

Jewish Residents of Leisure World

Silver Spring, Maryland

Febrary, 2011, Sh'vat - Adar 1, 5771

Newsletter Editor: Bernice F. Cohen 301-598-0192 Website: http://www.jrlw.org



JRLW President's Message

This poem was handed to me and I want to share it with the members of Jewish Residents of Leisure World.

Are you an active member, The kind that would be missed? Or are you just contented, That your name is on the list?

Do you attend the meetings, And mingle with the flock? Or do you sit at home, And criticize and knock?

Do you support all projects, And try to make them tick? Or leave the work to just a few, And talk about the clique?

Attend each and every meeting, And help with hand and heart. Don't just be a member, But take an active part!

Think this over, member. You know right from wrong. Are you an active member, Or do you just belong?

Anonymous

Shalom, Dolly Solomon

Upcoming JRLW February Events

2 nd Wed.	Hadassah	Bd Mtg 10:00
2 rd Wed.	Na'Amat	Reg Mtg 12:20
4 th Fri.	Reform Svcs	Interfaith
8 th Mon.	Newsletter De	adline
9 th Wed.	JWV Bd Mtg	
9 th Wed	B'nai B'rith Bd	l Mtg 7:30 CH 1
12 th Sat	Conservative	Svcs CH 2
14 th Mon	JRLW Board I	Meeting
15 th Tue.	Na'Amat Bd M	1tg 10:00 AM
16 th Wed.	Hadassah Ga	me Day
17 th Thu.	Singles Mtg C	hesapeake Rm

JRLW TELEPHONE LIST FOR THE YEAR MAY 1, 2010 -- MAY 31, 2011

Officers:

President	Dolly Soloman	301-598-1955
Vice-President	K. Neil Ross	301-598-2994
Treasurer	Mille White	301-438-0211

Directors:

JRLW Newsletter	Bernice Cohen	301-598-0192
Education	Mort Rudo	301-598-1153
JRLW Singles	Anita Van Grack	301-438-1431
Membership	Sue Rudo	301-598-1153
Programs	Sheila Chodorov	240-449-0229
Religious Materia	s Ellen Zweig	301-598-2144
Religious Service	s Allan Firestone	301-598-7311
	Gerry Sommer	301-598-6789
Shiva Minyamin	Egon Guttman	301-603-9415
Tzedakah	Susan Weiss	301-460-6030
JRLW News Artic	les David Firestone	301-871-7454
JRLW Calendar	Gerry Sommer	301-598-6789

Religious Services Snapshot

JRLW together with Shaare Tefila Congregation, are conducting services every Sunday morning at 8:45 AM and minyans Sun thru Thu 7:30 PM in the Clubhouse II Café'.

Friday February 4th evening Reform Shabbat Services 8 PM at Interfaith Chapel. Services will be led by Rabbi Gary Fink. Ed Laskin will lead the Choir. Services will be sponsored by JWV.

Saturday February 12th morning Conservative Services will be at 9:15 in Clubhouse II. Services will be led by Cantor Michael Kravitz. Preliminary Service will be led by Justin Kramer. Haftorah will be chanted by Steven Kline and D'var Torah will be recited by Bernice Blumenthal. Shacharit will be led by Cantor Kravitz.

A SHIVA MINYAN

We have had several cases recently where, unfortunately, there was a need for a shiva minyan for one of our members here in Leisure World. If you hear of such a need in your building, it is a mitzvah and the 'menshlich' thing to do to attend the shiva minyan for at least one or two nights. In many of our multi-unit buildings - especially the high-rises - there are probably enough people to form a minyan without needing anyone outside of the building. An evening minyan will take ½ hour or less of your time. But to the grieving family, your attendance may mean the difference of being able to say their prayers or not. Please help out if you can.

DEADLINE FOR THE MARCH NEWSLETTER IS FEBRUARY 8th.
ARTICLES RECEIVED AFTER THE DEADLINE WILL APPEAR IN THE NEXT ISSUE.

