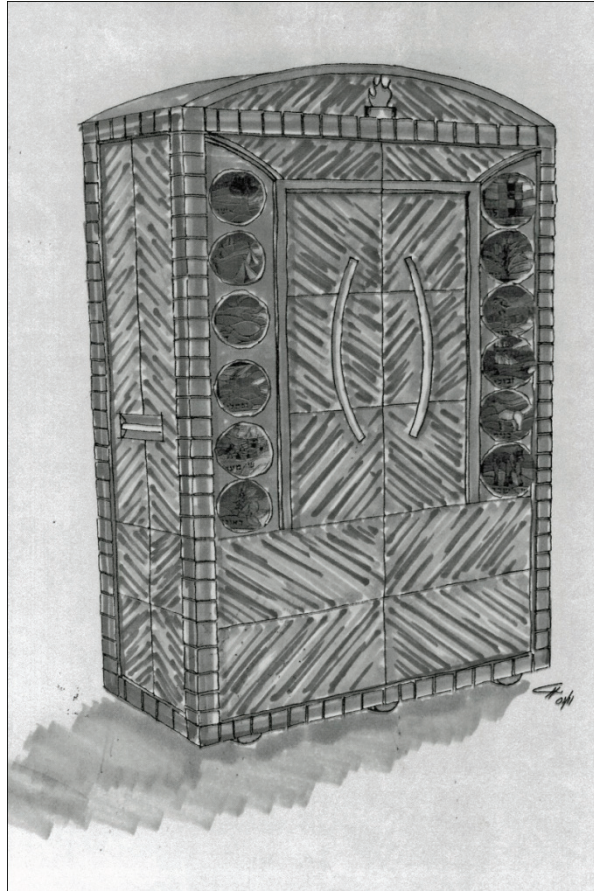
Sunday April 10th at 2:00 PM in Club House II - dedication of Ark and Bimah.



The residents of JRLW offer their condolences to the families of the following:

Barbara Zieffert
Lee Jolles
Boris Schachnes

May their memory be a blessing.



**JRLW INVITES YOU TO ATTEND THE
DEDICATION CEREMONY AND RECEPTION
FOR OUR NEW TORAH ARK AND BIMAH
GENEROUSLY DONATED BY
JOHN AND JOANN DOWNEY IN MEMORY OF
THEIR DAUGHTER STACY FRIEDMAN**

**SUNDAY, APRIL 10, 2011
2:00 – 4:00 PM
CLUBHOUSE II NEW ACTIVITIES ROOM**

**RABBI GARY FINK WILL OFFICIATE
REFRESHMENTS WILL BE SERVED
RSVP SUE RUDO 301-598-1153, E-MAIL suearudo@verizon.net**

JEWISH RESIDENTS OF LEISURE WORLD
Invites you for a Traditional Community 2nd Seder
Tuesday, April 19 at 6:00 PM
Crystal Ballroom in Clubhouse I

MENU

Gefilte Fish, Hard Boiled Eggs, Greens, Horseradish, Charoses
Chicken Soup w/Matzo Balls (Knaedlach)
Entrée: Apricot Chicken, Mixed Vegetables
Decaf Coffee, Tea and Desert
Matzos and Wine
MEAL WILL BE KOSHER
\$29.00 per person
\$10.00 per child under 10 years old

