



Jewish Residents of Leisure World

Silver Spring, Maryland

December 2010, Kislev - Tevet 5770

Newsletter Editor: Bernice F. Cohen 301-598-0192

Website: <http://www.jrlw.org>

JRLW President's Message



When December arrives we think about winter, snow and, of course, the holiday of Chanukah. In the past few months, we observed the somber High Holidays. Now comes Chanukah, a happy holiday. During the week of Chanukah we will have our usual holiday display in both Clubhouse I and Clubhouse II. Many of us will be with our families as we light the candles of the Chanukah Menorah. We are concentrating on what gifts to give our children and our grandchildren. We will have festive meals complete with the traditional latkes. This holiday will be a time of joy for most of us.

However, while we are celebrating the miracle of the oil which lasted for eight days instead of one, we also have to think about those who are less fortunate. They will not be giving and receiving gifts. They will not be enjoying a festive meal. Our religion teaches us to share with those who have less than we have. In this spirit, we once again will be collecting packaged and canned foods to be distributed by the Interfaith Chapel. Shelly Stahl will again chair a committee of volunteers who will receive your donations at the Chanukah display in the Clubhouse I lobby from Monday, November 29 until Friday, December 10, between 10 am and 2 pm.

Monetary donations can be made in lieu of food.

May each of you enjoy a happy holiday with your loved ones.

Dolly Solomon

Upcoming December Events

- 1st Wed. Chanukah First Candle
- 1st Wed. Hadassah Board Mtg. 10:00 AM
- 3rd Fri. JRLW Reform Services Interfaith
- 7th Tue. JRLW John Eaton 1:00PM CH1
- 8th Wed. Chanukah 8th Candle
- 9^h Thu. Na'Amat Card Party
- 10th Fri. JRLW/ Singles Chanukah Party
- 11th Sat. JRLW Conservative Services
- 12th Sun. JWV Brunch
- 12th Sun. Hadassah Israeli Dance Troupe
- 13th Mon. JRLW Board Meeting
- 14th Tue. JRLW Movie 2:00PM CH2
- 15th Wed. Hadassah Regular Meeting
- 15th Wed. JWV Business Meeting
- 19th Sun. JRLW Breakfast 10:00AM CH1
- 21st Tue. Na'Amat Bd Mtg. 10:00 AM
- 22nd Wed. Na:Amat Normandy Farms Tea

PLEASE NOTE:

JRLW is no longer using a Post Office Box. All mail should be sent directly to the person or committee it is directed to. Addresses will be furnished in the Newsletter with the pertinent article.

DECEMBER BREAKFAST FORUM



The December JRLW Breakfast Forum will be held on Sunday, December 19, 2010 in the Crystal Ballroom in Clubhouse 1 at 10:00 am.

The program will feature a lecture by Dr. Mitchell Bard entitled "How The Arab Lobby Threatens American Values, Interests and Security". Dr. Bard is the Executive Director of the nonprofit American-Israel Cooperative Enterprise (AICE) and one of the leading authorities on U.S.-Middle East policy. Dr. Bard is also the director of the Jewish Virtual Library, the world's most comprehensive online encyclopedia of Jewish history and culture. He has written 22 books including his latest, "The Arab Lobby: The Invisible Alliance That Undermines America's Interests in the Middle East".

Come join us to hear this interesting speaker. It will also give you a chance to visit with friends while you enjoy your breakfast. Make your reservation early, so you won't miss this thought provoking program. Mail your check made payable to JRLW, in the amount of \$5.00 for members and \$8.00 for non-members, to: Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, Maryland 20906. Your check and reservation should be received by Bella on or before Thursday, December 16, 2010.

Sheila Chodorov

JRLW TELEPHONE LIST FOR THE YEAR MAY 1, 2010 -- MAY 31, 2011

Officers:

President	Dolly Soloman	301-598-1955
Vice-President	K. Neil Ross	301-598-2994
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Directors:

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Programs	Sheila Chodorov	240-449-0229
Religious Materials	Ellen Zweig	301-598-2144
Religious Services	Gerry Sommer	301-598-6789
	Allan Firestone	301-598-7311
Shiva Minyamin	Egon Guttman	301-603-9415
Tzedakah	Susan Weiss	301-460-6030
JRLW News Articles	David Firestone	301-871-7454
JRLW Calendar	Gerry Sommer	301-598-6789

EDUCATION PROGRAMS

Wednesday, December 1, 8, 15, and 22, 2010: "Aspects of Identity: Explorations of Jewish Life in the Modern World." Rabbi Michael Fishbach from Temple Shalom is the instructor for this course. The course will explore the influence of modern day values and what they have on Jewish life. The subjects to be pursued and discussed are Israel, anti-Semitism, intermarriage and spirituality. Rabbi Fishbach encourages class participation. 10:30 am, Clubhouse I – Fee \$18.

