



# *Jewish Residents of Leisure World*

Silver Spring, Maryland

February, 2012, Sh'vat - Adar, 5772

Newsletter Editor: Bernice F. Cohen 301-598-0192

Website: <http://www.jrlw.org>



## **JRLW President's Message**

I was very happy to see Janet Lazar, representing Mt. Scopus Hadassah, at the last JRLW Board meeting. I would like to see a representative from each Jewish organization here in Leisure World at our Board meetings. I believe this would foster better relationships between the different Jewish groups that fall under the umbrella of JRLW.

As I said last month, we will be highlighting different committee chairpersons each month in this column. This month I will spotlight Sheila Chodorov, Program Chairperson. Sheila is responsible for getting speakers and entertainment for our Breakfast Forums. This is one of the most difficult jobs of the Board. Each month she must put in many hours trying to find someone who will be of interest to our members. Some months she provides us with sheer entertainment; some months the speakers she gets present an informative program. Sheila is always open to suggestions from our membership. Thank you, Sheila, for all your good work.

As stated elsewhere in this Newsletter, the Nominating Committee is looking for people to serve on our Board. If you are interested, please contact Fred Shapiro.

I am looking forward to seeing you at the February Breakfast Forum.

Shalom,

Dolly Solomon

## **Upcoming JRLW February Events**

- Wed 1 Hadassah Board Meeting
- Fri 3 Friday Evening Services - Reform
- Mon 6 JRLW Board
- Tue 7 Advocacy Day
- Wed 8 JWV Meeting
- Sat 11 Saturday Morning Services
- Tue 14 JRLW & CoA -- "Jews of Argentina"
- Wed 15 Hadassah Meeting and Program
- Thur 16 JRLW Singles Mtg. and Lunch
- Sun 19 JRLW Breakfast Forum
- Mon 20 Hadassah Bible Study Group
- Tue 21 Na'Amat Board Meeting
- Wed 22 Class -- "The R-Rated Torah"  
(10 am)
- Wed 22 JRLW & CoA -- "The Essence of  
Judaism"(1 pm)
- Wed 29 Class -- "The R-Rated Torah"

### **JRLW BOARD ACTIONS:**

At the January JRLW Board Meeting the By-Laws Sub-Committee presented changes to be made to our By-Laws. The changes included the creation of two vice-presidents: an Administrative Vice-President and a Religious Activities Vice-President. In addition, four directors-at-large were added. The suggestions of the committee were accepted by the Board.

**THE DEADLINE FOR THE MARCH ISSUE  
OF THE NEWSLETTER IS FRIDAY,  
FEBRUARY 10. ANY ARTICLES RECEIVED  
AFTER THAT DATE WILL NOT APPEAR IN  
THE MARCH ISSUE!!**

## Religious Committee Report

### Allan Firestone 301-598-6684

The December-February season is rather quiet for the Religious Committee. In early December the JRLW community was invited by the Shaare Tefila Congregation to a special service of thanks to JRLW for hosting Shaare Tefila's weekday evening and Sunday morning services while the congregation was building its own sanctuary. Several members of the Religious Committee were honored with Aliyot.

Recently a resident of Leisure World made plans to get married and made all the necessary arrangements except for a Rabbi to actually perform the ceremony. Although the resident is not a member of JRLW, the Religious Committee was happy to arrange for a Rabbi to conduct the wedding ceremony.

On February 11, during our Saturday Morning service, Jerry Miller will chant the Haftorah and will also give the D'var Torah.

On March 10, Leonard Bosin will chant the Haftorah and Ed Laskin, our Choirmaster, will give the D'var Torah. Also, during that service we will celebrate Ed's 70th birthday.

We are also planning our future activities:

1. The next major activity will be the Second Passover Seder. This year the Second Seder will be held on April 7, in the Crystal Ballroom of Clubhouse I. Fred Firnbacher has graciously consented to conduct the Seder as he has done for a number of years.

While it is still early, we should start making our plans to attend the Second Seder. Last year we had a sell-out crowd and we expect the same this year.

