



Jewish Residents of Leisure World

Silver Spring, Maryland

December 2013, Kislev - Tevet 5774

Newsletter Editor: Bernice F. Cohen 301-598-0192 Morton Davis President 240-242-3742

PLEASE VISIT THE JRLW WEB SITE - <http://jrlw.info>

PRESIDENT'S MESSAGE

VOLUNTEERISM



The word volunteer can be defined in many ways, using it as a noun it could be somebody who works for nothing, somebody who does something voluntarily, especially something undesirable. A verb would be to offer help, agree, undertake, come forward or even step up. Oh, there are so many ways to define the word volunteer, and yet I feel many of our Jewish Residents of Leisure World really do not know the meaning of the word.

We want to offer and do so much for our organization but it does take manpower. The Board that you elected cannot possibly do everything alone. We do need your help. We had a gathering at Clubhouse I a few weeks ago. There we tried to enlist a few volunteers with almost all of our board members present; it only recruited a few volunteers. We held a New Member Tea in Clubhouse I. Again, present were the Board members who could attend and once again very few members volunteered to be on committees. Is there something we are missing? Are there any suggestions? We cannot continue having the same people doing everything and having members complain about what is wrong. Let's make it RIGHT.

It is said that if you want something done, ask a busy person to do it, and it will be done. I think we have exhausted our busy people!!

If you are able and willing to commit yourself for a committee I would love to talk to you. I will find

something that fits you. Please call ME at 240-242- 3742.

As we close the year 2013 I want to wish you all a happy and healthy new year, and may 2014 find us a vice president!

Shalom,
Morty

Upcoming JRLW December Events

- | | | |
|-----|----|--|
| Tue | 3 | JRLW Bd Mtg. 7 PM CH II |
| Wed | 4 | Hadassah Bd Mtg 10 AM CH I
JWV Mtg CH I
Na'Amat Mtg with Liz
Crenshaw 12:30 PM CH I |
| Thu | 5 | Torah Study 2:00 PM CH I |
| Fri | 6 | JRLW Shabbat Reform
Svc Interfaith Chapel
8 PM CH 2 |
| Sun | 8 | JWV Brunch 10 AM CH I |
| Tue | 10 | CoA Lunch at Moti's
12:30 PM |
| Thu | 12 | JRLW & CoA speaker
1:30- 3:00 PM CH I
Jewish History in Iran |
| Sat | 14 | JRLW Shabbat Svc 9:15AM CH 2 |
| Sun | 15 | JRLW Brunch 10:00 AM CH I |
| Mon | 16 | Hadassah Study Group 1:30 PM
CH I |
| Tue | 17 | Na'Amat Bd Mtg 10:30 AM CH I

CoA Movie 1:30 – 3:30 PM CH 2 |
| Wed | 18 | Hadassah Mtg 12:30 PM CH I |
| Thu | 19 | JRLW Singles Lunch 12 Noon |

JRLW BRUNCH

Sheila Chodorov

The December JRLW Brunch will be held on Sunday, December 15th, 2013, at 10:00 am in the Crystal Ballroom in Clubhouse I.

The program for the morning will be presented by Beth Shapiro, LCSW-C, Senior Service Social Worker, for the Coming of Aging in Maryland, a program serving active older adults.

Please make your reservations by mailing your check, made payable to JRLW, in the amount of \$10.00 per person (members), \$12.00 per person (non-members), to Sue Sandler, 15115 Interlachen Drive, # 603, Silver Spring, Maryland, 20906, before Wednesday, December 11, 2013. If you wish to sit at a particular table or have a full table, please send the money for all the people together or insert a note indicating your wishes.



DECEMBER SERVICES

Friday Evening Reform Services will be held on December 6, at 8:00 pm in the Interfaith Chapel.

Saturday Shabbat Conservative Services will be held December 14, at 9:15 am in Clubhouse II. The Torah Portion will be Vayechi. Rabbi Moshe Samber will chant the Haftorah. Fred Shapiro will give the D'var Torah.