<p>DEADLINE FOR THE JANUARY NEWSLETTER IS DECEMBER 8th. ARTICLES RECEIVED AFTER THE DEADLINE WILL NOT APPEAR IN THE JANUARY NEWSLETTER.</p>

FUNERAL INFORMATION

If you are a member of JRLW you are entitled to a considerable discount when you have to deal with a funeral parlor or a cemetery. JRLW has an agreement with Sagal and Danzansky Funeral Homes for a discount. We also have an agreement with Judean Gardens for burial arrangements. If you have any questions, please call Harvey Chidel at 301-438-1151.

A SHIVA MINYAN

We have had several cases recently where, unfortunately, there was a need for a shiva minyan for one of our members here in Leisure World. If you hear of such a need in your building, it is a mitzvah and the 'menschlich' thing to do to attend the shiva minyan for at least one or two nights. In many of our multi-unit buildings – especially the high-rises – there are probably enough people to form a minyan without needing anyone outside of the building. An evening minyan will take ½ hour or less of your time, But to the grieving family, your attendance may mean the difference of being able to say their prayers or not. Please help out if you can.

FAMOUS MUSICIAN JOHN EATON CONCERT IN LW DECEMBER 7

By Fred Shapiro

The world renowned composer and musician John Eaton will perform at Leisure World in a partnership between the JRLW and JCCGW. The date is December 7, 2010 at 1:00 PM in the Clubhouse II auditorium. Tickets are available at the E&R office for a donation of \$15.00. Checks should be made out to JRLW.

John Eaton is a Washington D.C. pianist extraordinaire. Considered one of the foremost interpreters of American music, Mr. Eaton offers a unique combination of ultra-tasteful jazz and fascinating observations. Eaton has been performing professionally for more than 30 years. He was named to the Steinway Concert Artist roster in 1988.

From shows at smoky jazz clubs to a command performance in the East Room of the White House, he has appeared both as a soloist and with such legendary artists as Zoot Sims, Benny Carter, Clark Terry, and Wild Bill Davison.

For twelve years, Eaton has given more than 200 sold out lecture/concerts for the Smithsonian Institution on American popular song both in Washington, D.C. and around the country. The series was broadcast nationally on National Public Radio. He has taped a television series on American popular song and great American songwriters.

Among the great American composers he brings to life in his performances are Cole Porter, George Gershwin, Fats Waller, Hoagy Carmichael, Duke Ellington, and Harold Arlen.

Lending a hometown touch to the program will be the resident of Leisure World who will introduce Mr. Eaton. Ira Sabin, long a fixture on the music scene in Washington DC, will have the pleasure of opening the program. Washingtonians will remember Ira as a bandleader and drummer. Ira and his wife Irma live in Vantage Point West.

NEWSLETTER STAFF

Bernice Cohen – Editor

Nate Sternberg – Layout

Fred Shapiro – Business

Shirley Griffin - Asst. Editor

PHYLLYS HUTT'S CORNER:

EVER HEARD OF A JEWISH GURU???

They say that there is one in every family.....one who stands out from the rest, whose approval is sought and whose pronouncements hold more water than Grand Coolie Dam. Fortunately, for all concerned, I am NOT that person! I couldn't handle all that glory! But I do have one claim to fame among my family and friends, and that is that I am the trivia queen of all time! I don't know how I have managed to gather so much information. Is it from being naturally inquisitive? Or just that I have lived a long time!

I must admit that I enjoy this prestige and consider it an honor to have the questions coming at me still to this day. I hold my own on the subjects of who wrote what, who composed what and who sang it. (Pardon my modesty, but facts are facts. Just ask Bidy or Zelda or any of my "following").

"Hi! I am at a mah-jongg game. Sally says that Vaughn Monroe had the most popular recording of "Sixteen Tons," and I say it was Johnny Cash. Who was it?" "Tennessee Ernie Ford". "Oooh, thanks.. My turn. Goodbye."