2. After Passover we will begin work on the High Holidays and the first order of business is to ensure that we have clergy to conduct our services. Last year, we were fortunate to have Rabbi Gary Fink and Cantor Michael Kravitz

conduct our Conservative Services. We hope to have Rabbi Fink and Cantor Kravitz with us again this year. We do not know who our Rabbi and Cantor will be this year for the Reform Services, but the Religious Committee will work hard to ensure that we have the best possible clergy to conduct our services.

## FEBRUARY SERVICES

Friday Evening Services will be held on February 3. The Services will be Reform. Saturday Morning Services will be held on February 11. Jerry Miller will chant the Haftorah and will also give the D'Var Torah.

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## JRLW SINGLES

Anita Van Grack

In January, the Singles went to Tyson's Chinese Restaurant for lunch. The lunch was very well attended. Everyone had a good time.

Our next luncheon will be held on Thursday, February 16, at Jonathan's Restaurant on Norbeck Road. Anyone interested in attending should call Anita Van Grack at 301-438-1431.



## PHYLLYS HUTT'S CORNER

### NEVER MISS A CHANCE TO DO A MITZVAH

When my sister died last September, certain items that had belonged to my great grandparents came to me, among which was a heavily stuffed, tapestry upholstered high-back chair in which the Zayda sat when presiding over seders, holiday dinners and just to sit and read the Jewish papers. It sits in a corner of my daughter's dining room now, and I have sat on it, hoping to absorb some of the knowledge and kindness of my great grandfather, and even on occasion the Baba's gentle wisdom as well. One old "meinsa" that springs to mind when thinking of the "old folks" is the story of the day in the mid-twenties when an old man came into their little country store in Island Road, a suburb of Philadelphia. My mother was waiting on customers, and she said he looked like he was kind of down on his luck, hat and shoes frayed and worn, shabby coat. Initially, my mother, then in her teens, thought he was a customer, looking at the salami and schmaltz herrings in the barrel. A little while later, when the man had left, Baba asked about him. "He's a stranger," my

mother answered, "not a customer. He just wanted a "neduva" and I gave him a dime."

Whenever Mom told us this story, and it was often, she could never finish without wiping away tears. She said that her Baba then got up from where she was sitting, took her by the hand and said, "Come with me, Esther'l," leading her around the store. "Look around you," she said, "at all the great abundance that we are so blessed to have." They walked as if taking a daily constitutional, still holding my mother's hand. Pointing to the breads, cakes, dairy products and meats, she said, "You gave him a dime and that was kind. It was generous. But perhaps he was hungry and too ashamed to say so. Maybe at home he has a wife or little children or an old Baba, like me, also hungry." With a warm embrace, Baba said, "Mein kind, with all that we have to share, the next time someone comes in and asks for help, give him whatever he wants from among all of these things, and then you could give him a dime, too. After that, give thanks to G-d for the riches He has bestowed upon our family and a prayer that no people should go hungry."

The way Baba talked, you would think that they were wealthy. Actually, they were...but not with money. Their riches lay in their good name and the many mitzvahs attributed to them.

## CONDOLENCES



We offer our sincere sympathy to the families of the following:

Neil Kabatchnik  
Hyman Bernstein  
Richard Hecht  
Myer Rosenfeld

**May their memory be a blessing.**

## EDUCATION PROGRAMS

February 22, 29, March 7, 14

Rabbi Gary S. Fink is going to return by popular demand to continue his course on the "The R-Rated Torah: What You Never Learned in Hebrew School." We will explore stories of conflict and passion in the Hebrew Bible and in Jewish tradition.

Through the study of sacred texts we will look at how our ancestors dealt with jealousy, animosity, sex, repentance and reconciliation; and will include modern perspectives in our discussion as well. Rabbi Fink will expand our exploration of discord and infatuation to include stories from the Talmud and the Mishna. Classes are from 10 am to 11 am in Clubhouse I. The fee for the course is \$24.00.

## TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Send your check made out to JRLW to Ellen Zweig at 3210 N. Leisure World Blvd., Apt 504, Silver Spring, MD 20906, or call her at 301-598-2144 between 9:00 am and 9:00 pm.

Betsy and Fred Firnbacher in honor of Lucille Sherman's 90<sup>th</sup> birthday.



## TZEDAKAH & ONEG/KIDDUSH DONATIONS

For information about Tzedakah donations or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906.

### TZEDAKAH DONATIONS

Marcie Lowett for Yiskor.

Morton Sclar for High Holiday Aliyah.

John and Anna Heyden in appreciation to JRLW for their friendship and everything that JRLW did for them.

Lenore Farber in memory of Richard Hecht.

Norma Abbey for Yiskor.

Susan and Jerry Weiss in honor of the Bar Mitzvahs of Madeline and Fred Shapiro's twin grandsons Jakob and Franklin.

### ONEG & KIDDUSH DONATIONS

Barbara and Jerry Miller in honor of their 22<sup>nd</sup> Anniversary in February.

## JRLW BREAKFAST FORUM

The February JRLW Breakfast will be held on Sunday, February 19, 2012, at 10:00 am in the Crystal Ballroom in Clubhouse I.

An interesting program has been planned. Make your reservation by sending your check made payable to JRLW for \$5.00 for members (\$8.00 non-members) to Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, Maryland 20906.



## JRWL AND COMING OF AGE PRESENT JEWS OF ARGENTINA AND “THE ESSENCE OF JUDAISM”

Fred Shapiro, Community Liaison JRLW

JRLW and the Coming of Age Program of JCCGW will take residents of Leisure World on a trip to Argentina and its Jewish citizens past and present on February 14 at 1:00 pm in the Crystal Ballroom and then to a presentation on the essence of Judaism on February 22 at 1:00 pm in Clubhouse I. Tickets are available for each program in the E&R office with a donation of \$6.00 per program made out to JRLW.

The Argentina program on February 14 from 1:00 to 2:30 pm will feature a presentation by a member of the Argentinean Embassy, a demonstration of the tango and refreshments. Jewish immigrants and their descendants have a long and interesting history in Argentina. When one thinks of the Gauchos, the Latin cowboys, one has to think of the role the early Jewish immigrants played on horseback rounding up cattle. Since the early days, Jews have played an active role in the life of Argentina. It has not always been good news, considering such things as the bombing of the Jewish center by agents of Iran in the 90's. This should be an interesting and revealing presentation.

And then comes the tango. Long identified with Argentina and a number of Latin movie stars, this lyrical and strong dance has its place in the history of the Jews in Argentina. Watch and then join as a stellar performance reintroduces many of us to this magical dance.



The second program which takes place on Wednesday, February 22, 1 pm—2 pm, will feature “MAKING SENSE OUT OF JUDIASM,” with Avi West. Have you ever been in a class or lecture and found your mind wandering just minutes into the presentation? Researchers in neuroscience are unlocking the secrets of how our brains learn and how we store and retrieve information most efficiently. Judaism uses many linkages between ideas and physical props, repetition and reinforcing behaviors, words and songs to make meaning and build memory. He will entertain and enlighten us while helping us make sense of the “crazy stuff” we learned in Hebrew school and on the streets!

Avi West is Director of the Shulamith Reich Elster Center of the Partnership for Jewish Life and Learning in Washington, D.C. Mr. West has lectured here in Leisure World before and was well appreciated for his insight into Jewish life.

Join Avi and don't be afraid to ask questions.

## NA'AMAT BOOK CLUB

Clare Golub

At the December meeting the book of the month was, “The Finkler Question,” by Howard Jacobson. The members were divided between those who thought it was a wonderful book and some who did not like it at all. This difference of opinion made for a lively discussion.

The book could have been called, “The Jewish Question,” as the main character, who was not Jewish, stereotyped all Jewish people based on the characteristics of one of his Jewish friends whose last name was “Finkler.” There is a great deal to think about in the book. Read it and form your own opinion – good book – not so good book. You make the choice.