COMING ATTRACTION:

Movie Matinee: FILL THE VOID Hebrew, with English Subtitles

Where: Clubhouse II

When: Wednesday, January 29, 1:30-3:30pm.

Fee: \$6/LW Resident: Pay at E&R

In *Fill The Void*, writer-director Rama Burshtein paints an intimate portrait of life, love, tragedy and tradition within the world of Israel's ultra-Orthodox Hasidic Jews. When Esther dies during childbirth, leaving her husband to care for their infant, her sister, 18-year old Shira, is pressured to marry him to keep the family together. In this world where rabbis, fathers and matchmakers decide who marries whom, can Shira make an independent decision? Discussion will follow film-viewing.



JEWISH PHOTOS

It's been said that a picture is worth a thousand words.

Shalom Life recently searched the virtual darkrooms of photographers across the globe in a quest to find and provide to you, 18 of the most iconic, timeless, and relevant Jewish-themed photos. Whether these famous photos are the representation of events of historical significance, political importance, watershed moments or just plain, good old fun, sit back, relax and enjoy these precious pictures worth 18,000 words of Jewish life!

<http://us.shalomlife.com/printArticle/17537/>

Please enter this website on your computer. The pictures are amazing.

DEADLINE: THE DEADLINE FOR THE JANUARY NEWSLETTER IS DECEMBER 10. ARTICLES SUBMITTED AFTER DECEMBER 10 WILL APPEAR IN THE JANUARY NEWSLETTER.

WE REMEMBER THEM

OUR SINCERE CONDOLENCES TO THE FAMILIES OF:

Libby Rubin.

Norma Wolf.



JRLW SINGLES

Anita Van Grack

The next JRLW Singles luncheon will be held Thursday, December 19, at 12 noon. The luncheon will be held at Ruby Tuesdays. Please call Anita Van Grack at 301-438-1431 for reservations and any further information. There has been so little interest in our luncheons that from now on they will be held every other month.

"A Place to Remember"



JRLW Members contact Fred Shapiro for Discount info!

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GOOD AND WELFARE

Mazel Tov to Johanna Weiss on her special birthday.

Our love and best wishes to Murray Seid who is recuperating in the Hebrew Home.

Get well wishes to Florence Wolfe who is currently in the Hebrew Home.

Larry Stone suffered a heart attack. We hope he is up and around by the time this Newsletter is received.

Mazel Tov to Audrey Frank on the marriage of her granddaughter Erica Frank to Sean Kruglak.

To all our snowbirds: May you have a safe trip and return in good health. We will miss you. Mazel Tov to Marian and Jesse Kaiser on the marriage of their daughter Anne.

Phyllis Hutt is now in Brooke Grove Rehab Center. If you would like to speak with her, her phone number is 301-570-8474. She misses her friends and her home. We all miss her and send her our good wishes.

WE WELCOME OUR NEW MEMBER!

Adree Llanes 15101 Interlachen



NEWSLETTER STAFF

Bernice Cohen – Editor

Nate Sternberg – Layout

Fred Shapiro – Business

Shirley Griffin - Asst. Editor

Rae Paley - Recipes

A Taste of 2700 Years of Jewish History in Iran

Enjoy Traditional Persian Dancers
Followed By a Talk About The History of
Jews in Iran

David Firestone

A program will be presented by JRLW and CoA on Thursday, December 12, 1:30-3pm in the Maryland Room, Clubhouse I. The program will begin with traditional folk dances and continue with a talk by Rabbi Daniel Golfeiz, Executive Director of the Ohr Hamizrach Sephardic Center in Baltimore. Tickets will be available at the E&R Office in Clubhouse I for \$6 per person, checks only, payable to JRLW.

The program opens with a cultural taste of three Persian traditional folklore dances in beautiful costumes, presented by the Nomad Dancers who have performed in many venues in the United States as well as Italy, Greece, India and Afghanistan.

Rabbi Golfeiz will tell us about what brought Jews to Iran and their lives there, both historically and to the present. He welcomes your questions. Following the presentation, we will serve light Persian sweets, providing an additional opportunity to socialize and enjoy the refreshments with others.