FRED FIRNBACHER WILL LEAD A SHORT SEDAR & SING-A-LONG

Reservations with Checks payable to JRLW will be accepted until Monday, April 11, 2011. Reserved tables for up to 10 people (based on availability) will be accepted. Please include full names and phone numbers for all attending. SEND CHECKS TO MARILYN FOX, 3005 S LEISURE WORLD BLVD, #615, SS, MD 20906.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 25 Adar 2 Candle lighting 7:13PM Reform Services Hadassah	2 26 Adar 2
3 28 Adar 2 JWV Brunch Na'Amat Trip	4 29 Adar 2	5 1 Nissan Lessons Learned from the Holocaust	6 2 Nissan Hadassah Regular Meeting	7 3 Nissan	8 4 Nissan Candle lighting 7:20PM	9 5 Nissan Conservative Services CH 2
10 6 Nissan Ark Dedication	11 7 Nissan JRLW Board Meeting	12 8 Nissan Lessons Learned from the Holocaust	13 9 Nissan Na'Amat Spiritual Adoption Hadassah Board Meeting JWV Business Meeting	14 10 Nissan	15 11 Nissan Candle lighting 7:27PM	16 12 Nissan
17 13 Nissan	18 14 Nissan Erev Passover	19 15 Nissan JRLW Second Seder	20 16 Nissan	21 17 Nissan	22 18 Nissan Candle lighting 7:34PM	23 19 Nissan
24 20 Nissan	25 21 Nissan	26 22 Nissan Yizkor Services	27 23 Nissan Hadassah Golda Meir Prog	28 24 Nissan	29 25 Nissan Candle lighting 7:40PM Singles Paid up Lunch	30 26 Nissan

TORAH FUND AND PRAYER BOOK DONATIONS

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Fund or Prayer Book Fund for a minimum donation of \$25.00. Contact Ellen Zweig at 301- 598- 2144 between 9:00 am and 9:00 pm. No calls on Shabbat please.

Torah Fund Donations:

Zelick & Carol Waganheim in memory of Bernie Kahn.

Victor Spitz & Lea Rosen in memory of Shmuel Raz.

Selma Rothenberg in memory of Bernie Kahn.

Dorothy Lemberger in memory of Bernie Kahn.

Jeanette Diamond in memory Sol Pargament.

Prayer Book Donations:

Joanne & Larry Mars in memory of Bernie Kahn.

JoAnn Cadeux in memory of Bernie Kahn.

Lynn & Arnold Cooper in honor of the 80th birthday of Hymie Rosenberg.

Phyllis & Richard Rothstein in memory of Bernie Kahn.

Harriet & Arthur Simon in memory of Anita Haas.

Selma Rothenberg in honor of the 60th anniversary of Estelle & Joseph Turtill.

TZEDAKUH & KIDDUSH DONATIONS

Barbara Kaze – in memory of Bernie Kahn.

Phyllis Hutt – in memory of Bernie Kahn.

Phyllis Hutt – in memory of Gerald Blumenthal.

Natalie Brodsky – a speedy recovery to Frances Feder.

Miriam Rothchild– in memory of Bernie Kahn.

Audrey & Larry Sternberg – a Kiddush donation in memory of Anita Haas.

Muriel & Murray Seid –an Oneg donation in honor of their 67th Wedding Anniversary.

Oneg donation by Mt. Scopus Hadassah.

Bella Rapaport – in memory of Bernie Kahn.

Judith Weintraub – in memory of Bernie Kahn.

Janice Wikes and Jenny Goldberg – in honor of the marriage of Paul and Barbara Bessel.

Semi Feuer – in honor of his Aliyah.

Ruth Yudkoff Love –a Kiddush donation in memory of beloved husband Norman Yudkoff.

Madeline & Fred Shapiro – in memory of Bernie Kahn.

Dorothy Dolinka – in memoroy of Bernie Kahn.

Betty & Richart Hecht – in memory of Albert Hecht and Sarah Kruger.

Naomi & Steve Kline – an Oneg donation in honor of Hadassah Sabbath.



Recipe Corner



PASSOVER APPLE KUGEL

4 sheets egg matzo
 4 eggs, separated
 1 cup apple juice
 1/3 cup sugar
 ½ tsp cinnamon
 2/3 cup finely sliced apples (peeled and seeded)
 ½ cup raisins
 1 tbsp grated zest of lemon
 1 tbsp oil

Break up matzot and soak in apple juice, adding water if necessary. Beat egg whites until stiff. Add all other ingredients to the matzot. Fold in egg whites. I add about 2 tsp of lemon juice to the mixture. You can also add chopped walnuts if you like. Pour mixture into a greased baking dish. Bake at 350° oven for about 45 minutes or until brown. Serve warm or at room temperature.