FEBRUARY BREAKFAST FORUM

The February Breakfast Forum will be held on Sunday, February 20, 2011, at 10:00am in the Crystal Ballroom. The program will feature Susan Michael. Director of the U.S. Branch of the International Christian Embassy Jerusalem and a member of the International Board of the ICEJ in Jerusalem who will discuss some of her family history, the reasons for Christian Zionist support for Israel, the history and work of the Christian Embassy, and challenges of the Jewish-Evangelical relations. For reservation, send check payable to JRLW of \$5.00 per member (\$8.00, non-member) to Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, MD 20906. Check should be received before February 17, 2011.



JEWISH SINGLES

The next meeting of the JRLW Singles Group will be held on Thursday, February 17, at 3:00 pm. We will have a slide show presentation given by Fred Shapiro.

There will be a luncheon at the Country Buffet at 12:00 on Thursday, March 24. Please Call Anita Van Grack at 302-438-1431 to make a reservation.

Religious Committee

I was out of the country, on business, for about two months. During my absence it fell to Gerry Sommer and the rest of the Religious Committee to handle all the problems of handling the Religious Services of JRLW. I want to take this opportunity to thank them all for a great job.

While I was out of the country I missed several special occasions: Joan Engelman's Bat Mitzva, Cantor Michael Kravitz's 50th birthday and, to inaugurate 2011, we celebrated Abe Hamburg's 90th birthday. Mazel Toy to them all.

While I am on the subject of special services I want to remind everyone that it would be great if any donations in honor of those three would be directed to the Torah Fund. I hope that at some point we will have enough in the fund to purchase a smaller Torah that we seniors can handle.

Looking to the future we need to make sure that we have enough volunteers to handle all the little tasks that ensure a smooth running of the Friday night and Saturday morning services. For those who do not volunteer I will be calling on you to donate some of your time to JRLW religious services.

In addition, we need to start work on our High Holiday services. As most of you know, B'nai Shalom of Olney acquired brand new Machzorim and we, in turn, received about 250 of their Rabbi Harlow Machzorim which are much more modern than the ones we have been using. We now have to revise our schedule of Conservative services to fit our new Machzor and start on a new list of honors. We could use another 50 or so new Machzorim to be sure we have enough and we hope that some congregants will make donations to help us in this case.

Last, but by no means least, we would like to hear from members who attended the Reform Services to let us know how the services went with a new Rabbi and new Cantor. We would love to hear from you at afire201@verizon.net

Allan Firestone

NEWSLETTER STAFF

Bernice Cohen – Editor Nate Sternberg – Layout Fred Shapiro – Business Shirley Griffin - Asst. Editor

WELCOME NEW MEMBERS

Doris Weiss – 3005 S. LWB Elaine Ross – 3200 N. LWB Alice Rosen – 3310 N. LWB Ted & Cynthia Snyder – 3200 N. LWB

Sue Rudo, Membership Chair

FUNERAL INFORMATION

If you are a member of JRLW you are entitled to a considerable discount when you have to deal with a funeral parlor or a cemetery. JRLW has an agreement with Sagal and Danzanksy Funeral Homes for a discount. We also have an agreement with Judean Gardens for burial arrangements. If you have any questions, please call Harvey Chidel at 301-438-1151.

WINTER WEATHER ALERT

It is the policy of JRLW that any scheduled meetings or events will be cancelled if Montgomery County schools are closed the day the meeting is to be held.

Volunteers are needed for Friday night services which occur the first Friday of the month. Jewish items are set up in the Interfaith Chapel before the service and removed afterwards. Please call Mort Rudo at 301-598-1153 if you can help.



CONDOLENCES

The residents of JRLW offer their condolences to the families of the following:

Belle Schecter Blossom Karben Fred Cohen Joyce Schwartz Anita Hack

May their memory be a blessing

GOOD AND WELFARE

Congratulations to Abe Hamburg on his 90th birthday. Abe did a tremendous job celebrating his birthday and the anniversary of his Bar Mitzvah by conducting Scharit and chanting the Haftorah at the January Shabbat services.

