



Jewish Residents of Leisure World

Silver Spring, Maryland

January, 2013, Tevet – Shevat. 5773

Newsletter Editor: Bernice F. Cohen 301-598-0192 Neil Ross – President 301-598-29994

PRESIDENT'S COMMENTS

As we conclude the year 2012 and look forward to the year 2013, we have much to be grateful for within JRLW. We have added new members to our Board of Directors who have made many contributions to our organization. We have been adding new members to our rolls at a rapid pace, which is essential to keeping our organization alive and well. We have been in search of new ideas and events to stimulate participation by those who have been inactive concerning our programs. We have instituted the ACE (Adult Center for Education) program of seminars, as well as the Coming of Age Program. These have been two very successful ventures on our part based on attendance records and of comments made.

We are reestablishing our JRLW web page, which will provide instant information concerning the activities and events happening during the year.

The monthly Sunday Brunch has proven to be a success. We are providing interesting and entertaining programs as part of the Brunch, which is held on the 3rd Sunday of the month in the Crystal Ballroom. The food is both plentiful and enjoyable.

With the coming of the New Year, we are looking forward toward creating new programs. Ideas have been popping up both during discussions at our open Board meetings and through questionnaires utilized by our Membership Committee. It is not always easy to placate both our senior members as well as the younger and newer members. But, that doesn't mean that we aren't trying. We recognize that we now have a lot more single men in our Community and their needs have to be accommodated. We would appreciate hearing from these men as to their ideas and recommendations. We are wide

open to proposals, call me (301-598-2994) or email me (knross@comcast.net).

We are establishing a new Religious Committee to take a serious look at recruiting new people to assist in the running of our Friday Night and Saturday morning services. We are in need of new people to replace those who are either no longer with us or are retiring since they have performed these activities for many years. Our Religious Vice-President will be holding a meeting to address these issues. If you are willing to assist us, please contact Allan Firestone (301-598-7311) so that he can move ahead with this important aspect of JRLW.

Martha and I wish each of you a Happy New Year.

K. Neil Ross
President, JRLW

JRLW January Dates

(Note: CH stands for Clubhouse)

- 2 – Wednesday: Na'Amat Open Meeting, 12:30 pm, CH I
- 2 – Wednesday: Hadassah Board Meeting, 10 am, CH I
- 4 – Friday: Conservative Services, 8 pm, Interfaith Chapel
- 8 – Tuesday: JRLW Board, 7 pm, CH II
- 9 – Wednesday: JWV (Jewish War Veterans) Meeting, 10 am, CH I
- 12 – Saturday: Shabbat Services, 9 am, CH II
- 15 – Tuesday: Na'Amat Board Mtg, 10 am, CH I
- 16 – Wednesday: Hadassah Meeting and Program, 12:30 pm, CH I
- 20 – Sunday: JRLW Brunch, 10 am, CH I
- 21 – Monday: Hadassah Study Group, CH I
- 23 – Wednesday: CofA Program, Talk by Dr. Herron: Marian Anderson, 1 pm, CH I
- 23 – Wednesday: JRLW Singles Lunch, 12 pm
- 29 – Tuesday: Film, "Noodle", 1 pm, CH II

JANUARY JRLW BRUNCH

The January JRLW Brunch will be held on Sunday, January 20, 2013 at 10:00am in the Crystal Ballroom of Clubhouse 1. Isiah (Ike)

Leggett, Montgomery County Executive will be our speaker that morning.



Make your reservations by sending your check, made payable to JRLW, in the amount of \$14.00 to Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, Maryland 20906. Checks must be received by January 16, 2013.

THE DEADLINE FOR THE FEBRUARY NEWSLETTER IS JANUARY 8!! ARTICLES RECEIVED AFTER THAT DATE WILL NOT APPEAR IN THE FEBRUARY NEWSLETTER!

WE REMEMBER THEM

Our condolences to the families of the following:

Muriel Breger
Jules Cohen

May their memory be a blessing.



NEWSLETTER STAFF

Bernice Cohen – Editor
Nate Sternberg – Layout
Shirley Griffin – Asst. Editor
Fred Shapiro – Business



JRLW Newsletter

The Newsletter is mailed out once a month thru our printing and mailing services.

