



# Jewish Residents of Leisure World

Silver Spring, Maryland

January 2014 Tevet - Shevat 5774

Newsletter Editor: Bernice F. Cohen 301-598-0192 Morton Davis President 240-242-3742

PLEASE VISIT THE JRLW WEB SITE - <http://jrlw.info>

## PRESIDENT'S MESSAGE



The lack of response I received from my last month's message was alarming. The one telephone call I received was welcomed by me. I, as your president, am not giving up. But any suggestions would surely be welcomed. I look forward to our monthly Brunches, as I believe most of you do, too. Do we just forget the monthly get togethers, abandon all activities and just pay dues and donate money to charities?

The wonderful members who take care of the Friday Night Oneg and Saturday morning Shabbat Kiddush would appreciate some assistance setting and cleaning up. These activities don't just happen; they are planned and carried thru. Without having a vice president, our board members are working twice as hard.

Happy New Year,  
Shalom,

Morton A. Davis

**NEWSLETTER STAFF**  
Bernice Cohen – Editor  
Nate Sternberg – Layout  
Fred Shapiro – Business  
Shirley Griffin - Asst. Editor  
Rae Paley - Recipes

## Upcoming JRLW January Events

Fri	3	JRLW Shabbat Conservative Svc Interfaith Chapel 8 PM CH 2
Sun	5	Na'Amat Theater J
Tue	7	JRLW Bd Mtg CH 2 7 PM
Wed	8	Hadassah Bd Mtg CH 1 10 AM JWV Mtg CH 1 10 AM Na'Amat Mtg CH 1 12:30 PM
Sat	11	JRLW Shabbat Svc CH 2 9:15 AM
Wed	15	Hadassah Mtg CH 1 12:30 PM
Thu	16	JRLW/CoA Discussion CH 1 1:30 PM
Sun	19	JRLW Brunch CH 1 10 AM
Mon	20	Hadassah Study Gp CH 1 1:30 PM
Tue	21	Na'Amat Bd Mtg CH 1 10:30 AM
Wed	29	JRLW/CoA Movie CH 2 1:30 – 3:30 PM

## JANUARY RELIGIOUS SERVICES

Friday Evening Conservative Services will be held on January 3, at 8:00 pm in the Interfaith Chapel. Services will be conducted by Rabbi Fink. Join us at the Oneg following Services.

Saturday Shabbat Conservative Services will be held January 11, at 9:15 am in Clubhouse II. Services will be conducted by Cantor Kravitz. The Torah Portion will be BeShalach. Jerry Miller will chant the Haftorah and Rabbi Moshe Samber will give the D'var Torah. A Kiddush will follow the Services.

## JAMUARY JRLW BRUNCH

Sheila Chodorov

The January JRLW Brunch will be held on Sunday, January 19, 2014 at 10:00 am in the Clubhouse I Crystal Ballroom.

To make your reservation, please make your check payable to JRLW in the amount of \$10.00/member or 12.00/non-member, and mail to Sue Sandler, at 15115 Interlachen Drive, #603, Silver Spring, Maryland, 20906 before Wednesday, January 15, 2014.

In the event of inclement weather, please check Channel 974 on your TV to see if there are any changes in our announced plans.



## JRLW SINGLES

Anita Van Grack

There will not be a JRLW Singles Luncheon in January.

The next luncheon of the JRLW Singles will be held on Thursday, February 20, at Bedford Court.

Please contact Anita Van Grack at 301-438-1431 to make a reservation.



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## Financial Planning For Women and by Women, and For Men Too!

Presented by JRLW and the Coming of Age Program - By David Firestone

Join our panel of experts who will discuss financial planning and related areas of importance to all of us. The program will be held on Thursday, January 16, 2014, 1:30 to 3:00 pm, at Clubhouse I. There will be no charge but sign up and get your ticket at the E&R Office in Clubhouse I. Light refreshments will be served.

Are you confused by the changes in estate laws in the past 10 years? Do you rely on your spouse or child to handle your finances and wish you knew more? Are you in a non-married relationship and are not sure about your financial rights? And where do you keep your most important documents? These and other questions will be considered and discussed by our panelists.

The panel will include Sarah B. Kaplan, an investment representative who offers securities and investment advisory services through AXA Advisors; Caroline Ford Bonaviri, an estate attorney of Stein Sperling who assists clients with all aspects of estate and trust planning, and Beth Shapiro, CoAJSSA Social Worker.

## Torah Study Group



## BEREAVEMENT CARING FOR THOSE IN NEED

By Fred Shapiro, Community Affairs

Recent events have been a reason to investigate services available to JRLW members when a spouse has died. Checking at the Interfaith Chapel, we found that there is an existing bereavement group limited to ten people a session. We endeavored to find a source that will be there for Jewish residents. We are fortunate to have as a new resident and member Ellen Sirkis, who is a volunteer with Hospice Caring.