The GALILEE ESKIMOS

The movie, "The Galilee Eskimos," will be shown in Clubhouse II on December 17, at 1:30 pm. Tickets are available at E&R.

One of the most charming films of the year, "Eskimos" is about coming out of a deep sleep and finding out that life is, indeed, worth living. It is a broad stroke of dignity and self-worth in a world of misplaced values. It is an acknowledgement of the beauty that life has to offer. It is caring while accepting the course of destiny.

An old Kibbutz isolated in the Hills of Galilee in Israel finds itself immersed in deep debt and threatened by lawsuits from bankers and

creditors, threatening bankruptcy. On the evening prior to the arrival of the bailiffs, the great exodus begins. Men, women and children abandon their homes, taking with them all of their possessions. The sun rises over an abandoned and desolate kibbutz. No living soul can be seen. Twelve senior citizens awake in the kibbutz old-people's home to discover they have been deserted and left to fend for themselves. The group initially sinks into deep depression, but later begins to organize an effective communal unit. They begin to rebuild the kibbutz. The Galilee Eskimos is a movie about the latent power revealed when seniors are abandoned and left alone to determine their own fate.

What's Cooking in the Kitchen?

Submitted by Rae Paley

Sent to Me Anonymously

Squash-Apple Soup

1 large butternut squash, peeled, seeded and cut in 2" chunks
2 large onions, cut into chunks
3 garlic cloves
2 apples, peeled or not, seeded and cut into chunks
2 T vegetable oil
Salt and pepper to taste
3-5 cups chicken broth

Toss squash, onions, garlic, apples, vegetable oil, salt, and pepper together. Roast at 400 degrees for 40 minutes, until tender. Stir every 10-15 minutes while roasting. Place in a Dutch oven or blender with chicken broth. (either blend or emulsify) Get the consistency you want. Heat it all together and serve hot.



I wish you a healthy, peaceful New Year.

Please consider emailing me healthy dishes to share with others in JRLW.
dadshome07@gmail.com

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Kislev 28	2 Kislev 29	3 Kislev 30 JRLW Board Mtg 7PM CH 2	4 Tevet 1 Hadassah Bd Mtg 10AM CH 1 JWV Meeting CH 1 Na'Amat Mtg Liz Crenshaw 12:30PM CH 1	5 Tevet 2 Torah Study 2PM CH 1	6 Tevet 3 Candle lighting 4:28PM Reform Svcs 8PM Interfaith Chapel	7 Tevet 4
8 Tevet 5 JWV Brunch 10AM CH 1	9 Tevet 6	10 Tevet 7 CoA Lunch 12:30PM Moti's	11 Tevet 8	12 Tevet 9 JRLW & CoA Speaker 1:30-3PM CH 1 Jewish History in Iran	13 Tevet 10 Candle lighting 4:28PM	14 Tevet 11 Shabbat Svcs 9:15am CH 2
15 Tevet 12 JRLW Brunch 10AM CH 1	16 Tevet 13 Hadassah Study Gp 1:30PM CH 1	17 Tevet 14 Na'Amat Board Mtg 10:30AM CH 1 CoA Movie 1:30-3:30PM	18 Tevet 15 Hadassah Meeting 12:30PM CH 1	19 Tevet	20 Tevet 17 Candle lighting 4:30PM	21 Tevet 18 Candle 8
22 Tevet 19	23 Tevet 20	24 Tevet 21	25 Tevet 22	26 Tevet 23	27 Tevet 24 Candle lighting 4:34PM	28 Tevet 25
29 Tevet 26	30 Tevet 27	31 Tevet 28 HAPPY NEW YEAR				

ASK THE PHARMACIST!



Laurie Buonaccorsi, Pharm D

Brand Name vs. Generic Drugs What is the Difference?

Generic drugs are versions of brand-name drugs that have exactly the same dosage, intended use, results, side effects, administration route, risks, safety, and strength as the original drug. They are often substantially cheaper than the brand-name versions and the FDA (U.S. Food and Drug Administration) requires that generic drugs be as safe and effective as brand-name drugs.