Sometimes there is a glitch and your newsletter does not arrive. Sometimes a newsletter gets attached with another. Sometimes they go to the wrong building.

We do not know why and cannot track each one or take responsibility for the mishap.

Extra newsletters are always in the office at E&R. Please pick up your missed copy there.

JANUARY RELIGIOUS SERVICES

The Friday Evening Services will be held on January 4, in the Interfaith Chapel. Rabbi Gary Fink will be conducting the Services. Saturday Morning Services, led by Cantor Mike Kravitz, will be held on January 12, in Clubhouse II. During the services we will observe Rosh Hodesh Shevat and will read the weekly portion VAERA. Preliminary Services will be led by Justin Kramer. Cantor Kravitz will chant the Haftorah as it will be the anniversary of his Bar Mitzvah. The D'var Torah will be given by Gertrude Krick. At that time we will also celebrate Abe Hamburg's 92nd birthday and Allan Firestone's 80th birthday.

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JRLW WELCOMES NEW MEMBERS

Nancy Alderman, 3378 Chiswick Ct

Nicki Cohen, 2901 S. LWB

Bea Casner, Glenwood, MD

Sheila Schrier, Rockville, MD

Judy Jolles 3210 N. LWB

Shirley Ziecheck 3210 N. LWB

JRLW SINGLES



We had a very successful Chanukah program in December. We watched a demonstration about making olive oil. We noshed on traditional, delicious donuts.

We have added new members to our ranks and welcome them.

The next luncheon will be held on Wednesday, January 23, at 12:00 pm at Tyson's Chinese Restaurant which is on Randolph Road. If you plan to attend, please call Anita Van Grack at 301-438-1431.

WE GET LETTERS

The tragic loss of my darling wife, beloved mother and grandmother Doreen Kahn has affected us very deeply and we greatly appreciate and thank the Jewish Residents of Leisure World for their kind thoughts and expressions of sympathy extended during our current sorrow.

*In appreciation,
Henry, Ralph, Roy and family Kahn*

GOOD AND WELFARE

We are happy to hear that Marcia Crystal is recuperating nicely from her recent surgical procedure.



We have several special birthdays to celebrate: Marilyn Kessler, Hyman Hirschberg, Gloria Bernstein, Abe Hamburg, Allan Firestone and Elaine Daniels. Happy Birthday

to all of you!

Annette Cooper has a lot to quell about. Both of her grandsons who participated in Saturday Shabbat Services did so well that we would like them to come back any time.

Phyllis Hutt: we hope you will soon be feeling up to resuming your column. We miss you and your column.

We are happy to hear that Martha Ross is doing better after her surgery.

We hope our snowbirds are enjoying the warm, lovely climate of their vacation homes. (We are not a bit jealous, are we?)

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Carolivia Herron Shares the Stories of Marian Anderson's Jewish Connections

Presented by JRLW and Coming of Age Program - By David Firestone



Carolivia Herron will share stories of the Judaic connections of Marian Anderson in conjunction with her book, "Let Freedom Sing: The Story of Marian Anderson." She will also refer to her own Mediterranean and African American Jewish heritage from her writings "Always An Olivia" and "Peacesong."

Dr. Herron's talk will be presented on Wednesday, January 23, in Clubhouse 1, 1-2 pm for \$6 per person, check payable to JRLW.

Carolivia Herron, PhD, is a Jewish American writer of children's and adult literature and a scholar of African-American Judaica. She is currently completing a critical text, "African American Epic Tradition" and is developing a major electronic educational program for children (Anansi Drumming) and for adult learners (Our Song of Songs). She has held professional and/or visiting scholar positions at Harvard University (Faculty of Arts and Sciences, School of Religion, School of Education), Mount Holyoke College, MIT, Brandeis University and Hebrew College of Brookline, Massachusetts.

HAR TZEON-AGUDATH ACHIM JANUARY PROGRAMS

Thursday Morning Programs

10:00 am Tai Chi with Leonard Gross.
11:00 am Exercise with Mim Parizer.
Current Events with Judge Marvin Roth, first Thursday of the month.

