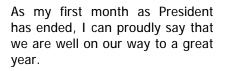
Jewish Residents of Leisure World Silver Spring, Maryland



August 2013, Av - Elul, 5773 Newsletter Editor: Bernice F. Cohen 301-598-0192 Morton Davis President 240-242-3742

PLEASE VISIT THE JRLW WEB SITE - http://jrlw.info

PRESIDENT'S MESSAGE



In order for us to continue to exist, it is imperative that everyone pay their dues, support functions and be full of pride to belong to such a wonderful organization as Jewish Residents of Leisure World. Our membership is very important and we want to continue to grow. If you are interested in joining a committee, please do not hesitate to call me and we will be sure to lead you in the right direction.

The High Holy days are rapidly approaching and on page 3 of this Newsletter there is a form to be filled out for Conservative or Reform Services and tickets for the Break the Fast.

I want to especially thank the wonderful 55 people that attended the Nationals Game on June 4, 2013. We got to the stadium, saw the Nat's win and eventually we did get home. For all of you that were unaware, the Metropolitan Police of D.C. did indeed follow the bus all the way back to the gate at Leisure World to insure our safety. Cheers to the D.C. Police and special cheers to all of us who attended for making the unnecessary inconvenience durable. With that said, the bus company did make a nice monetary contribution to JRLW.

I look forward every month, as I hope you do, to reading the Newsletter. Thank you Bernice Cohen and staff for the great job you do.

Shalom,

Morton A. Davis

Upcoming JRLW August Events

Fri	2	JRLW Svcs Cons. Interfaith Chapel 8 pm
Sun	4	Na'Amat Theater Trip to Kennedy Center
Tue	6	JRLW Bd Mtg. CH II 7 pm
Wed	7	Hadassah Bd Mtg CH I 10 am JWV Bd Mtg CH I
Sat	10	JRLW Svc CH II 9:15 am
Mon	12-13	Na'Amat Overnight trip to Dover Downs Hotel & Casino
Mon	19	Hadassah Study Group CH I 1:30 pm
Tue	20	Na'Amat Bd CH I 10:30 am
Wed	21	Hadassah Game Day CH I 1:30 pm
Thu	22	Na'Amat Ice Cream Social & Entertainment CH I 7 pm
Thu	29	JRLW Committees Reception Maryland Rm CH I 2 pm

AUGUST SERVICES

See page 2 for details.

PLEASE SEE HIGH HOLY DAY FORM

ON PAGE 3, AND MEMBERSHIP

FORM ON PAGE 5.

Religious Committee

Allan Firestone

High Holidays

The High Holidays will soon be upon us. Rosh Hashanah begins this year on Wednesday. September 4th with Reform Services in the Interfaith Chapel and the Conservative Services in the Activities Room of Clubhouse II. Both services will start at 7:00 pm. Yom Kippur services will begin this year with Kol Nidre on Friday, September 13th at 6:45 pm. Reform services will be held in the Interfaith Chapel and Conservative Services will be held in the Activities Room of Clubhouse II. Yom Kippur services will end on Saturday, September 14th with the sounding of the Shofar on 7:35 pm. A full schedule of services will be printed on your High Holiday tickets. As in the past, our Conservative Services will be conducted by Rabbi Gary Fink and Cantor Mike Kravitz, while the Reform Services will be conducted, for the first time, by Rabbah Arlene Berger and Cantor James Perlmutter.

Tickets for the High Holiday services and the Break-the-Fast will be available from Millie White who can be reached on 301-598-0211 with any questions.

Regular Services

During the year Friday evening services are conducted by Rabbi Fink who is assisted by Ed Laskin, our Choir Master. Conservative and Reform services alternate each month at the Interfaith Chapel at 8:00 pm. The next service will be a Reform service on August 2. Our Saturday morning services are led by Cantor Kravitz. Services are Conservative and are held in the Activities Room of Clubhouse II at 9:15 am. The next service will be held on August 10.

<u>Sukkot</u>

Soon after Yom Kippur we will celebrate the holiday of Sukkot. The Sukkah is the Hebrew word for booth or tabernacle - a temporary structure covered with plant material such as leafy overgrowth or palm leaves. The erection of the Sukkah is an annual event on the grounds of the Interfaith Chapel. The Sunday of the holiday, this year September 22nd, is open house when we invite the Interfaith community to join us from 12:00 PM to 3:00 PM. The Sukkah will be open daily from September 19 to 24 from 1:00 to 3:00 PM. Maariv services will be conducted in the Sukkah Wednesday thru Friday and Sunday thru Tuesday nights, Sept. 18, 19, 20, 22, 23 and 24, at 7:00 PM. On Shabbat, September 21 we will hold Mincha services at 4:00 PM and will conclude with Havdalah. On each day of the holiday we will recite a blessing over the Lulav (closed frond of the date palm tree, bound with boughs and branches of the willow and myrtle trees) and etrog (yellow citron).