Generic drugs are cheaper because the manufacturers have not had the expenses of developing and marketing a new drug. Myths that generic drugs are manufactured in poorer quality facilities or are inferior in quality to brand name drugs simply aren't true. The FDA applies the same rigorous standards for all drug manufacturing facilities and many companies manufacture both brand name and generic drugs. In fact, the FDA estimates that 50% of generic drug production is done by brand name companies.

You should know that each version of a drug may have a different color, size, shape, flavor, or combination of inactive ingredients. While the appearance of the drug may be different, the effects will always be the same.

Have more questions? Call MedStar Pharmacy at 301-598-1005.

DECEMBER PROGRAMS AT HAR TZEON-AGUDATH ACHIM

Events in the morning program:

11:00 am Exercise with Mim Parizer.

LUNCH AT NOON

Afternoon programs at 1:00 pm:

Yiddish Class with Marcia Levinsohn.

December 5 - Fun and
Fancy; Fantastic Variety
Entertainment!

December 12 - Judith Mostyn White and
Diane Arcieri; Jewish music by the String
Tied Harpists

December 19 - Program sponsored by The
Golden Network

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Contact Ellen Zweig at 3210 N. Leisure Word Blvd., Apt 504, Silver Spring, MD 20906, or call her at 301-598-2144 between 9:00 am and 9:00 pm.

Beatrice Weinstein - a prayer book in memory of Eleanor Ostrinsky

Gail B. Leon – Torah Fund donation in memory of Howard A. Hays, Jr.

KRISTALLNACHT PROGRAM A BIG SUCCESS

Fred Firnbacher

As program coordinator of the Kristallnacht Memorial Service I would like to thank the participants: Allan Firestone, Morton Davis, Rabbi Gary Fink, Susan Weiss, Rudy Winternitz, Cantor Mike Kravitz, Joe Turtil, Larry Rosen, Bernice Cohen and Eugene Miller. Also, many thanks to Lisa and Stanley Friedman, who gave out the programs.

TZEDAKAH & ONEG/KIDDUSH DONATIONS

For information about Tzedakah donations or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906

Tzedukah Donations

Yiskor donation by Henry Sherr in memory of his parents Rae and Pincus.

Yiskor donation by Cecilia and Louis Honig in memory of their parents Jacob and Gitel Appel and Yetta and Martin Honig.

John F. Downey in memory of his daughter Stacy Friedman.

Sheila Chodorov in memory of Max Reiss, brother of Alvin Reiss.

Irene and Leonrd Silver in honor of Shirley Rosenhaft's special birthday.

Ellen Hamburg, daughter-in-law of Abe Hamburg, in honor of her dressing the Torah on Yom Kippur at the Conservative Services.

Etta Kline in memory of her husband Ira Kline.

Yiskor donation by Kitty Horer.

Irene Spector in memory of a good friend Libby Ruben.

Kiddush and Oneg Donations

Kiddush donation by Marilyn and Seymour Hein in honor of their birthdays.

Laura And Sid Sussan in honor of the recent birth of their granddaughter Jasmine Lilly Terry.

Kiddush donation by Morris Elbaum in honor of the birth of his great granddaughter.

Oneg donation by Charles B. Krieger Post 567 Jewish Veterans at Leisure World.

Madeline and Fred Shapiro donation to be used for Onegs and Kiddush.

KIWANIS JOINS WITH JRLW MEMBERS FOR JCA INTERAGES PROGRAM

Fred Shapiro

Kiwanis Club is seeking volunteers to partner with Interages, a program of the Jewish Council for the Aging (JCA), to mentor students at the Argyle Middle School, 2400 Bel Pre Road, Silver Spring.

Interages staff provide language-enhancing activities. Mentors are encouraged to share their own interests and hobbies. These students have migrated to the US within the last three years and need additional opportunities to practice English and the caring attention of a mentor to boost their self-confidence. Mentors meet in a group setting on Wednesday of each week from 2:45 pm to 4:15 pm (October to May). or further information, please contact Heather Benjamin-Alexis at 240-433-0948.