Bernie Kahn would like to thank all the kind residents who have taken the time to call and visit him during his recent illness. We are all happy to see Bernie up and around again.

Marion Seltzer has not been well. We all send her our good wishes and want her to know we are thinking of her.

We hope all of our "snowbird" friends are enjoying the Florida weather. We look forward to your return this spring. Harvey Chidel underwent a surgical procedure, but is now home and feeling better. We send him our good wishes. Congratulations to Mim Parizer on the birth of a great granddaughter.



EDUCATION PROGRAMS

Tuesday, March 15, 2011: Great Songs of the 20th Century. Norm Katz, a native Washingtonian, invites you to reminisce through the songs of Berlin, Kern, Porter, Warren, Rodgers, Hammerstein, Gershwin, etc. Norm has spent over 45 years playing for shows and has played for over 114 different musicals. He will present songs that have become a part of who we are – songs of love, songs of love at first sight, songs of remembrance and remorse. Some may wish to follow the lyrics or just sing along. 10:30 am. Clubhouse I – Fee \$6.

Tuesday, March 29, April 5, April 12, 2011: Lessons Learned from the Holocaust: Neil Newman is a charter member of the Holocaust Museum and a volunteer who conducts tours of the Permanent Exhibit as well as the special exhibits at the Museum for select visitor groups. He joins us again to follow up from the first series of lectures. In the three sessions of this seminar, we will "HOW" and discuss the "WHY" Holocaust occurred and how the lessons learned from the Holocaust are and should be applied in today's world. We will address the fact that Holocaust did not "just" occur "instantly" in the 1940's but is part of a historical continuity. During the course of the program, we will be discussing "The Most Frequently Asked Questions" regarding the Holocaust utilizing both the instructor's questions and those presented by the participants. 10:30 am, Clubhouse I,- Fee \$18.

NOMINATING COMMITTEE

In accordance with the By-laws of the Jewish Residents of Leisure World, a Nominating Committee has been appointed by our President, Dolly Solomon. The names of the members of this committee are to be published in the February Newsletter. They are: Nate Sternberg, Walter Budman, Mort Rudo, Anita Van Grack and Neil Ross.

PHYLLYS HUTT'S CORNER:

OY, VEY! PAPA'S DEAD! SEND FOR THE PHOTOGRAPHER!

I never aspired to be a writer. An observer? Yes. A storyteller? That, too. But someday, if I ever do write the Great American Novel, this story will emerge from one of the back burners. Some stories seem to be too outlandish to be true, but you know what they say about truth versus fiction.

My father was the only child of Freda and Nathan Steinberg, born to his parents late in their lives. His father was fifty-something and his mother in her mid-forties at the time of his birth, extraordinary in those years when childbirth at that age was so dangerous. They were the lean years, where there were very few, if any, conveniences and pleasures. At the turn of the century, long before the era of the iPad, HD TV, cell phones, etc., that which had been available was mostly for the rich. Those who had a telephone "shared" it with neighbors and friends. And, of course, no one - - - but NO ONE - - - owned his own camera. If you wanted a photograph for any occasion, you either went to the photographer's studio or he came to your home. A photograph was a luxury.

When I was growing up, there was always a large, black-framed photograph of a rather stern-looking man, balding, with staring eyes, a thick, dark moustache, and possessing a rather scary countenance. My two sisters and I were quite intimidated by it. Over the years, it seems that this picture was not given much respect. In our house in Philadelphia, it was up against the wall in the coal bin. In another residence, it was in the garage, near ladders and cans of paint......never in a place of prominence.

We children always asked my mother, "Who is that man and why do we have his picture?" The answer was usually something like a mumbled, hard to decipher, "Oh, yes, that's someone in Daddy's family" or "Ask Daddy who it is." Whoever it was, I thought, must have fallen into great disfavor in some way. Still, it was not tossed out until many years later, when Mom moved into assisted living, and there was hardly enough room there for the "good" pictures.