The death of one's spouse is the most stressful event that occurs in one's life. In addition to the social and emotional burdens, this predisposes one to physical illness. We know that grieving is hard work and everyone grieves differently and for different periods of time.

Hospice Caring offers bereavement services free of charge. Trained facilitators lead the peer support groups. They meet weekly in safe comfortable environments convenient to the group members. The groups are specifically tailored to those grieving the death of a spouse, a parent or an adult child. Group specific peer support strengthens the bond and understanding among group members.

It surprises some people that there are moments of humor in the Hospice Caring groups. The mixture of tears and laughter reflects the reality of the present and the hope for the future.

If you, a friend or relative within the JRLW community, whether newly bereaved or whether your spouse died some time ago, our committee suggests that you call Ellen Sirkis, Vantage Point East, at 301-598-0282 for additional information. You may also call Hospice Caring, Inc. at 301-869-4673; ask for Penny or Anne.

## GOLDEN NETWORK SERVES THE SENIOR COMMUNITY

By Fred Shapiro

A few years back, I was introduced to Rabbi Shmuel Leigh and the Golden Network by the Israel Bond office in Rockville. We helped him make the connection to a number of the senior communities in the area as well as here in Leisure World. Most recently, Rabbi Leigh conducted the Torah Study Group in November and December.

The Golden Network offers Jewish seniors and retirees a variety of engaging programs including lectures, classes, one-on-one learning in person and by phone, concerts, sing-alongs and more! The object is Jewish awareness.

To give you an idea of how much this can mean to a senior, take the case of old time JRLW leader Irving Goldberg. Homebound and eager to discuss Torah and Talmud, Irv found Rabbi Leigh a regular weekly companion to pursue his desire to learn, even in his 90's. When Irv was in the Hebrew Home, Rabbi Leigh was there for him.

For more information about Golden Network upcoming events in the area, you may contact Rabbi Leigh at: [301-338-4810](tel:301-338-4810) or by e-mail: [info@goldennetwork.org](mailto:info@goldennetwork.org) or website [goldennetwork.org](http://goldennetwork.org).

### Torah Study Group



## JRLW/CoA MOVIE

**“FILL THE VOID”** in Hebrew, with English Subtitles

Where: Clubhouse II

When: Wednesday, January 29, 1:30-3:30 pm.

Fee: \$6/LW Resident: Pay at E&R

In ***Fill The Void***, writer-director Rama Burshtein paints an intimate portrait of life, love, tragedy and tradition within the world of Israel's ultra-Orthodox Hasidic Jews. When Esther dies during childbirth, leaving her husband to care for their infant, her sister, 18-year old Shira, is pressured to marry him to keep the family together. In this world where rabbis, fathers and matchmakers decide who marries whom, can Shira make an independent decision? Discussion will follow film-viewing.



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## GOOD AND WELFARE

We send get well wishes to Annette Horwitz.

We're happy to welcome Florence Wolfe back home following her hospitalization and stay at rehab.

Mazel Tov to Ellen Zweig on the baby-naming of her great granddaughter.

Congratulation to Madeline and Fred Shapiro on their 60<sup>th</sup> anniversary.

Congratulations to Laura and Sid Sussan on the birth of a granddaughter.

We're glad to see that Sheila Myers is home and on the mend.

Annette Cooper and Arlene Siller both fell recently. We wish them both a rapid recovery from their falls.

In recognition of his good works within the community, the JRLW Board has presented a certificate of appreciation to Reverend Robert Perry of the Interfaith Chapel.

We'd like to see your news mentioned in this column. However, we can't do that unless you let us know.

*B'nai B'rith*

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## What's Cooking in the Kitchen?

Submitted by Rae Paley



### Green Pea and Mint Soup

1 small yellow onion peeled and chopped  
 1 Tablespoon olive oil  
 4 cups frozen peas thawed --or- -fresh peas  
 4 cups chicken stock -or- vegetable stock  
 ¼ teaspoon black pepper  
 1cup fresh mint leaves – firmly packed  
 1 teaspoon salt

Saute onion in olive oil over medium heat for 6-8 minutes (until soft not brown). Add - peas, stock, salt, and pepper; cover and bring all to a boil.

Lower the heat and simmer for only another 1-3 minutes. Allow the peas to be heated, but not cooked for so long that they lose their color.

Take soup off the heat and add mint. Puree the soup using an immersion blender or regular blender.

Reheat as many times as necessary.

For cold soup set in refrigerator for at least 4 hours before serving.

Do Not freeze this soup.

Serves 6.



## FOOD FOR THOUGHT

By Beth K. Shapiro, LCSW- C  
 JSSA Senior Services  
 301-816-2665 • [bshapiro@jssa.org](mailto:bshapiro@jssa.org)

Over the next few months I will be writing about how best to approach the topic of difficult conversations” such as moving, driving or responding to an invitation. There is much to consider before engaging in a hard conversation.