By Beth Shapiro, LCSW-C  
Coming of Age in Maryland  
Jewish Social Service Agency  
301-816-2665

## DEBUNKING THE MYTHS OF OLDER ADULT FALLS, PART 2

This is the second part of a 2-part article, "Debunking the Myths of Older Adult Falls." The first part of this article appeared last month in this Newsletter.

### **Myth 6: Taking medication doesn't increase my risk of falling.**

**Reality:** Taking any medication may increase your risk of falling. Medications affect people in many different ways and can sometimes make you dizzy or sleepy. Be careful when starting a new medication. Talk to your health care provider about potential side effects or interactions of your medications.

### **Myth 7: I don't need to get my vision checked every year.**

**Reality:** Vision is another key risk factor for falls. Aging is associated with some forms of vision loss that increase risk of falling and injury. People with vision problems are more than twice as likely to fall as those without visual impairment. Have your eyes checked at least once a year and update your eyeglasses. For those with low vision there are programs and assistive devices that can help. Ask your optometrist for a referral.

### **Myth 8: Using a walker or cane will make me more dependent.**

**Reality:** Walking aids are very important in helping many older adults maintain or improve their mobility. However, make sure you use these devices safely. Have a physical therapist fit the walker or cane to you and instruct you in its safe use.

### **Myth 9: I don't need to talk to family members or my health care provider if I'm concerned about my risk of falling. I don't want to alarm them, and I want to keep my independence.**

**Reality:** Fall prevention is a team effort. Bring it up with your doctor, family, and anyone else who is in a position to help. They want to help you maintain your mobility and reduce your risk of falling.

### **Myth 10: I don't need to talk to my parent, spouse, or other older adult if I'm concerned about their risk of falling. It will hurt their feelings, and it's none of my business.**

**Reality:** Let them know about your concerns and offer support to help them maintain the highest degree of independence possible. There are many things you can do, including removing hazards in the home, finding a fall prevention program in the community, or setting up a vision exam.

If you would like to talk confidentially with a JSSA social worker about this topic or others, please feel free to call or send me an email: [bshapiro@jssa.org](mailto:bshapiro@jssa.org). To learn more about JSSA please visit: [www.jssa.org](http://www.jssa.org)

## GOOD AND WELFARE

As of this writing, Betsy Firnbacher, who suffered a stroke, is recovering in Rehab at Brooke Grove. Our wishes for a speedy recovery go to her.

Unfortunately, Larry and Trudy Kotzker were involved in an automobile accident while driving to Florida. They both sustained serious injuries as a result of this accident and are currently hospitalized.

**We are in need of some good news to put in this column! If you have any, please let us know.**

Joy Podolsky, who had a second knee replacement, is in Collingswood Nursing and Rehab Center. We hope she will be able to come home soon.

Mazel Tov to Madeline and Fred Shapiro who attended the Bar Mitzvahs of their twin grandsons in January.

A very Happy Birthday to Abe Hamburg on his 91<sup>st</sup> birthday!

## RECIPE CORNER

### CARROT SOUFFLE Sylvia Yaffe

2 lbs. carrots, peeled and cut up  
 $\frac{3}{4}$  cup sugar  
 2 Tbsp flour  
 1  $\frac{1}{2}$  tsp baking powder  
 1  $\frac{1}{2}$  tsp vanilla extract  
 3 eggs, separated and 2 extra egg whites  
 $\frac{1}{4}$  cup softened butter

Boil carrots in pot until very tender (at least 40 minutes). Meanwhile, heat oven to 350 degrees.

Puree carrots with sugar, flour, baking powder and vanilla in food processor. Add the three egg yolks. Add butter. Puree until well blended. Beat the 5 egg whites until stiff and fold into carrot mixture. Bake in a dish for 45 minutes to an hour or until souffle is set in center when tested with a fork. Enjoy!