GOOD AND WELFARE

This has been a bad winter for falls! As of this writing, Fran Feder is home from Rehab and is doing well.

Barbara Braswell Bessel fell and injured herself. As of now, she is walking with the aid of a walker. We hope you are better soon.

Phyllis Hutt, our resident story-teller, has also been under the weather. Phyllis, we need you to be healthy. So feel better soon.

Marion Seltzer remains in the Hebrew Home. We send her our prayers.

A bit of quelling: Florence and Izzie Wolfe's grandson, Ben Lurye, is currently in the Olney Theater production of "Joseph and His Amazing Technicolor Coat."



NEW MEMBER

We welcome the following new member to JRLW:

Bernice Gordon – 3383 SLWB

NEWSLETTER STAFF

Bernice Cohen – Editor

Nate Sternberg – Layout

Fred Shapiro – Business

Shirley Griffin - Asst. Editor

MEMBERSHIP

It is that time again when membership for JRLW is due. The dues are \$18 per person and \$36 for a couple. The membership year goes from June 1 thru May 31. Our total membership stays at around 1150. JRLW offers lots of opportunities for enjoyment. We have educational programs, trips, services and camaraderie.

When you know of someone new moving into Leisure World, please let me know and I will give them information on JRLW.

I look forward to your prompt reply and on behalf of the Board of JRLW, we appreciate your support. Thank you so much.

Sue A. Rudo
Membership Chair
301-598-1153
suearudo@verizon.net
2901 S Leisure World Blvd, #520
Silver Spring, MD 20906

JRLW SINGLES

The JRLW Singles Third Anniversary Lunch and Bingo will be held on Thursday, April 29, at 12:00 noon in the Chesapeake Room of Clubhouse I. RSVP to Fran Sanders at 301-598-0199. There will be no admittance without a reservation.

JRLW Singles membership for the year 2011 – 2012 starts May 1, 2011, and runs until April 30, 2012. Kindly send your \$10.00 check made out to JRLW Singles to: Theda Rosenblum, 3330 N. Leisure World Blvd., #117, Silver Spring, MD 20906. Thanks.

EDUCATION PROGRAMS

Tuesday, April 5, April 12, 2011: Lessons Learned from the Holocaust: Neil Newman is a charter member of the Holocaust Museum and a volunteer who conducts tours of the Permanent Exhibit as well as the special exhibits at the Museum for select visitor groups. He joins us again to follow up from the first series of lectures. In the three sessions of this seminar, we will discuss the "HOW" and "WHY" the Holocaust occurred and how the lessons learned from the Holocaust are and should be applied in today's world. We will address the fact that Holocaust did not "just" occur "instantly" in the 1940's but is part of a historical continuity. During the course of the program, we will be discussing "The Most Frequently Asked Questions" regarding the Holocaust utilizing both the instructor's questions and those presented by the participants. 10:30 am, Clubhouse I, – Fee \$18.

PHYLLYS HUTT'S CORNER:

DON'T PASS OVER THE SEDER!!

The years roll on. Soon after, although a very happy holiday; one which celebrates freedom from slavery, that freedom does not include the kitchen! This is one hard holiday to prepare for, but is a definite labor of love. The changing of dishes, the delicious foods, so appetizing and tasty are served on individual dishes, all needing to be washed, dried and put away for another year.

I have reached the age where all I am asked to do is cook one item and bring a dessert. The preparing is now left to the younger generation. (There really ARE some benefits to putting a few years under your belt!)

The fact, pure and simple, is that whenever a holiday occurs, it is time to appreciate God's bounties today and reminisce about those of yesterday.....the days when the gefilte fish did not come from a can or a jar, but simmered happily on the stove, made by loving hands..... days when sponge cakes were made from scratch and did not taste like a cardboard box from the market.....when Pop-pop made his own horseradish and when some matzos may even have been chocolate coated!

We recall familiar faces of those once seated around our table, and rejoice in younger, fresher ones from which we take great pleasure and joy. I can't help but think how one door closes and another opens. We are so fortunate to be here, experiencing another year together.