LUNCH AT NOON

Thursday Afternoon Programs - 1:00 pm

Yiddish Class with Marcia Levinsohn.

January 3 - Lou Numkin: "A Trip to Israel."

January 10 - "A Tour of the United States Capitol." - DVD

January 17 - Janet Glogower at the piano sponsored by the Golden Network.

January 24 - Dr. Kristaps Paddock, ND "Introduction to Naturopathic Medicine."

January 31 - Bob Lachin: "An Afternoon of Beautiful Music."

MAYNARD TUROW


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January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Tevet 19	2 Tevet 20 Na'Amat Mtg. Hadassah Bd.	3 Tevet 21	4 Tevet 22 Candle lighting 4:41PM Friday Evening Cons Services Interfaith 8PM	5 Tevet 23
6 Tevet 24	7 Tevet 25	8 Tevet 26 JRLW Bd.	9 Tevet 27 JVV Mtg.	10 Tevet 28	11 Tevet 29 Candle lighting 4:47PM	12 Shevat 1 JRLW Cons Svcs CH 2 9:15AM
13 Shevat 2	14 Shevat 3	15 Shevat 4 Na'Amat Bd Mtg	16 Shevat 5 Hadassah Mtg. & Program	17 Shevat 6	18 Shevat 7 Candle lighting 4:55PM	19 Shevat 8
20 Shevat 9 JRLW Brunch	21 Shevat 10 Hadassah Study Grp	22 Shevat 11	23 Shevat 12 CofA: Talk by Dr. Herron JRLW Singles Lunch	24 Shevat 13	25 Shevat 14 Candle lighting 5:02PM	26 Shevat 15
27 Shevat 16	28 Shevat 17	29 Shevat 18 Film: "Noodle"	30 Shevat 19	31 Shevat 20		

Recipe Corner



NOODLE KUGEL

Here is a recipe for a basic dairy kugel. How about sending me your special kugel recipe? If we get a good response, we will have a page full

of kugel recipes next month!

Ingredients:

6 oz package noodles

½ stick butter (or margarine)

½ cup sugar

3 eggs

1 cup sour cream

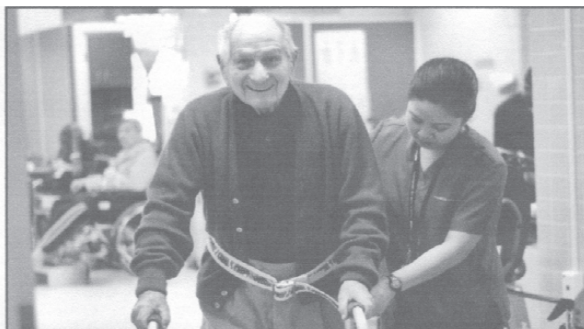
1 cup cottage cheese

1 tsp vanilla

½ tsp cinnamon

Preheat oven to 350°

Boil noodles as directed and drain. Melt butter (or margarine). Now mix all ingredients together in large bowl. Pour mixture into a greased baking pan. Bake for about 30 minutes. Serve warm or cold. If desired kugel can be topped with crushed corn flakes or with a can of cherry pie filling before baking.



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Mt. Scopus Hadassah

The documentary film "Inside Hana's Suitcase" will be shown on Wednesday, January 16, in Clubhouse I. There is no charge and the meeting is open to the public. The movie tells the story of the mystery to discover the details of the life of Hana Brady, whose suitcase was delivered to the Tokyo Holocaust Museum from Auschwitz. This film of astonishing power and hope is in English and is 90 minutes long. Socializing begins at 12:30 pm and the meeting starts at 1:00 pm.

The Mt. Scopus Judaic Study Group will meet on Monday January 21, at 1:30pm in Clubhouse I. For more information call Joan Lees (301-598-3768).