A tremendous ownership battle for the photo then ensued between me and my sisters, each of us demanding that the other take it. After tediously coaxing my mother, we managed to wrest the truth from her.

It seems that one afternoon Freda and Nathan were all dressed up and preparing to go to some social event, when all of a sudden Nathan collapsed. It was quickly determined that he had passed on. The thought suddenly occurred to Freda that she had no likeness of her husband, no memento, no keepsake, no way to remember his face. They had never gotten around to having a formal portrait done, not even able to afford one at their wedding.

Apparently, to Freda, there was only one way to handle this emergency, and since Nathan was all dressed up anyway, she took the only avenue left open to her at that time. "Oy, vey", she cried, "Papa's dead! Send for the photographer!"

And so the photographer, even though on short notice, came to the house, propped up Grandpa on a chair, and took a formal picture. Problem was that his eyes, of course, were closed. When the photo was developed, the photographer drew in dark eyes over the closed lids, which caused it to have а wild and unnatural appearance. Being an only child, my father was the recipient of this "inheritance", and it hung around our house literally and figuratively, for years. Although I regret it now, reluctantly decided to let go of the past, and donate the gruesome likeness to charity.

That was when it went to Good Will Industries. I hope someone can at least utilize the frame.



RECIPE CORNER



Lucky Malamut

1 Large Challah, 7 Eggs, 3 Tbsps Maple Syrup, 2 Sticks Butter, 1 1/2 cups light brown sugar, 2 cups milk, 2 Tbsps vanilla, 1 9x13 pan

Melt butter ,sugar and syrup in a bowl. Mix eggs, milk & vanilla in second bowl. Rip challah into pieces and lay in bottom of pan. Pour contents of both bowls over challah. Mix around and put back in flat shape. Cover tightly and refrigerate overnight. Bake uncovered at 350 degrees for 1 hour. Serve warm. Delicious!

Do **you** have a favorite recipe that you would like to share? We will be happy to print it. Just email it to bernifc@juno.com.

HAR TZEON-AGUDATH ACHIM FEBRUARY PROGRAMS

Thursday Morning Programs:

11:00am Exercise with Mim Parizer

or

Current Events with Judge Marvin Roth and Ed Morgenstern

1:00pm Yiddish Class with Marcia Levinsohn

Afternoon Programs:

Thursday, February 3 Mike Bloom "Make Humor a Part of Your Life"

Thursday, February 10 Liz Kruger "Jewish Love Songs"

Thursday, February 17 Ed Fritz "Mata Hari: The Notorious German Spy"

Thursday, February 24 Victor Dyni at the piano: "An Afternoon of Beautiful Music"

NA'AMAT NEWS

Na'Amat is planning a warm reception for our guest speaker Sheilah Kaufman. Ms. Kaufman's areas of expertise include a career as a cooking teacher, cookbook author, recipe developer and lecturer on food and food history. At our open meeting on Wednesday, February 2, 2011 in Clubhouse 1 at 12:30 P M in the Ballroom, Ms Kaufman's topic will be History of Chocolate and the Jews". Everyone is invited to what will be an interesting and "delicious" talk.

Looking ahead to Wednesday, March 2, 2011, we will have Debbie Levy, author, who will talk about her newest book "The Year of Goodbyes"...It is a true story of friendship. family and farewells. In addition to her talk there will be a presentation.

Not too early to think about spring. A bus trip to historic Savannah Georgia (April 3-9) is planned. In addition to Savannah we will visit Jekyll, St. Simons and Parris Islands. We will also visit Beaufort, South Carolina (Queen of the Carolina Sea Islands). Contact Adele Traurig for more information (301) 598-3977

Dates in February:

Open Meeting Wednesday, February 2, 2011

RBZ Board Meeting Tuesday, February 15, 2011

DEBBIE FRIEDMAN, JEWISH SONGWRITER, HAS DIED

Debbie Friedman, a popular singer and songwriter who is widely credited with reinvigorating synagogue music, has died. She died after being hospitalized in Southern California for several days with pneumonia. She was in her late 50s.