The phone rings on another occasion. This time, a relative.

"How are you doing? We've got to do lunch one day soon. By the way, I have a bet going on. Marilyn wants to

know if Olivia deHavilland played Rebecca in the movie of the same name. I say she didn't, but I don't remember who did, so I figured you'd know."

"No one played Rebecca in that movie. Rebecca was dead from the beginning.

Joan Fontaine played the second Mrs. deWinter, who never did have a first name throughout the entire movie. She was always called "my dear" or darling."

"Are you sure of that?" In my best Michael Corleone imitation: "Never question or go against the family.....it isn't wise."

My friend Harvey called me recently from his car to resolve an inquiry as to who were the actors in "Bonanza". I take my title seriously. It is my job, my raison d'etre. Over a span of years the queries change, depending upon the current events of the day. "Yes, Ted Collins WAS Kate Smith's announcer for many years. No, Seabiscuit never won the Triple Crown. Johns Hopkins is not John Hopkins, and the Smithsonian is not an institute. Like Brookings, it is an institution. "

Being a trivia maven is something which occasionally occupies my time now that I am in my rusty years. (You didn't really think they were golden, did you?) I have amassed a vast store of mostly useless and/or unnecessary facts and that, plus \$5.98. will buy me a cup of coffee.

If I am not careful, I could become drunk with power.

JRLW SINGLES

The December meeting of the JRLW Singles will be held on Friday, December 10, at 3:00 pm. This will be our Chanukah party. There will be good fellowship as well as jelly donuts and gifts. Please plan to attend.

RECIPE CORNER



FOR TUNA LOVERS!

Francine Cohen

Ms. Cohen worked for many years as cook at the Hebrew Home. She says that this tuna dish was loved by all.

“Tuna Delish”

1/3 cup all-purpose Karo syrup (dark)
 2 1-lb cans stewed tomatoes
 ½ med. onion, sliced (1/2 cup)
 2 cups uncooked elbow macaroni
 2 large cans tuna, drained
 4 oz grated or shredded American cheese

Combine tomatoes, onion and syrup in large saucepan. Bring to boil, stirring constantly. Stir in macaroni. Remove from heat. Add tuna in large chunks and about two-thirds of the cheese. Pour into a 2-quart casserole. Cover. Bake in a 425° (hot) oven until macaroni is tender, stirring occasionally, for about ½ hour. Sprinkle with remaining cheese. Bake uncovered until cheese melts, about 5 minutes. Enjoy!

TZEDAKAH

For information about Tzedakah donations, or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss. 3739 Glen Eagles Drive, Silver Spring MD 20906.

Yiskor donation from Ruth Kay in memory of beloved husband David M. Kay, beloved son Jeffrey Kay, beloved parents Gertrude and Morris Kaplan, beloved parents Jenny and Samuel Kay and dear friend Bessie Serdloff.

Marilyn & George Kessler in memory of Benjamin Toulotte, grandson of Matty Feldman.

Sheila & Mickey Myers in memory of Toby Bailin's brother Richard Schecter.

Rudy Winternitz for honor of holiday aliyah.

Yiskor donation from Adele Cohen.

Renee Lease in memory of mother-in-law Bella Lease and father Simon Wotman.

Paula & Lou Rubenstein wishing a speedy recovery to Sara Dick.

Sheila Chodorov for honor of Yom Kippur aliyah.

Mildred Rosenthal in memory of Bernie Golub's sister Rosalind.

KIDDUSH DONATION

Joan Engleman in honor of her Bat Mitzvah.

*Please join us for a
 complimentary lunch and
 tour of our community!*

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TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Fund or Prayer Book Fund for a minimum donation of \$ 25.00. Contact Ellen Zweig at 301 598 2144 between 9:00 am and 9:00 pm. No calls on Shabbat, please.

Correction to last month's listing: the donation was made by Florence Mudrick and was in memory of her Husband Max Mudrick.

TORAH FUND DONATIONS:

Laura & Sidney Sussan in honor of Cantor Kravitz and David Firestone for their support of Shabbat Services.

Sheila & Mickey Myers in honor of Joan Engleman's Bat Mitzvah.

Joanne & Nate Sternberg in memory of Benjamin Toulette, grandson of Matty Feldman.

Sonya Korenblit & Hy Hirschberg in honor of Mike Kravitz's Bar Mitzvah Anniversary with warmest wishes and congratulations.