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## NOMINATING COMMITTEE SEEKS YOU Fred Shapiro

The Nominating Committee of JRLW is seeking members for the positions of officers and members of the Board for the year commencing May 2012. In keeping with the latest changes to our By-laws passed by the Board at our meeting in January, the Committee will be looking to fill the positions of President, Administrative Vice President, Religious Vice President, Treasurer and Secretary as well as four elected members to the Board.

As in the past, the newly elected President will have the authority to select and name the chairpersons of the various standing committees, who will also serve as members of the Board.

The committee is seeking members who are dedicated to preserving the traditions of the broad spectrum of Judaic denominations and continuing to provide services and programs for our members, using experiences of the past in planning for the future. All this should be based on addressing the needs of the changing demographics of the Jewish community in Leisure World.

We are not looking to add overwhelming responsibilities or the need to spend considerable amounts of time to any one position. What the committee is seeking are people with good backgrounds and a strong commitment to the Jewish Residents of Leisure World. Committee chairs and volunteers will be there to help do the total job.

The committee will ask candidates to meet with them and state their intentions, backgrounds and willingness to move JRLW forward. If you are interested in being a candidate, please get in touch with Fred Shapiro, Chairman of the Nominating

Committee, either by mail or e-mail. His address is 3200 N. Leisure World Blvd., Apt. 515; e-mail to [fshapiro@comcast.net](mailto:fshapiro@comcast.net).

**JRLW needs YOU.** The future must be ours; we must begin now to plan for the days and years ahead. You can be the key to our success.

## MT SCOPUS HADASSAH

On Wednesday, February 15, author Roberta Benor will speak on "My Mother-in-law and Henrietta Szold." Henrietta Szold founded Hadassah 100 years ago in 1912 and served as its president until 1926. The talk will be about personal memories of Hadassah's founder. The meeting will be held in Clubhouse I. Socializing begins at 12:30 pm and the meeting starts at 1:00 pm. Everyone is welcome to attend.

The Mt. Scopus Bible Study Group will discuss Rahab from the book of Joshua on Monday, February 20, at 1:30 pm, in Clubhouse I. New participants are welcome.

Mt. Scopus is now taking reservations for its trip to see the hit musical, "Legally Blonde," at Toby's Dinner Theatre in Columbia, Maryland, on Sunday, July 15. Enjoy a delicious buffet brunch, a matinee performance of this feel good musical and a luxury motor coach. The bus departs Clubhouse II at 9:45 am promptly and returns at approximately 4:00 pm. Send your check, \$75 per person, payable to Hadassah to Faye A. Freedman, 14 Finsbury Park Court, Silver Spring, MD 20906. Include your local phone number. For more information, call her at 301-598-9919.



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informative and very charming. Come to the meeting. Bring your friends.

## JRLW TRAVEL

Theda Rosenblum

JRLW is sponsoring a trip to Wildwood, Cape May and Atlantic City in June, 2012. The bus is filling up. Are you on it? If not, join us for a 4-day holiday, June 4 – 7, 2012. The price of \$325.00 per person includes double occupancy in a motel, 3 breakfasts, 3 dinners, touring and bus transportation, as well as baggage handling, motel taxes and meal gratuities. Space is limited and there are no more single rooms available.

To make a reservation send a check for \$100.00 per person payable to Festive Holidays to Theda Rosenblum, 3330 N. Leisure World Blvd., Apt #117, Silver Spring, MD 20906. Since space is limited, if you plan to come with us, send in your check today!!

Mark your calendar to save these dates:  
September 4 – 7: trip to Ocean City.  
October 16 and 17: trip to Atlantic City.



## NA'AMAT NEWS

Ruth Reid

This year is a leap year and, therefore, February has an extra day. That is good for Na'Amat; an extra day to plan for the months ahead.

There will not be an open meeting in February because of the uncertainty of weather conditions.

At our open meeting on Wednesday, March 7, at 12:30 pm, in the Ballroom of Clubhouse I, we will have as our guest speaker Liz Crenshaw of Channel 4 News. She's the one who answers the question, "Does it really work?" She is interesting,

In March, we are going to Dover Downs, a fabulous hotel and casino in Dover Delaware. It is an overnigher: Wednesday, March 28 to March 29. The hotel has slots, live harness racing, restaurants, shops and a show lounge. For more information about the entire package call Trudy Stone at 301-438-0016.