One of the rituals of this holiday is the eating of meals in the Sukkah with appropriate blessings. In Leisure World JRLW we follow this custom by providing snacks and drinks for the visitors. It is a blessing to sit down in the Sukkah, recite the blessings for the food and then have a bite to eat and a drink. A glass of wine or grape juice, a piece of challah or a cookie and the blessings make for a pleasant reminder of the hardships encountered by our forefathers as they struggled to survive in the barren desert and mountains outside of Israel.

Elaine Schenberg, Naomi Kline and Bob Fenichel have volunteered to staff the Sukkah, however they need help and would appreciate if members of JRLW would host the visitors to the Sukkah for one or more days. If you can spare two hours to help staff the Sukkah during the day please contact Elaine (301-598-0079).

Evening services will be conducted at 7:00 pm and coordinated by Jerry Weiss, but because the Sukkah is a temporary structure, electric lights will not be available. Anyone who has a flashlight or lantern is encouraged to bring it with them.

AUGUST SERVICES

Friday evening Shabbat Services will be held on August 2. Rabbi Fink will be conducting Reform Services. Oneg will follow Services.

Saturday morning Shabbat Services will be held on August 10. We are pleased to have Annette Cooper's son Drew lead the Services with participation of Annette's grandsons Cole, Jared, Dean and Grant. The D'var Torah will be given by Jerry Miller. Kiddush will follow Services.

JRLW HIGH HOLY DAYS SERVICES ORDER FORM

ROSH HASHANAH: Sep. 4th, 5th and 6th, 2013

YOM KIPPUR: Sep. 13th and 14th, 2013

Tickets are available for Conservative and Reform High Holy Days Services. Mail requests for either Service with your check made payable to JRLW to address below as soon as possible but no later than <u>AUGUST 23, 2013</u>. Conservative Services will be held in the Activities Room of Club House II. Reform Services will be held in the Interfaith Chapel.

AT EACH SERVICE, YOUR TICKETS WILL HAVE TO BE SHOWN TO THE USHERS AT THE DOOR IN ORDER TO GAIN ENTRANCE

<u>ENCLOSE A SELF-ADDRESSED, STAMPED ENVELOPE</u> along with your completed Order Form. Tickets, with the starting times for the various services will be mailed to you by August 28th, 2013.

Separate tickets, which are non-refundable, must be purchased in advance for Break-the-Fast. They will be mailed along with your tickets for the services. Please mail all the requested information to:

Milli White, c/o JRLW, P.O. Box 12133, Silver Spring MD 20908

2013—2014 dues must be paid up to get tickets at the membership price of \$90.00. Questions? Call Milli White, 301-438-0211. No tickets are required for YISKOR services.

	Addresses		Telephone #
	TOTAL ENCLO	,	\$
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MEMBERSHIP DUES RENEWAL (June 1 – May 31)

Dear JRLW Member:

As mentioned in the May and June issues of this newsletter, it is that time again to renew your dues. Please complete the form attached to this letter. JRLW would welcome and appreciate your becoming a Life Member. It is a sign of commitment and support of the organization. Following is the chart of payment according to age. Also, it is a deduction on your income taxes.

Age Category	Cost
64 and under	\$375
65-69	\$300
70-74	\$285
75-79	\$225
80-84	\$175
85	\$100

As you know, JRLW sponsors Jewish Religious Services, many social venues and traditional programs for the Jewish population here in Leisure World. Everything that is offered by JRLW is mentioned in our newsletter, in the Leisure World News and on our website at <u>jrlw.info</u>. I look forward to hearing from you.

Sincerely,

Sue A. Rudo, Membership Chair, 301-598-1153 suearudo@verizon.net

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Name:						
Address: _						
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Sue Rudo, JRLW, PO Box 12133, Silver Spring, MD 20908

*JRLW asks for your email address so we can send you important and time-sensitive messages, possibly once a month.



NEW MEMBERS

We welcome the following new members to JRLW:

Michael Marcuse 15100 Glade Drive.

June Wagner 3310 NLWB.

Marvin and Harriet Steinhorn-Roth 3210 NLWB.

Anita and Dan Blum 3200 NLWM.

Catalina Kirshenbaum 3210 NLWB.

Stan Moffson 3100 NLWB.