Joni & Gerry Sommer in honor of Joan Engleman's Bat Mitzvah.

Joan Engleman in honor of Cantor Kravitz's Bar Mitzvah Anniversary.

Shirley & Manny Collier in memory of Benjamin Toulette, grandson of Matty Feldman.

Sol Schwartz in memory of his wife, Celia Schwartz.

Elaine & Jerry Daniels in memory of Benjamin Toulette, grandson of Matty Feldman.

Barbara & Allan Firestone in honor of Cantor Kravitz' Bar Mitzvah Anniversary, Joan Engleman's Bat Mitzvah, and in memory of Benjamin Toulette, grandson of Matty Feldman.

Susan & Jonas Weiss in honor of Joan Engleman's Bat Mitzvah

PRAYER BOOK DONATION:

Selma Rothenberg in honor of Theda Rosenblum for all her good work on behalf of JRLW.

Lois & Norman Glasser donations to both the Prayer Book Fund and the Torah Fund in memory of their beloved son, Steven Glasser.

CONDOLENCES:

The family of Dorothy Volk .
Claire Gersten on the death of her husband Al.

The family of Edna Robinson.
Arthur Feiveson on the death of his wife, Ellice.

Thelma Shuster on the death of her husband, Abraham.

The family of David Sachs.

May their memory be a blessing.



WELCOME NEW MEMBERS

Eva Katz – 3468 Chiswick Court.
Janice and David Mason – 2901 S. LWB.
Rita Newman – 3729 Glen Eagles Drive.
Lillian Blankfeld – 15107 Interlachen.
Sema and Irwin Friedman – 15100 Interlachen.



GOOD AND WELFARE

Florence & Izzy Wolf are quelling, and with good reason, Their grandson Ben recently starred in the production of Gilbert and Sullivan's H.M.S. Pinafore!

Shirley Kirshenbaum underwent knee surgery and has made great strides in rehab. Good to see you up and around, Shirley.

Dolly Solomon was hospitalized briefly, and is now back to her very busy schedule.

Mazel tov to Shirley Greenberg on becoming a great grandmother! It's a boy!

The Melava Malka was a great success. Thanks to all those who worked so hard on the affair.

A big round of applause to Theda Rosenblum who was in charge of our trip to the JCC to see the play, "The Odd Couple." She did a terrific job.

IN MEMORIAM – ZELDA WINELANDER

Phyllis Hutt

We mourn the passing of Zelda Winelander, a former president of JRLW and a leader in other Jewish organizations, as well. Zelda suffered a bad fall. Her son took her to Baltimore where he resides and she passed away there about a month ago. Zelda was a true supporter of all things Jewish, and added her voice to many causes. She will surely be missed.

Volunteers are needed for Friday night services which occur the first Friday of the month. Jewish items are set up in the Inter-faith Chapel before the service and removed afterwards. Please call Mort Rudo at 301-598-1153 if you can help.

NA'AMAT NEWS

Can't believe how quickly this year has gone and now it is December and time for Chanukah. As you know the Jewish Holidays are either early or late (never on time) and this year Chanukah is very early. Since the first days of Chanukah would coincide with RBZ's meeting date the council voted to have our card/mah-jongg party on Thursday, December 9. It will be most enjoyable with delicious desserts and an extra special treat prepared by some of our members and there will also be a petite boutique. As always, we will have our cards, entertainment books, scrip and 50/50. Come with your friends for a very enjoyable afternoon.

On Wednesday, December 22, we are going to the Normandie Farms for their fabulous tea. We were there this past March and all who attended asked us to do it again. The buffet is filled with delicious tea sandwiches, canapes, grilled veggies, muffins, assorted desserts and so much more. There will be music (a violinist) and the restaurant which is charming all the time will look even lovelier this time of year. Contact Harriet Moore (301) 438-6069 for more information.