In April, we do not have an open meeting but do have our annual Spiritual Adoption Luncheon. It will be held on Tuesday, April 17, in the Clubhouse I Ballroom. We are trying to get a very special guest but he can't commit until early February.

Other dates to put on your calendar are our Donor Luncheon at the Manor Country Club on Thursday, May 24, and our closing meeting, an event you do not want to miss, on Wednesday, June 13 10:30 am. There will be a breakfast with a charming guest speaker/singer. At that meeting we will announce the "Woman of the Year."

Na'Amat USA is about raising funds for the many day care centers in Israel. That is where the little ones are given attention, nourishment for mind and body and care. Na'A'mat USA is about providing scholarships for older children and women to make their lives better in the future. We partner with Na'Amat Israel and between us we accomplish much.

### JRLW Welcomes New Member

We welcome the following new member to our organization:

Glenda Goodman, 2900 N. Leisure World Blvd.



## JRLW'S SECOND PASSEVER Fred Firnbacher

Since many of us attend the first Seder with family or friends, JRLW gives us the opportunity to have a different experience by attending a second Seder right here at Leisure World with our friends and neighbors. This year the second Seder will be on April 7 at 6 pm, in the Crystal Ballroom of Clubhouse I. We attempt to make this Seder a fun evening as well as a spiritual one. We use a Haggadah, which presents an abbreviated, yet complete service, with a lot of singing. Everyone attending will participate because we have responsive reading. And of course---the meal will be delicious!!

Since our Seder will be abbreviated, you can plan to be home by 9 pm.

Make your plans early since we hope to have another sellout.

If anyone plans to bring their grandchildren, we could use some youngsters to recite the four questions. You can contact me at 301- 438-3877.



## HAR TZEON-AGUDATH ACHIM FEBRUARY PROGRAMS

### Thursday Morning Programs

10:00am Tai Chi with Leonard Gross.  
11:00am Exercise with Mim Parizer.  
Current Events with Judge Marvin Roth,  
first Thursday of the month.

Blood Pressure check, first Thursday of the month.

### Thursday Afternoon Programs - 1:00 pm

1:00 pm Yiddish Class with Marcia Levinsohn.

Feb 2 - Ed Fritz, "President George Washington and his Spies"

Feb 9 - Shoshana Bryen, "Israel Update"

Feb 16 - Michael Bloom, "Origins of Jewish Food"

Feb 23 - Adult Music Student Forum  
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# February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Shevat 8	2 Shevat 9	3 Shevat 10 Lighting 5:13PM JRLW Reform Services	4 Shevat 11
5 Shevat 12	6 Shevat 13 JRLW Board Meeting	7 Shevat 14 Advocacy Day	8 Shevat 15 Tu Bi'Shvat JWV Meeting	9 Shevat 16	10 Shevat 17 Lighting 5:21PM	11 Shevat 18 Conservative Services CH 2
12 Shevat 19	13 Shevat 20	14 Shevat 21 JRLW & CoA Jews of Argentina	15 Shevat 22 Hadassah Meeting and Program	16 Shevat 23 JRLW Singles Meeting amd Lunch	17 Shevat 24 Lighting 5:29PM	18 Shevat 25
19 Shevat 26 JRLW Breakfast Forum	20 Shevat 27 Hadassah Bible Study Group	21 Shevat 28 Na'Amat Board Meeting	22 Shevat 29 Class – The R Rated Torah 10AM JRLW & CoA – The Essence of Judaism 1 PM	23 Shevat 30	24 Adar 1 Lighting 5:37PM	25 Adar 2
26 Adar 3	27 24 Adar 4	28 Adar 5	29 Adar 6 Class – The R Rated Torah 10AM			

**JEWISH RESIDENTS OF LEISURE WORLD**



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