Debbie influenced and enriched contemporary Jewish music in a profound way. Her music crossed generational and denominational lines and carved a powerful legacy of authentic Jewish spirituality into our daily lives. She is best known for her composition "Mi Shebeirach," a prayer for healing that is sung in many North American congregations.

Please join us for a complimentary lunch and tour of our community!



A SUNRISE SENIOR LIVING COMMUNITY

Please call Beth or Diana at (301)598-2900 to schedule a personal visit

Independent Living,
Assisted Living,
Nursing & Rehabilitative Care

FEBRUARY COMING of AGE PROGRAMS

For registration and information, call 301-348-3832.

"Wednesday, February 9, 11:00-2:00 PM RSVP. 2/2

Day @ The J 6125 Montrose Rd. Rockville 3-Course Hot Lunch \$5; Transp. \$7 (from select sites) 11:00 AM-12:00 PM – Get Fit While You Sit w/Karen

12:00 PM- Hot lunch 1:00-2:00- Steve Gellman, folk singer, songwriter, and acoustic guitarist

Monday, February 14, 10:30 – 2:00
PM RSVP. 2/4
Day @ The Ring
1801 E. Jefferson St., Rockville
4-Course Served Hot Lunch \$5; Call CoA for transportation needs
10:30 AM- Chair Exercise w/ Karen
12:00 PM Hot Lunch
1:00 PM- "Fascinatin' Rhythm" Cabaret
Vocal/Piano Duo- Love songs from the Big

Band Era, Broadway, and Sinatra favorites

Friday, February 18, 1:00-2:00
PM RSVP. 2/8
Leisure World
Dr. Eric Keel; Docent from the Kreeger
Museum - Slide presentation on the French
Painter- Bonnard
Clubhouse I - Fee: \$7

Wednesday, February 23, 12:30-2:30 RSVP. 2/14 Food 'N Fun Fire Station Restaurant 8131 Georgia Ave. Silver Spring, MD Game:Bingo! Win Prizes! Fee: \$18/Trans. (from select sites) (Continued on Page 8) Monday, February 28, 1:00 PM-2:00
PM RSVP 2/18
Leisure World
Three Boys Night Out; Blue Grass/Folk music
Clubhouse II - Fee: \$7

in memory of Joyce Blumberg Schwartz.

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Fund or Prayer Book Fund for a minimum donation of \$25.00. Contact Ellen Zweig at 301 598-2144 between 9:AM and 9:00 PM. No calls on Shabbat, please.

Sonya Korenblit & Hy Hirshberg Torah Fund donation in Honor of 22nd Wedding Anniversary of Cantor & Mrs. Kravitz

Lorraine K Kramer Torah Fund donation in memory of beloved Brother Alvin Kugler and Parents Clare & Joseph Kugler

Mona & Sol Freishtat Torah Fund donation in Honor of 90th Birthday of Abe Hamburg

Sally & Al Weisenfeld Torah Fund donation in Honor of Helen & Josh Bass on their 60th Wedding Anniversary

Sally & Al Weisenfeld Prayer Boook donation in memory of our Sister Marion Katz

Lynn & Arnold Cooper a Prayer Book in memory Ze'ev Israeli beloved Brother of Ken Israeli

Linda Elbez & Rosellin Blatt Torah Fund donation in Honor of Joan Engleman's Bat Mitzvah

Rhoda F. Krens Torah Fund donation in Honor of Abe Hamburg's 90th Birthday

Mim Parizer a Prayer Book in Honor of the 90th Birthday of Abe Hamburg (from one 90'er to another 90'er)



HELPFUL STEPS TO REDUCE DAILY WORRIES



By Beth Shapiro, LCSW-C Coming of Age in Maryland Jewish Social Service Agency

Throughout history, some of the greatest leaders and thinkers have been burdened by worrying. Julius Caesar said, "As a rule, what is out of sight disturbs men's minds more seriously than what they see." And contemporary poet Maya Angelou observed, "We spend precious hours fearing the inevitable. It would be wise to use that time adoring our families, cherishing our friends, and living our lives."