If at times it is difficult for me to manage the floods of happy tears which might arise, I try to remember a favorite philosophy:

"When the sea of life is turbulent, we cannot change the direction of the wind or the force of the gale. All we can do is adjust our sails."

Happy holidays!

APRIL PROGRAMS AT HAR TZEON-AGUDATH ACHIM

MORNING PROGRAMS:

****New Class**** 10:00am Tai Chi with Leonard Gross

11:00am Exercise with Mim Parizer
or

Current Events with Judge Marvin Roth and Ed Morgenstern

1:00pm Yiddish Group with Marcia Levinsohn

AFTERNOON PROGRAMS:

Thursday, April 7 Saul Rogolsky

"Gershon Scholem: Mysticism in Judaism"

Thursday, April 14 Round House Theatre -
The Heyday Players: "Masterpiece Seniors"

Thursday, April 21 Passover
No Meeting

Thursday, April 28 Victor Dyni at the piano -
"An Afternoon of Beautiful Music"



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Mt. Scopus Hadassah

On Wednesday, April 6, in Clubhouse I, Josef Band will speak on "Word Derivations." He is a retired teacher of English and journalism and is a published poet and essayist. He will describe the origins of some of his favorite words. Socializing starts at 12:30 pm and the meeting begins at 1:00 pm. Note that the meeting is on the first Wednesday of the month rather than the usual third Wednesday. Everyone is welcome to attend.

Mt. Scopus and the Greater Washington Chapter of Hadassah will present "Meet Golda Meir" on Wednesday, April 27, at 1:00 pm in the Clubhouse II auditorium. Peter Small, who has portrayed many historical personalities, will be impersonating Golda Meir. He lived in Israel for six years and feels suited to play this role. The cost is \$10. Tickets are available in the E&R Office in Clubhouse I. Make your check payable to Hadassah.

Mt. Scopus is sponsoring the JRLW Friday service on April 1, at 8pm, in the Interfaith Chapel. Tema Sternberg, president of the Greater Washington Chapter of Hadassah, will speak at the service.

The Bible Study Group will not be meeting in April. The next meeting will be on May 16, at 1:30 pm in Clubhouse I. Sonya Korenblit will lead a discussion on Dinah.

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the USA. Please contact the following to contribute: Hadassah Medical Organization (HMO): Sonya Korenblit (301-598-3497). IMA/Youth Aliyah: Helen Cubert (301-603-0061). Hadassah cards: Miriam Gilbert (301-438-3998). Hadassah certificates: Chapter Office (301-881-8203). JNF trees and water certificates: Natalie Lewis (301-598-4798).

NA'AMAT NEWS

On Wednesday, April 13, 2011, NA'AMAT Greater Washington Council holds our annual "Spiritual Adoption" luncheon. Our guest speakers are Cokie and Steve Roberts. They will be talking about their book, "Our Hagaddah." It is a book about uniting traditions for interfaith families. This is a very interesting topic, relevant to so many families in today's society. Please make up your tables and send your reservations to Helen Fried, 15101 Interlachen

Drive, #824, Silver Spring, MD 20906. For additional information call Helen at 301-438-3325.

The Na'Amat Board Meeting will be held on Thursday, April 14, at 10:00 am.

We are very proud that in 2010 NA'AMAT opened four new Day Care Centers: A Center in Carmiel, a Center in Teberias, and two Centers in Tel-Aviv. In 2011 we are planning to build a new Day Care Center in Nes Zioan (25 miles south of Tel-Aviv). The amount of children we received in all our day care centers in Israel is approximately 19,000. NA'AMAT is proud to point out that the year 2010 has been a year of many achievements.

Please check NA'AMAT trips under club trips in the Leisure World news. Our newest cruise will be from November 10-20 on the luxury ship RCCL "Explorer of the Seas." For additional information call Trudy Stone, 301-438-0016.

Coming of Age

APRIL 2011

For registration and information, call 301-348-3832.