Gladys Goldsmith 15100 Interlachen.

Sara Resnik 3330 NLWB.

Sheila Gitelson and Bill Silverman 3100 NLWB.

Herbert & Judith Weinstein 3200 NLWB.

Sheila Gitteson and Bill Silverman 3100 NLWB

Life Members

Joseph Ganapolsky

Steve Freedman

LET'S TALK ABOUT DEADLINES:

The deadline for articles which are to appear in our Newsletter is the seventh day of the month preceding the month in which the article is to appear. For example, articles which are to appear in August should be received by me by July 7. The deadline is announced at every Board Meeting and appears almost every month in our Newsletter. I know that people read our Newsletter because I get calls about misspelled words or even compliments about how nice the Newsletter looks. You may want to know why the deadline is so early in the month. I get articles and calls to put material in the Newsletter weeks after the deadline and up to a few days before the issue is to come out.

I decided that if you knew what our schedule is, you would be more likely to comply. (A special thanks here to Ruth Reid who almost always is the first person to submit her Na'Amat article).

As the article comes in, I go over it for obvious mistakes in grammar, dates and general appearance. When I have all the articles which are to appear in the issue, I print out each article separately and then call upon two to three proofreaders to come – at separate times – to do their thing. So far, we've covered about 10 days. Now, I send all the material to Nate Sternberg who does the layout of the Newsletter. This takes another few days, as Nate has to fit all of the articles as well as the advertisements (which help pay for the Newsletter), in place. Then he sends me his proof of our Newsletter. After any necessary changes are made, he sends me the proof a second time. If everything is o.k., Nate sends the Newsletter to the printer.

The printer sets up the Newsletter—which takes another couple of days – and then emails me his final proof. I scan it and sometimes find something that has to be changed. This process now has taken about 2 weeks. The next step is the printer sending our Newsletter to the mailing house. Since our material is being bulk-mailed, it is not delivered within a day or two. It is sent out when the Post Office gets around to it. Each mailman decides which mail gets delivered first. In our hi-rise building some people get their Newsletter 3 to 4 days before other people in the same building!

This whole process takes about 2 $\frac{1}{2}$ to 3 weeks. We always try to get the Newsletter to you by the 1st of the month. **THIS** is why we set the deadline early. I find that our deadline is in keeping with or later than those organizations with a comparable size mailing.

Now that you know the whole story, I once again ask you to submit your articles by the deadline.

Thank you,

Bernice Cohen, Editor JRLW Newsletter

August

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WE REMEMBER THEM

Our condolences to the families of the following:

Macky Dubin Blossom Friedman Muriel Michael Lorraine Adler Joann Downey

May their memory be a blessing.

PHYLLYS HUTT'S Corner

NOT QUITE SO VAST

It was a rare occasion. My three children were together under one roof. Mine. I noted that "It was the best of times." They all agreed, "There goes Mom and her ancient, obsolete phrases."

The conversation then turned to books, writers, libraries and we got into a discussion of something like a combination of Trivial Pursuit and Jeopardy. Each of my children is quite an expert at matching wits.

On and on we went, when someone commented on the great amount of wit we experienced. I said, "Well, in MY generation it would amount to more like half of that amount." I also added that in my day we made it a practice of memorizing poetry and smart remarks. I said I was more knowledgeable because I was older, with more years under my belt to accumulate so many facts.

Whereupon, I was told, "Mom, your store of knowledge once was vast, but over the years one loses some of it and it becomes only half vast."

GOOD AND WELFARE

Mazel Tov to Al and Ruth Temin. Their granddaughter Rebecca Leah Pohl graduated from the Cantorial School of the Jewish Theological Seminary and received her investiture as a Cantor in May 2013.

Lois Cohan has moved to an apartment in Bedford Court. Lois, we hope you enjoy many happy years in your new home.

Ruth Altman fell and broke a bone in her right arm. We wish her a speedy healing.

Shirley Rosenhaft is in rehab following hip surgery. We hope Shirley will be home soon.

Congratulations to Ellen Zweig on the birth of her first great-granddaughter Keira Hope Zweig, daughter of Art and Beth Zweig and granddaughter of Jane and Robert Zweig. Keira made her appearance on June 24.

Helen Gross had knee replacement surgery in July. We hope she is home from rehab by now and is making a swift recovery.

Condolences to Joann Cadeaux on the recent death of her daughter Lauren.

MEMBERSHIP

Many of you have not yet paid your dues. The year is June 1 thru May 31. Dues are \$20 a person, \$40 a couple and \$12 for the singles group. Please see the information on Page 5. JRLW would really appreciate a speedy response to this request. To those of you who have already paid your dues, we thank you for your response and commitment to our organization.