There are the circumstances, who we are talking with, the type of relationship, and the topic itself.

Let's start by looking at the following questions:

- >Is the topic any of my business?
- >Am I the *best* one to be engaging in this conversation?
- >How would I react if I was approached about this topic?
- >Why do I want to have this conversation?
- >Would offering empathy and support *instead* of a “fix” be the right course of action?

I encourage you to discuss your thoughts on these questions with family, friends, neighbors, and with me in between my articles.

~ Beth

**DEADLINE: THE DEADLINE FOR THE FEBRUARY NEWSLETTER IS JANUARY 10. ARTICLES SUBMITTED AFTER JANUARY 10 WILL APPEAR IN THE JANUARY NEWSLETTER.**

# January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Tevet 29	22 Shevat 1	3 Shevat 2 Candle lighting 4:40PM Friday Evening Cons Services Interfaith 8PM	4 Shevat 3
5 Shevat 4 Na'Amat to Theater J	6 Shevat 5	7 Shevat 6 JRLW Bd Mtg CH 2 7PM	8 Shevat 7 Hadassah Bd Mtg CH 1 10AM JWV Mtg CH 1 10AM Na'Amat Mtg CH 1 12:30 PM	9 Shevat 8	10 Shevat 9 Candle lighting 4:46PM	11 Shevat 10 JRLW Cons Svcs CH 2 9:15AM
12 Shevat 11	13 Shevat 12	14 Shevat 13	15 Shevat 14 Hadassah Mtg CH 1 12:30 PM	16 Shevat 15 JRLWCoA Discussion CH 1 1:30PM	18 Shevat 16 Candle lighting 4:53PM	19 Shevat 17
19 Shevat 18 JRLW Brunch CH 1 1o AM	20 Shevat 19 Hadassah Stdy Group CH 1 10:30 AM	21 Shevat 20 Na'Amat Bd Mtg CH 1 10:30 AM	22 Shevat 21	23 Shevat 22	25 Shevat 23 Candle lighting 5:01PM	26 Shevat 24
26 Shevat 25	27 Shevat 26	28 Shevat 27	29 Shevat 28 JRLW/CoA Movie CH 2 1:30-3:30 PM	30 Shevat 29	31 Shevat 30 Candle lighting 5:09PM	

## **TZEDAKAH & ONEG/KIDDUSH DONATIONS**

For information about Tzedakah donations or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906

### **Tzedukah Donations**

Beverly Itzkowitz in memory of Ann Shiffman, mother of Neil Shiffman and Dale.

Goldie and Leonard Bosin to honor Bernice Cohen's editorship of the JRLW Newsletter.

Etta and Allan Doris in memory of Lorraine Gerson's mother Thelma Mudrick.

Etta and Allan Doris in memory of Joni Sommer's Aunt El and Aunt Sophie.

Ruth and Martin Gutstein in honor of the birth of Laura & Sid Sussan's granddaughter Jasmine Lilly Terry.

Carole Jason sending get well wishes to Larry Stone.

Larelda Gruber in honor of the 60<sup>th</sup> anniversary of Madeline and Fred Shapiro.

Susan and Jerry Weiss in honor of the 60<sup>th</sup> anniversary of Madeline and Fred Shapiro.

Ruth Ludkoff Love - Yiskor donation in loving memory of her mother Lillian Walder.

### **Kiddush and Oneg Donations**

Madeline and Fred Shapiro donation in honor of Fred's 80<sup>th</sup> birthday and their 60<sup>th</sup> anniversary.

## **Mt. Scopus Hadassah**

Barbara Eisen

On Wednesday, January 15 in Clubhouse I, Mt. Scopus will show the award-winning movie "Watermarks." It tells the story of the champion women swimmers of the legendary Vienna Sports Club Hakoah. The team dominated national competitions in the 1930's. The film focuses on the stories of the club's surviving members, while also recounting an historical period where prejudice and violence forced these brave women into exile. Seven of the members re-unite at the old Vienna swimming pool. It is an uplifting tale of survival and friendship. It also is a surprisingly encouraging reflection on the distance between youth and advanced age. Socializing begins at 12:30 pm and the meeting starts at 1:00 pm. All Leisure World residents are welcome to attend.

The Greater Washington Chapter of Hadassah (GWAC) will present the first of the new Arlene P. Steinberg Memorial Scholar Series on Tuesday, January 21 at 11:30 am at Temple Shalom, East-West Highway & Grubb Road. The speaker will be Judith Cohen, Director of Picture Archives at the U.S. Holocaust Memorial Museum. Her topic is "The Mantello Rescue Mission: How a Hungarian Jew and a Salvadoran Diplomat Saved Thousands of Jews." The cost is \$10. Send a check payable to Hadassah to GWAC, 11900 Parklawn Dr., Ste. 350, Rockville, MD 20852. Attendees are requested to bring a dairy or parve bag lunch. Hadassah will provide coffee, tea and dessert. Janet Lazar (301-598-4066) will be coordinating transportation for those who need a ride.