Mt. Scopus is sponsoring a trip from June 18 to June 21 at the fabulous Villa Roma Resort in the Catskill Mountains of New York. The trip is open to everyone. Enjoy gracious accommodations, fine dining, nightly entertainment, and a full program of activities, including arts and crafts classes, swimming, golfing, cooking classes, cosmetic demonstrations, feature movies, bingo, horse racing, aerobics, shops, card games, fishing, line dancing lessons, bowling, and many special events. The cost is \$585 per person for doubles and \$685 for a single room. Seats on the bus will be assigned as reservations are received. To make a reservation, send your check payable to Hadassah to Faye A. Freedman, 14 Finsbury Park Ct., Silver Spring, MD 20906. Include your phone number on the check. Call 301-598-9919 for further information. The deadline date is April 17.

Mah-jongg cards are on sale for 2013. The price is \$7.00 for regular print and \$8.00 for large print. The cards can be purchased by sending a check payable to Hadassah to Renee Lease, 15115 Interlachen Dr., #924, Silver Spring, MD 20906 by January 25. If you have any questions, please call Renee at 301-598-3438. The cards will be delivered in March.

Hadassah has decided to continue the 2012 Centennial Life Memberships Fee of only \$212 through 2013. If you are not already a Life Member, act now to take advantage of this special offer. Call Janet Lazar (301-598-4066) for more information.

TZEDAKAH & ONEG/ KIDDUSH DONATIONS

For information about Tzedakah donations or Oneg/Kiddush donations please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906.

TZEDAKAH DONATIONS

Susan and Jerry Weiss wish a speedy recovery to Martha Ross after her recent surgery.

Yiskor donation by Dora Binder.

Yiskor donation by Martha Sherman in memory of her father Albert H. Sherman.

Clare and Bernard Golub for Yiskor and in honor Of their High Holiday Aliyah.

Sue and Morty Rudo in honor of Gloria Bernstein's 80th birthday.

Henry Kahn in memory of his beloved wife Doreen.

Sue and Bill Heyman for their Aliyah at the High Holiday Services.

Marcel Hodak for his Aliyah on Rosh Hashannah.

Yiskor donation by Donald Lewis in memory of His father Alexander and brother Robert.

Tzedakah donation to JRLW by Richard Boker.

Lois Cohan in honor of granddaughter Danielle Ross' upcoming marriage in July 2013.

Etta and Allan Doris in honor of Elaine Daniels' special birthday and wishing her continued good health.

Aileen Feldman in memory of the 20 children and 6 adults who were killed in the Sandy Hook Elementary School in Newton, Conn.

Bernice Cohen in memory of the 26 children and adults who were killed in Sandy Hook Elementary School

KIDDUSH DONATIONS

Marilyn Kessler in honor of her 80th birthday.

Sonya Korenblit and Marcia Rosenberg (daughter of Hyman Hirschberg) in honor of Hyman's birthday.

NA'AMAT NEWS

Ruth Reid

Happy, Healthy, Peaceful New Year from all of us to all of you. We Jewish people are so lucky; we get to say Happy New Year twice a year!

We in Na'Amat RBZ Club have many nice plans for this coming year. The first event on our agenda will be the open meeting on Wednesday, January 2 when our guest speaker will be Sheilah Kaufman who will speak about the women of Turkey and Turkish cuisine. Last year Ms Kaufman came to our meeting and delighted us with her talk on "Chocolate and the Jews."

The next RBZ Board Meeting will be Tuesday, January 15, 2013, 10 am, in Clubhouse I.

If you would like to order a Mah-Jong card contact Adele Traurig (301) 598-3977.

Please note that there will NO open meeting in February. We are concerned about the possibility of bad weather conditions and feel it is the best decision to make.

You won't want to miss the open meeting on Wednesday, March 6. Our guest speaker will be Liz Crenshaw of News 4 Consumer Watch. Her topic will be "Tricks of the Trade -- .Does it really work?" We are so fortunate that Ms Crenshaw, who is a very busy lady, accepted our invitation to speak to our group.

**REMEMBER: THINK NA'AMAT;
THINK ISRAEL!**

RELIGIOUS COMMITTEE REPORT

This report covers the activities of the Religious Committee during the past High Holiday season.