Worry is, in fact, a natural part of life. Our safety, happiness, financial security and relationships can cause many of us to fret. Yet, worries can take up too much time and negatively impact moods leading to a variety of aches and pains.

Yet some worries can spur us to act, creating what mental health professionals call healthy stress. Healthy stress increases the body's ability to remain alert and ready to perform well under pressure; i.e., making a split-second decision while driving.

(Continued on Page 9)

These simple techniques can reduce anxiety.

Talk out problems. Turn to a friend, family member or a trained therapist. JSSA can send a therapist to your home if you are unable to get to our office.

Make larger tasks smaller. When working on a stressful task, break it into small steps. Completing each step will make you feel better. Benefit from others' knowledge. If you aren't sure how to get good information ask for help. Having a professional or an informed friend coach you and check on your progress can be a relief.

Keep busy. Engage in fun and relaxing activities that you enjoy. This helps distract you from your worries until you are able to tackle them.

Set priorities. Differentiate between large and small concerns. Make a to-do list, and act on your less stressful worries first to gain momentum.

Learn to melt tension. Deep breathing, visualization, light exercise, listening to music and being with people that make you happy are all good options.

The social work professionals at JSSA are available to talk with you about issues that concern you. To learn more, please contact me at (301) 816-2665 or email me at bshapiro@jssa.org.

TZEDAKAH & KIDDUSH DONATIONS

For information about Tzedakah donations, or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss. 3739 Glen Eagles Drive, Silver Spring MD 20906.

Carol and Alex Waganheim in memory of Ze'ev Israeli, brother of Ken Israeli. Beverly Itzkowitz in memory of Ze'ev Israeli, brother of Ken Israeli.

Shirley Collier in honor of the 70th Wedding Anniversary of Frances and Jack Schooler. Nan Vincent in memory of Ze'ev Israeli, brother of Ken Israeli.

Semi Feuer in honor of her Aliyah in December.

Iris Krieg and James Hardy in honor of Abe Hamburg's 90th Birthday.

Muriel and Murray Seid in honor of Abe Hamburg's 90th Birthday.

Flossie Chertok in honor of Abe Hamburg's 90th Birthday.

Bernice Cohen in honor of Abe Hamburg's 90th Birthday.

Rhea Eisman in honor of her brother, Abe Hamburg's 90th Birthday.

Millie Bahn in memory of brother of William Stein and Family.

Millie Bahn in memory of husband, father and grandfather Freddy of the Cohen Family. Edna Wilcove in memory of Blossom Karben. Naomi and Steve Kline in memory of Steve's father, Morris Kline.

Geraldine Scholar in honor of Abe Hamburg's 90th Birthday.

Jonas Weiss in honor of his Aliyah in January.

Bernice Cohen in loving memory of her relatives who are gone, but not forgotten: Kurt Friedman, Herbert Cohen, Rose and Sol Bosin, Doris Bosin and Morton Friedman. Jack and Carol Lerner in memory of Joyce Blumberg Schwartz

Mt. Scopus Hadassah

On Wednesday February 16, Mt Scopus will hold a Game Day Meeting in Clubhouse I. Play mah-jongg, bridge, dominos, Scrabble or just kibbitz. The cost is only \$7 and includes a delicious buffet with cheese and crackers, fruit, and homemade desserts. Send your \$7 check payable to Hadassah to Barbara Eisen, 3200 N. Leisure World Blvd. #810, Silver Spring, MD 20906 by Feb. 11 to reserve your seat. Payments will also be accepted at the door. Socializing begins at 12:30pm and the meeting starts at 1:00pm.

Hadassah and the Jewish Community Relations Council are sponsoring the "2011 Annapolis Advocacy Day and Legislative Reception" on Tuesday, Feb. 8, from 5pm-8pm. Meetings with State Legislators will be followed by a reception with cocktails and kosher hors d'oeuvres. Call 301-770-0881 for more information and to make your reservation. The fee is \$10. The bus to Annapolis will leave from Rockville.