The Mt. Scopus Judaic Study Group will meet on Monday, January 20, at 1:30 pm in Clubhouse I. The group will continue its studies of the minor prophets of the Bible. For further information call Joan Lees (301-598-3768).

Mt. Scopus is happy to announce that new member Amy Boltz has volunteered to be our card chair. She has a variety of Hadassah cards for occasions such as birthday, anniversary, bar/bat mitzvah, sympathy, congratulations, etc. She will be available at our meetings or call Amy (1-248-652-0304) to arrange to pick up cards or to have her send cards out for you.

## NA'AMAT NEWS

Ruth Reid

Looking forward to 2014 and hoping it will be a good and successful year; not only meeting our goal but, hopefully, exceeding it.

On Wednesday, January 8, at 12:30 pm in the Ballroom of Clubhouse I we will have as our guest speaker Al Temin. Al is the husband of Ruth, a member of the Dimona Club of Na'Amat USA. Al goes to Israel very often during the year since his children and grandchildren live there. His knowledge of Israel and all that is going on in that country is vast. He will speak on "Israeli Natural Resources." He has spoken on this subject numerous times and will be able to answer any and all questions you many have.

On Thursday, February 13, we will have a dessert event. There will be many different sumptuous cakes, pastries, pies and sugar free goodies for those who need it. The entertainment that day will be a stand-up funny man who will make us smile and laugh. What a sunshiny way to spend a day in the middle of winter! Fliers for that event will go out shortly.

In March, we are planning an overniter to Dover Downs. Check club trips for details.

On Sunday, April 13, we will see a most interesting play "Camp David" at the Arena Stage, followed by dinner at the Pooks Hills Marriott Hotel.

On a serious note and most important: our mission in being members of Na'Amat is to provide help to those who need it; mostly to children (the day care centers and scholarships). But there is also a very important need that we address; that is the many battered Israeli women. Our Glickman Center helps over 1,000 battered women. There they are given emergency haven and provided with immediate assistance and long term counseling. We are proud of our Glickman Center and all the good work that it does !

**THINK ISRAEL: THINK NA'AMAT**

## JANUARY PROGRAMS AT HAR TZEON-AGUDATH ACHIM

Events in the morning program:

10:00 am Tai Chi with Leonard Gross  
11:00 am Exercise with Mim Parizer.

### LUNCH AT NOON

Afternoon programs at 1:00 pm:

Yiddish Class with Marcia Levinsohn.

Jan. 2 - Michael Bloom, JD  
"More Jewish Humor"

Jan. 9 - "Young at Heart Dancers"  
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Jan. 16 - "Follow Me: The Yoni Netanyahu  
Story" DVD

Jan. 13 - Marcia Levinsohn:  
"A Matone (gift) from Bobe Zeyde"

Jan. 30 - Bob Lachin at the Piano  
"An Afternoon of Beautiful Music"

## Torah Study Group





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## **SANDY HOOK – ONE YEAR LATER**

EDITORIAL

Bernice Cohen

As I write this, it has been one year since the tragedy of Sandy Hook. Our nation listened and watched television in horror as the terrible events were revealed. One troubled young man entered the elementary school and randomly shot students and teachers. He had a gun. We were in a state of shock. All those innocent people killed. We mourned those deaths. We admired the presence of mind of one teacher who hid her students in the closet to protect them from the shootings. Maybe now our legislators would pass responsible gun laws. Our President promised that legislation would be passed that would prevent guns falling into irresponsible hands. Enough of this craziness. Around our country cries arose for action.

Legislators told us that this time gun legislation would certainly be passed. But some legislators seemed bent on obstructing any action that our President proposed—even gun legislation. Then there was the gun lobby which was and is rich and powerful enough to buy any legislator.

In the past year nothing happened to prevent any type of gun falling into the hands of anyone who wanted to get a weapon. Every day we hear about senseless killings in our own area and throughout the nation. Nothing has changed.

How many Newtowns will it take before we see steps taken to prevent these killings? What can we do? As the nation remembers Newtown and Aurora in 2012, the Empire State Building in 1997,

South Capitol Street in 2010 and random acts of gun-related killings, let us pray for an end to all of this horror. And let us pray for legislators who are brave enough to stand up to pressure and who will pass some kind of gun legislation.

**Charlotte Bacon  
Daniel Barden  
Rachel Davino  
Olivia Engel  
Josephine Gay  
Dylan Hockley  
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