December dates:

- **NO** open meeting on Wednesday, December 1.
- Thursday, December 9 - card party/mah-jongg party
- Tuesday, December 21 - RBZ Council Board Meeting
- Wednesday, December 22 - Normandie Farms Tea

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 28 Kislev	6 29 Kislev	7 30 Kislev JRLW John Eaton	1 24 Kislev Chanukah 1 st Candle Hadassah Bd Meeting Aspects of Identity	2 25 Kislev	3 26 Kislev Candle Lighting 4:28PM JRLW Reform Svcs - Interfaith	4 27 Kislev
12 5 Tevet JWV Brunch Hadassah Israeli Dance Troupe	13 6 Tevet JRLW Board Meeting	14 7 Tevet JRLW Movie	8 1 Tevet Chanukah 8 th Candle Aspects of Identity	9 2 Tevet Na'Amat Card Party	10 3 Tevet Candle Lighting 4:28PM JRLW Singles Chanukah Party	11 4 Tevet JRLW Conservative Services
19 12 Tevet JRLW Breakfast	20 13 Tevet	21 14 Tevet Na'Amat Bd Meeting	15 8 Tevet Hadassah Reg Meeting JWV Bus Meeting Aspects of Identity	16 9 Tevet	17 10 Tevet Candle Lighting 4:29PM	18 11 Tevet
26 19 Tevet	27 20 Tevet	28 21 Tevet	22 15 Tevet Na'Amat Normandy Farms Aspects of Identity	23 16 Tevet	24 17 Tevet Candle Lighting 4:32PM	25 18 Tevet
			29 22 Tevet	30 23 Tevet	31 24 Tevet Candle Lighting 4:37 PM	

Mt. Scopus Hadassah

JRLW Cantor Michael Kravitz will present "Jewish Music in Pop Culture" at our December 15 meeting in Clubhouse I. Socializing begins at 12:30pm and the meeting starts at 1:00pm.

The *Yesodot Israeli Dance Troupe* will perform on Sunday, December 12, at 2:00pm in the Clubhouse II Auditorium. This group of teenagers will showcase a variety of dances representing different aspects of Israel. Tickets for \$10 are on sale in the E&R Office in Clubhouse I. Make your check payable to Hadassah. Tickets will also be sold at the door.

Mah-jongg cards for March of 2011 are on sale at \$7.00 for regular print and \$8.00 for large print. Send a check payable to Hadassah to Lois Cohan, 15107 Interlachen Dr. #511, Silver Spring, MD 20906. Call Lois at 301-598-3202 for more information. The cards will be delivered in March.

Miriam Gilbert is selling the 2011 Entertainment Books for Maryland/DC, Northern Virginia, and Baltimore for \$30. Please call her at 301-438-3998 to order your copy. She is also selling flashing Star of David necklaces for \$3 each. These are excellent Chanukah gifts for adults and children over 5.

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and in the USA. Please contact the following to contribute: Hadassah Medical Organization (HMO): Sonya Korenblit (301-598-3497); IMA/Youth Aliyah: Helen Cubert (301-603-0061); Hadassah cards: Miriam Gilbert (301-438-3998); Hadassah certificates: Chapter Office (301-881-8203); JNF trees and water certificates: Natalie Lewis (301-598-4798).

HAR TZEON-AGUDATH ACHIM DECEMBER PROGRAMS

Thursday morning programs -11:00am

Exercise with Mim Parizer.

or

Current Events with Judge Marvin Roth and Ed Morgenstern.

Afternoon programs – 1:00 pm

Yiddish Class with Marcia Levinsohn.

Blood Pressure screening first Thursday of the month.

Thursday, December 2 - The Sensational Entertainment Troupe, "Fun and Fancy"

Thursday, December 9 - Don Lipman – "Weatherwise or Otherwise".

Thursday, December 16 - Dr. Sam Book -- "Where is our Economy Going?"

Thursday, December 23 - Victor Dyni and friend -- "Delightful Piano Duets".



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The Gift of Giving Doing Good for Others – Means Doing Good For You

By Beth Shapiro, LCSW-C
Coming of Age in Maryland Program
Jewish Social Service Agency

to learn more about JSSA's broad range of services and programs. This month I would like to share a personal experience that shaped me growing up. My father enjoyed doing things for others. People liked and respected him. They also knew they could go to him to find a resource or a referral. Most important, he always said that his efforts on behalf of others came back to him two-or three-fold. And they did -- I saw it happen often over the years.

A comment by the chief rabbi of England, Rabbi Jonathan Sacks, develops this idea even further: "Beneath the clamor of self-interest, a quieter voice within us whispers the deeper truth, that the greatest gift is to be able to give."

Doing nice things for others is both inspiring for the giver and the receiver. It makes you feel warm inside, like a warm cup of cocoa by the fire. Often small, simple acts of caring make a big impact. Consider, for example, simple things like dropping someone a short friendly note just because you were thinking of them, or cooking for a neighbor just because it makes you happy. How about inviting someone for coffee? What about introducing two people who don't know each other? Or smiling and saying hello to the next person who passes by.