Day @ the J

Wednesday, April 6, 11:00 AM – 2:00 PM;
RSVP 4/1

Exercise, lunch and speaker: Margot Heckman of the Jewish Historical Society: "Washington, D.C. Then and Now"

Lunch: \$5

Transportation (from select sites) \$7

Leisure World

Friday, April 8, 1:00 – 2:00 PM; RSVP 4/1

Leisure World, Clubhouse I

Fee: \$6

"Pope John Paul II, A Blessing for the Jewish People!"

Speaker: Rabbi Arnold Saltzman

Rabbi Arnold Saltzman will speak about the Pope, his connection to Poland and his efforts to reach out to Holocaust survivors. The discussion will include the Pope's visit to Israel, his efforts at reconciliation with the Jewish people, as well as his significant contribution in recognizing Israel.

Rabbi Saltzman is recognized as one of the best known religious leaders in the Greater Washington area.

Leisure World Residents: Contact the E&R Office.



Tips for Those Caring for Someone with Hoarding Behaviors

By Beth Shapiro, LCSW-C
Coming of Age in Maryland Program

Jewish Social Service Agency

Do you know or care about someone who collects items excessively to the point that a space is no longer able to be used for its intended purpose? Are you concerned about the person's safety and about your relationship? You are not alone.

What is Hoarding?

Hoarding is a mental illness exhibited through excessive acquiring and failure to discard large numbers of possessions that may appear useless or of limited value to an onlooker. The result is overrun living spaces that may make even beds and sinks unusable. Similar to an addiction, hoarding behaviors can be managed, but not cured.

Impacts of Hoarding

People who hoard are often fine with their possessions. The thought of purging belongings at the request of those expressing concern often creates emotional turmoil for all concerned. Hoarders also fear having others discover their hoarding habits. They may not be able to acknowledge the impact or risk and often won't be pressured to change. Still, keeping the hoarding a secret is emotionally draining. Isolation often results.

Relationships between those that hoard and those who care for them can be very complicated. People that hoard tend to distrust anyone who wants to remove or manage their belongings without their consent. Often too much of a relationship may focus on the hoarding problem rather than on what really matters – the personal connection between individuals.

The following tips can help those that care cope with the emotional rollercoaster of caring for someone that hoards:

- **Concentrate on quality time together.** Find enjoyable activities completely unrelated to the hoarding – going for walks, cooking a favorite recipe, or attending a performance, for example.
- **Differentiate between your feelings and your loved one's feelings.** You may be the one who longs to purge excess objects. But real change can only occur if the desire comes from the person who hoards.
- **Leave cleanup to professional organizers.** If an adversarial or unresolvable situation arises, it happens outside the family.
- **Keep a journal of your feelings.** This will relieve stress, help you let go of negative feelings and acknowledge how hoarding interferes with your life.

JSSA is working with the City of Gaithersburg Hoarding Task Force to offer a "Family Member" Hoarding Support Group in March and April. If you would like to speak confidentially to me about your family member's hoarding – or other challenges in your life – please contact me at (301) 816-2665 at bshapiro@jssa.org.

About JSSA

JSSA has been helping people across the Washington metropolitan area meet emotional, social, and physical challenges for more than 117 years. A nonsectarian provider, we serve people of all religious backgrounds, races and ethnicities.

Please join us for a complimentary lunch and tour of our community!

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Social activities leader is Betti Goodman, formerly of the Saxony Hotel, Miami Beach and Jackson Hotel.

PASSOVER 2011: RATES ALL INCLUSIVE

Monday April 18 - Wednesday April 27 - \$1650 per person, Double occupancy

\$2400 Single Occupancy

Thursday April 21 - Wednesday April 27 - \$1000 per person, Double occupancy

50% Deposit due with reservation, payable to the YOUNG ISRAEL OF FLATBUSH.

FOR RESERVATIONS CALL: Ms F - 718-436-5834 or Y.I. of Flatbush 718-377-4400

Jewish Residents of Leisure World



3700 Rossmoor Blvd.
Silver Spring, MD 20906

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HAPPY PASSOVER !