As some of you may know, I had a very serious health crisis in my family that forced me to be away from Leisure World from mid-August until the end of November. Thus, I missed all of the High Holidays in JRLW this year. I am happy to report that I had the support of the Religious Committee during the very trying period for me, but with their help all the services went smoothly in my absence.

I want to once again thank all those who made sure that the services were handled properly: to Matty Feldman and his subcommittee who did an outstanding job of assigning the honors; to Nate Sternberg and his subcommittee who proceeded to publish, for the first time in JRLW's history, a Yizkor book that helped make our Yizkor service more memorable; to Elaine Shenberg and her subcommittee who took care of the Sukkah and to Naomi Kline who donated the Esrog and Lulav to the Sukkah; to Ernie Pollack and Jerry Weiss who served as our Gabbaim; to Fred Shapiro who stepped in and helped where necessary; and to Gerry Sommer who coordinated the Reform Services.

Naturally, our services could not have gone as well as they did without Rabbi Gary Fink and Cantor Kravitz who lead the Conservative Services and Rabbi Kenneth Cohen and Cantor Susan Berkson who lead the Reform Services.

In addition to the High Holiday services, our normal Friday evening and Saturday morning services continued without interruption. Unfortunately, some of our members who have been diligently setting-up and closing-down the Interfaith Chapel for our Friday night services are not always available and could use help so that the workload can be shared. In addition

other members who are responsible for locking up the Chapel after services need to be relieved of their responsibilities once in a while. If any members are willing to help with these chores please get in touch with me or with Mort Rudo (301-915-5186).

We had Chanukah Menorahs in both Clubhouses and will begin planning for our Purim services. We will celebrate Purim on February 24, 2013, when Rabbi Fink will lead our services, read from the Megillah and give a short sermon.

Allan Firestone
Chairman
301-758-2886

“Noodle” - An Award-Winning Israeli Film With A Touching and Heartfelt Story David Firestone

Presented by JRLW and Coming of Age

On Tuesday, January 29, at 1:00 pm, the film, “Noodle,” will be shown in Clubhouse II auditorium. There will be a discussion following the film. Tickets will be available at E&R office in Clubhouse I for \$6 per person, check only payable to JRLW (\$8/Non-LW Residents). The film is in Hebrew with English subtitles.

When a Chinese woman working in Israel is suddenly deported for overstaying her work visa, her lack of Hebrew-language skills makes it impossible for her to convince the Israeli authorities that she has a young child with her. Miri, an Israeli flight attendant, decides to help reunite the child—nicknamed “Noodle”—with his mother, now back in Beijing.

Mili Avital stars as Miri, one of the most highly regarded actresses in her native Israel



Things to Consider...When Considering Assisted Living

By Leslie Kessler, LCSW
 Edited by Beth Shapiro, LCSW-C
 JSSA Senior Services
 301-816-2665 • bshapiro@jssa.org

Older adults often agree with Dorothy from The Wizard of Oz, "There's no place like home." While some choose to move in with family or to smaller homes, this notion could prevent many from considering a move to residential care, commonly referred to as assisted living. Assisted living residences are designed to maximize a resident's independence through adaptations and support services for things that would otherwise make living completely independently unsafe, too challenging or simply inconvenient.

How do we know if assisted living is the right choice? The answer requires an honest examination of current functioning in the present environment, what challenges lie ahead and how these changes might affect ourselves and loved ones. Consider location, size of residence, cost, quality of care, amenities and availability. Keep these things in mind when considering assisted living:

1. Generally includes meals, 24-hour staff, housekeeping/laundry services, social/recreational activities.
2. Nurses, social workers and other staff define and oversee each resident's care and offer basic to more extensive care, as long as skilled nursing is not required.
3. As needs increase, care plans are updated and services are added. Unless significant medical or cognitive changes require a skilled setting, people can often remain in their assisted living homes even when hospice care is needed.
4. Residences offer help with activities of daily living: medication reminders or administration; assistance dressing and bathing; toileting, and support for behavioral challenges. Many facilities also offer specialized care for those with dementia.