A bit of reflection can help each of us discover how to make best use of our capacity as individuals to do good. Therefore, as a social worker, I encourage you to look inside yourself to discover ways you personally can do *mitzvot* by using your own experience, interests, knowledge or skills. What are *your* unique gifts and how can they make a difference for others?

For instance:

Do you drive? Offer to drive someone where they need to go. Find an organization that needs drivers to deliver meals or escort someone to an appointment.

Do you like to teach or share your interests/hobbies with others? Become a volunteer teacher and share your knowledge with children or other adults. Become a speaker for community groups on topics you know.

Do you knit? Find a community service project that donates handmade blankets for newborns or injured war veterans.

Does an ongoing volunteer commitment appeal to you? Local Jewish organizations are a great place to find volunteer opportunities. For instance, JSSA has many programs that help home-bound seniors in our community, including: friendly visitors and shoppers. JSSA Hospice trains volunteers to provide comfort, support and respite to hospice patients and their families. Please call JSSA's volunteer coordinator, Diane Hays-Earp at 301-816-2639 or dhaysearp@jssa.org, to discuss a full range of fulfilling volunteer opportunities. The Federation's Jewish Volunteer Connection also offers local volunteer opportunities and can be reached at 888-246-1818 or volunteer@shalomdc.com. office on short notice. Herb possesses the right mix of leadership and integrity to make an outstanding contribution during his tenure. He will do well.

JSSA's social workers have professional expertise in helping seniors address a broad range of issues. If you would like to discuss a relationship or other concern in a confidential and supportive environment, please contact me directly at (301) 816-2665 or bshapiro@jssa.org. Also, please visit www.jssa.org

Coming of Age & JRLW Leisure World

“American Jews & the Great Depression”

Speaker: Mollie Berch
Monday, December 13, 1:00 – 2:00 pm
RSVP by 12/3
Location: Clubhouse I Fee: \$6

Ms. Berch discusses the influence of the 1930s on Jewish life in America, with special emphasis on popular culture: music, films, radio, and even social crazes like “dancing in the dark” and the Rockettes. Particular attention is paid to the radio work of Mollie Goldberg, the music of the Gershwins, and the role of the *Forward*.

DAY @ THE J

JCC Health & Fitness Center FREE use on Days @ the J

Tuesday, December 14, 11:00 am– 2:30 pm
RSVP by 12/6

Jewish Community Center, 6125 Montrose Rd.
3-Course Hot Lunch \$5; Transportation \$5

11:00 AM “Get Fit While You Sit” w/ Karen
12:00 PM Hot Lunch
12:30 PM Discussion Group w/ Beth, CoA
Social Worker
1:00 PM Movie Matinee; My Name is Khan

Rizwan Khan, a Muslim man with Asberger Syndrome, lives happily with his wife, Mandira, in San Francisco until a tragedy drives her away after the 9-11 attacks. He’s on a quest to recapture the heart of the woman he loves. The film is about a relationship between two people, an individual and the State, and an individual and the Country.

DAY @ THE RING

Monday, December 20, 10:30 am- 2:00 pm
RSVP by 12/10
Ring House, 1801 E. Jefferson St., Rockville
3-course served hot lunch \$5; Transportation \$5

10:30 AM “Get Fit While You Sit” w/Karen
12:00 PM Served, Hot Lunch

1:00 PM Concert: Charles Mokotoff

Classical guitarist Charles Mokotoff plays masterful music with purpose and elegance. He is also a Renaissance lute player.

FOOD ‘N FUN

Wednesday, December 29, 12:30-2:30 pm
RSVP by 12/15

Holiday Lunch The Inn at Brookeville Farms

Join us for a delicious 3-course holiday lunch. While eating & schmoozing, you will be serenaded by live, background piano music.

Please choose one entrée when you call to register:

Choice # 1 Grilled Salmon w/ Lemon Butter
or

Choice # 2 Grilled Breast w/ Champagne-Basil Sauce

Cost: \$20/Lunch; \$5/Transportation from select sites

Location: 16900 Georgia Ave. Olney, MD

Come and learn more about the work of the Maryland Citizens' Health Initiative and the current status of health care in Maryland.



HAPPY CHANUKAH TO ALL