Sue Rudo, Membership Chair

TZEDAKAH, ONEG & KIDDUSH DONATIONS

For information about Tzedakah donations or Oneg/Kiddush donations please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring, MD 20906.

KIDDUSH/ONEG DONATIONS

Annette Cooper in honor of her grandsons Cole, Jared, Dean and Grant and her son Drew who will lead the Shabbat Services on August 10.

TZEDAKAH DONATIONS

Susan and Jerry Weiss in honor of Sue Rudo's special birthday.

Evelyn Dickman in honor of Sue Rudo's special birthday.

Carole Jason in memory of Larry Jason, loving husband and father to Seth Jason and Julie Marquis.

Mildred and David White in memory of the beloved sister of Judy Bravman.

Sandy and Buddy Budman in honor of their first great-grandchild Rose Schuman.

JRLW made a donation in memory of Joann Downey

Frances Feder in honor of the birth of Ellen Zweig's great granddaughter Keira Hope Zweig.

NEWSLETTER STAFF Bernice Cohen – Editor Nate Sternberg – Layout Fred Shapiro – Business Shirley Griffin - Asst. Editor Rae Paley - Recipes

What's Cooking in the Kitchen?

Submitted by Rae Paley

Please email me with your favorite Jewish Holiday Side Dish cautious721@gmail.com

It will be nice to read, and try some new holiday foods, hopefully for the Sept. JRLW Newsletter (holidays are so early this year.)

Potato Salad

Ingredients:

1 1/2 cups apple cider vinegar 2 cups sugar or sweet and low $\frac{1}{4}$ cup of water ¹/₂ cup mustard seeds 4 lbs. red potatoes, quartered, cooked, and cooled 2/3 cup sour cream-- regular or low fat 2/3 cup of mayonnaise --regular or low fat 1/3 cup champagne vinegar 1/3 cup Dijon mustard 1/3 cup whole grain mustard 1/3 cup of honey 1/3 cup olive oil 1 tbsp. salt 1 ¹/₂ cups diced celery 1 cup diced sweet onion ¹/₂ cup chopped flat leaf parsley 1/4 cup chopped fresh dill celery leaves

Directions:

1. Cook cider vinegar, sugar and water in a medium saucepan over medium-high heat stirring often, until sugar is dissolved; add mustard seeds.

Cook 20 minutes or until seeds are soft but slightly firm. Strain seeds, reserving liquid; set seeds aside.

Simmer reserved liquid until syrupy and reduced by half. Pour syrup over seeds; set aside and cool.

2. Place potatoes in a large bowl; set aside. Whisk sour cream, add the next 6 ingredients on the list, and add 1 tablespoon salt in a medium bowl. Pour mixture over the potatoes; toss gently.

3. Stir celery, and add next 3 ingredients on the list, 2 tbsp. mustard seed and add to potato mixture; toss gently.

4. Cover and chill for 3-4 hours. Garnish with celery leaves before serving.

Makes 8-10 servings.





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AUGUST PROGRAMS AT HAR TZEON-AGUDATH ACHIM

Events from the morning program:

11:00 am Exercise with Mim Parizer.

LUNCH AT NOON

Afternoon programs at 1:00 pm:

Yiddish Class with Marcia Levinsohn.

August 1 - Judith Mostyn White, harpist "Harp Telling of a Love Story."

August 8 - "The Men who Built America" DVD Series.

August 15 - Program sponsored by the Golden Network.

August 22 - Barbara Kandel, Acupuncturist "How Acupuncture Can Help."

August 29 - Bob Lachin at the piano "An Afternoon of Beautiful Music."

Mt. Scopus Hadassah

Our Annual Game Day will take place on Wednesday, Aug. 21, at 1:00 pm in the Crystal Ballroom of Clubhouse I. Attendees may play mah-jongg, bridge, Scrabble, dominoes, or any other games. Homemade refreshments will be served. If you are willing to bake a dessert for the refreshment table, please call Marilyn Swerdel at 240-560-7692. This is always a fun event. The cost is \$8. Tickets may be purchased at the E&R Office.

The Mt. Scopus Judaic Study Group will meet on Monday, August 19, at 1:30 PM in Clubhouse I. The group will continue to look for new insights in the Bible's Wisdom literature. For further information call Joan Lees at 301-598-3768.