5. Residences with three or more beds are licensed and monitored by the state and the county. Sizes range from one bed up to 200 beds, can be small and home-like or large apartment-style buildings.

Transportation Most offer some transportation services including rides to shopping centers or outings.

Costs Medicare does not pay for assisted living. Fees in Montgomery County range from \$3,000-9,000/mo., with additional fees for specific services. Some offer subsidies, qualify for limited assistance from the county or accept Maryland's Medicaid Waiver.

At JSSA, our goal is to assist older adults in living according to their own wishes, wherever that might be. Many older adults rely on JSSA's Senior Services department for care management. This service helps older adults and their families identify the in-home services needed, find providers, and coordinate and monitor service provision. We also help identify options for making a change, and guide our clients and families through the selection process.

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Sandy Hook Elementary School

There are no adequate words to express the shock at hearing the news that terrible Friday in December.

How to deal with the deaths of those innocent children and the adults who tried to save them.

Charlotte Bacon, 6, Daniel Barden, 7, Rachel Davino, 39, Olivia Engel, 6,

For the entire week-end I sat glued to the television. I didn't want to watch. I kept telling myself that in just ten more minutes I would turn it off. But I just couldn't.

Josephine Gay, 7 , Dylan Hockley, 6, Dawn Hochsprung, 47, Madeleine Hsu, 6, Catherine Hubbard, 6,

The mind tries to make sense of what the ears hear, but sometimes it is too hard to process.

Chase Kowalski, 7, Nancy Lanza, 52, Jesse Lewis, 6, Ana M Marquez-Greene, 6, James Mattioli, 6,

Why did the mother find it necessary to keep those guns in her house?

Grace McDonnell, 7, Anne Marie Murphy, 52, Emilie Parker, 6, Jack Pinto, 6,

Knowing that her son had a mental problem, why didn't she see to it that he got help?

Noah Pozner, 6, Caroline Previdi, 6, Jessica Rekos, 6, Avielle Ricmman, 6, Lauren Rousseau, 30,

So many questions.

Mary Sherlach, 56, Victoria Soto, 27, Benjamin Wheeler, 6, Allison Wyatt, 6.

How did God allow this to happen?

Our President spoke that Friday. The words he spoke that afternoon spoke what we all thought. His demeanor, his passion reflected ours.

Did it take the senseless killing of 20 babes and the adults who sought to save them make our lawmakers finally come up with a way to make weapons of mass destruction illegal to own?

We mourn as individuals and as a nation. There are too many new angels in heaven today



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WE HAVE A PROBLEM. . .

We have a problem in regard to our monthly Friday Evening Services, held in the Interfaith Chapel, and the Oneg which follows. JRLW and those who generously give to sponsor its cost provide the Oneg Shabbat. The purpose is for the enjoyment of those attending our Services.

The food served at the Oneg is to be eaten in the Chapel's Social Room. It is not to be taken outside, home or into any other part of the building.

Unfortunately, some persons have acted contrary to this policy and have created both a mess on the carpet and in the parking lot. This has caused an embarrassment to JRLW in its dealings with the Chapel Staff. We are guests of the Chapel and they do not appreciate such inconsideration. Our volunteers who set up and then clean up after the Oneg should not have to remain late in order to clean up unnecessary debris.

Please be considerate of others and act as you would in your own home. Thank you.

K. Neil Ross, President

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Contact Ellen Zweig at 3210 N. Leisure Word Blvd., Apt 504, Silver Spring, MD 20906, or call her at 301-598-2144 between 9:00 am and 9:00 pm.
Torah Fund Donations:

Shirley & Manny Collier in honor of Special Birthday of Elaine Daniels.

Shirley & Manny Collier for Manny Collier's Aliya on Yom Kippur.

Bonnie & Stan Favin in honor of Special Birthday of Elaine Daniels.

Bonnie & Stan Favin in honor of Special Birthday of Gloria Bernstein.

PRAYER BOOK FUND:

Carolyn & Arnie Gross in Honor of 80th Birthday of Gloria Bernstein.

Carolyn & Arnie Gross in Honor of 80th Birthday of Marilyn Kessler

Jewish Residents of Leisure World



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