Mt. Scopus Hadassah

Barbara Eisen

Mt. Scopus Hadassah wishes everyone a very happy Chanukah.

On Wednesday, December 18, in Clubhouse I, Cantor Michael Kravitz will present a program on "Jewish Music in Pop Culture." His previous presentations were very entertaining. We can expect this December's program to be terrific also. Socializing begins at 12:30 pm and the meeting starts at 1:00 pm in Clubhouse I. All Leisure World residents are welcome to attend.

The Mt. Scopus Judaic Study Group will meet on Monday, December 16, at 1:30 pm in Clubhouse I. The group will continue its studies of the minor prophets of the Bible. For further information call Joan Lees (301-598-3768).

Mah-jongg cards are now being sold for March of 2014. The price is \$8.00 for regular print and \$9.00 for large print. The cards can be purchased by sending a check payable to Hadassah to Renee Lease, 15115 Interlachen Dr., #924, Silver Spring, MD 20906 by January 24. If you have any questions, please call Renee (301-598-3438). The cards will be delivered in March.

The \$5-Per-Month Club for donations to the Hadassah Medical Organization (HMO) is well underway. The first 45 people who join the club will receive a tote bag. The donations will be collected at each monthly meeting. Donors will be listed in the *Mt. Scopus Bulletin*.

The Hadassah slogan for this coming program year is "Choose Where to Make Your Impact." Some choices are Medicine & Healthcare, The Sarah Wetsman Davidson Hospital Tower, Youth and Education, US Initiatives, Scholarships, and Enhancing the Land of Israel. There are several annual giving clubs. The donation for the new Chai Society is \$180. The charge for the Seeds of Tomorrow program is increasing from \$500 to \$540 in 2014. For more information on how to contribute, call the chapter office (301-881-8203). Hadassah needs your help to meet its obligations and to provide the best services possible to all our areas of impact.

NA'AMAT NEWS

Ruth Reid

Now that the year 2013 is coming to a close, I know what you are thinking: "Where did the year go?" It is once again time to think about making New Year's resolutions. I have given it much thought and came up with this one: call an old friend or make a new one or do both!

Our last meeting of the year is an open meeting (all at welcome to attend) on Wednesday, December 4, in Clubhouse I at 12:30 pm. We are happy to tell you that our guest speaker is Liz Crenshaw of NBC-TV News. Her segment on the show, "Does this really work?" is always fun, interesting and revealing. She doesn't hold back; she tells it as it is.

To all our snow birds: Have a good winter. We will miss you. To all our no-snow birds: Have a good winter. We will get our thinking caps on and plan some exciting events for you during the coming winter months.

First on the agenda is a play at Theater J on Sunday January 5, 2014. It is a 3 pm matinee called, "Our Suburb," a world premier by Darran Cloud. It is about Skokie, Illinois, in 1977 and an event that caused concern there and two families whose lives were affected by it. After the theater we will go to Alfio's La Trattoria for dinner. Contact JoAnn Cadeaux at 301-438-0737 for more information

We at Na'Amat never forget our purpose which is fund raising and doing our share for the children and women in Israel who need our support, the day care centers, the shelters for women and the scholarships for students. These all make life a little better, a little easier and give hope to those who need it.

We want to wish you and those you love and care about a happy, healthy new year, peace on earth and good will toward all.

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Doris can't wait to get started every morning at Ring House.

Because here, the facts of everyday life don't create limits to activity and independence. Doris has formed abiding friendships with her neighbors, with whom she lives, eats and kibbitzes. She participates in an unparalleled schedule of social programs, with choices from creative writing to yoga, frequent outings to the Kennedy Center and shopping. And our chefs prepare a delicious kosher breakfast and dinner every day. Doris is surrounded by gracious amenities: a sunny pavilion, expansive lobby, intimate card

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Happy New Year!!