Eyre Travel is now taking reservations for our joint trip to see "Menopause The Musical" on Tuesday, September 17, at the Dutch Apple Dinner Theatre in Lancaster, PA. The cost is \$99 and can be paid either by phone at 301-598-1599 or by stopping into the Eyre Travel Office in Clubhouse I. The bus will depart Clubhouse II at 9:30 am and return at 6:00 pm. Make sure that you tell Eyre Travel that you are sponsoring Hadassah when you make your reservation so that we will get the credit.

Na'Amat News

Here it is August and Na'Amat has ways for you to keep cool, relaxed and enjoy yourself while attending some fund raising events we planned for you.

We are going once again for an overnighter to the Dover Downs fabulous Hotel and Casino on Monday, August 12, to Tuesday, August 13. It is a lovely hotel with slots galore, restaurants, lounge and simulcast harness racing. Contact Trudy Stone 301-438-0016 for more information.

On Thursday night, August 22, at 7:00 pm we will all enjoy an ice-cream social with entertainment. Everyone who attended it last year had a terrific time. It's always enjoyable adding toppings to delicious icecream, and the entertainment is delightful. Call Marylin Jordan 301-598-0174 for more information.

Our board meeting will be held on Tuesday, August 20, at 10:30 am in Clubhouse I. All are invited. Also, anytime you have a good idea or suggestion please contact Ruth Reid or Trudy Stone. We appreciate your interest.

We have beautiful New Years cards that sell for 10 for \$10.00. Don't forget that High Holidays are early this year. Contact Harriet Chaikin, 240-560-7487, to purchase your New Year cards.

Please remember that anytime you attend an event, buy a card or make a contribution you are helping us achieve the Na'Amat goal. Our goal is to make the lives of women and children in Israel better!

Think Israel...Think Na'Amat!!

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Contact Ellen Zweig at 3210 N. Leisure Word Blvd., Apt 504, Silver Spring, MD 20906, or call her at 301-598-2144 between 9:00 am and 9:00 pm.

PRAYER BOOK DONATIONS

Ruth & Martin Gutstein in memory of Ken Israeli.

Elaine Molnick in loving memory of my beloved husband Dr. Barry Molnick.

TORAH FUND DONATIONS

Estelle Salzman and daughter Janet in honor of Leon Salzman.

Ray and Louis Paley in memory of Blossom K Friedman.



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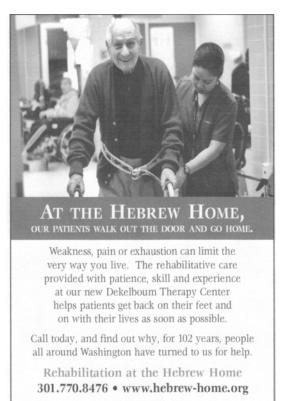
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Have YOU Made a Non-Driving Plan?

By Beth Shapiro, LCSW-C Coming of Age in Maryland Social Worker 301-816-2665 • bshapiro@jssa.org

As a social worker, people often turn to me to discuss personal concerns. One that comes up often is driving. I hear things like, "I don't know what I'd do without my car!" "My family says they are concerned about my driving," and "I need to be able to drive so I can go wherever and whenever I decide!"

Today's conversation is more about getting from point A to point B instead of reducing the anxiety about not driving by making a plan. Think about it... we make a grocery list, plan a vacation and strategize about our retirement. Why don't we make a plan for when we will have to stop driving? Wouldn't your stress be reduced if you had a plan?

If this sounds like a good idea to you, give me a call. Ask me about JSSA's FREE To Drive or Not to Drive program. I can help you make your plan in only 3 meetings!

JRLW COMMITTEES RECEPTION TO BUILD A BETTER ORGANIZATION

President Morton Davis has announced a reception to introduce our members to the various JRLW committees and invite them to join those of interest. The reception will be held Thursday, August 29 at 2:00 pm in the Maryland Room of Clubhouse I. Light refreshments will be served.

The success of JRLW depends on the participation of our members in the various committees that serve the organization and LW community. There will be a representative of every committee there to present the goals of the committee, the needs and the opportunities for volunteers.

Every committee of JRLW is in need of people to help with the planning and execution of programs and events. You do not have to commit yourself for everything or for extensive meetings. If each of us contributes even to one small project or event, the sum total of our efforts will make for a healthier, more effective JRLW. It is important that you attend this reception. JRLW needs YOU!



If you like trees... (You'll Love) Judean Memorial Gardens

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16225 Batchellors Forest Road

Above: "Ark" is one of the many artworks created by artist P. Ratner Olney, MD 20832 Tel: 301-384-1000 for Judean Memorial



Jewish Residents of Leisure World



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<u>Time Critical Information</u>

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