The year 2011 is Hadassah's Centennial Year! We are celebrating 100 years of existence with a marvelous lifetime membership offer of only \$100. This applies to current annual members, new members, child members, and associate members. The offer is valid from January 1 through December 31. Call Sonya Korenblit (301-598-3497) for more information.

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the USA. Please contact the following to contribute: Hadassah Medical Organization (HMO): Sonya Korenblit (301-598-3497). IMA/Youth Aliyah: Helen Cubert (301-603-0061). Hadassah cards: Miriam Gilbert (301-438-3998). Hadassah certificates: Chapter Office (301-881-8203). JNF trees and water certificates: Natalie Lewis (301-598-4798).

BOYS' NIGHT OUT RETURNS TO LW FEBRUARY 28

JRLW and the JCCGW/Coming of Age Program welcome Leisure World residents to hear the outstanding musical combo BOYS' NIGHT OUT, performing Bluegrass, Folk, and Old-Time Music. Boys" Night Out will appear in the auditorium of Clubhouse II February 28th from 1:00 to 2:00 PM. Tickets are available in the E&R office for a donation to JRLW of \$7.00.

The Boys' Night Out Band performs a variety of American folk and bluegrass music on guitar, mandolin, and bass fiddle. Their music often includes some Irish songs and sea chants as well as some good old-time fiddle tunes to get your toes a tapping. The members of BOYS' NIGHT OUT are FRED NELSON on mandolin and sometimes guitar; ROGER WILLIAMS on guitar; and veteran bass player MIKE RITTER.

Fred, long active in Washington-area musical circles, also plays in the three other Virginia-based groups "New Mode Grass," Taste of Bluegrass," and the "Gospel ForJe." Fred, who lives in Springfield, Virginia, is a retired agricultural economist, formerly with the Department of Agriculture.

Mike plays several instruments and currently also plays with the Arcadian Band and the Not-So-Modern Jazz Quartet. In earlier times he was a member of the Hard Travelers Band. Mike lives in Takoma Park, Md., and has his own day-time business making films and videos.

Roger, a longtime guitarist and singer, is a writer and editor who lives in Northwest DC.

(See Page 12 for the rest of this article)

February

	Mon	Tue	Wed	Thu	Fri	Sat
		1 Sh'vat 27	2 Sh'vat 28 Hadassah Board Meeting Na'Amat Reg Meeting	3 Sh'vat 29	4 Sh'vat 30 Candle lighting 5:14PM JRLW Reform Services	5 1 Adar 1
2 Adar 1	7 3 Adar 1	8 4 Adar 1 Newsletter Deadline	9 5 Adar 1 JWV Board Meeting B'nai B'rith Board Meeting	10 6 Adar 1	11 7 Adar 1 Candle lighting 5:22PM	12 8 Adar 1 Conservative Services CH 2
9 Adar 1	14 10 Adar 1 JRLW Board Meeting	15 11 Adar 1 Na'Amat Board Meeting	16 12 Adar 1 Hadassah Game Day	17 13 Adar 1 JRLW Singles Meeting	18 14 Adar 1 Candle lighting 5:30PM	19 15 Adar 1
16 Adar 1	21 17 Adar 1	22 18 Adar 1	23 19 Adar 1	24 20 Adar 1	25 21 Adar 1 Candle lighting 5:38PM	26 22 Adar 1
23 Adar 1	28 24 Adar 1					

JEWISH RESIDENTS OF LEISURE WORLD



3700 Rossmoor Blvd. Silver Spring, MD 20906

Time Critical Information

Non Profit Org US Postage PAID Silver Spring, MD Permit No. 3275

BOYS NIGHT OUT RETURNS

The Coming of Age Program is funded by Governor Martin O'Malley's State of Maryland Budget and that of Ike Leggett in Montgomery County under the Department of Aging, and is planned and administered by the Jewish Community Center of Greater Washington in Rockville.

