



Jewish Residents of Leisure World

Silver Spring, Maryland

JANUARY 2017

TEVET - SHEVAT 5777

President: Kitty Atkin 301-598-0450

Newsletter Editor: Bernice Cohen 301-598-0192

PLEASE VISIT THE JRLW WEB SITE - <http://jrlwmd.org>

PRESIDENT'S MESSAGE

JANUARY 2017

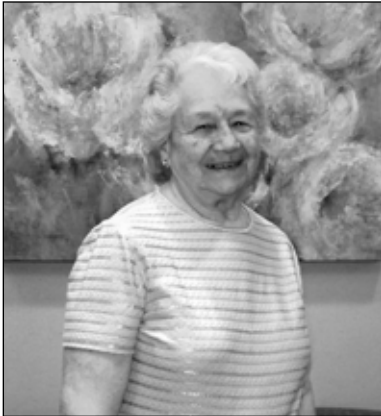


Photo Credit: Fred Shapiro

Here we are at the beginning of a brand New Year. I want to take this time to wish each and every one of you a Happy, Healthy and Peaceful New Year.

Now let us make a few New Year's Resolutions:

I resolve to get all my friends to try to attend as many of the JRLW activities as we can.

I resolve to make advance reservations for the Sunday Brunches on the 3rd Sunday of every month.

I resolve to consider myself an active member of the Membership Committee and include any new members that I can find, to greet them and make them feel welcome.

I resolve to find some aspect of JRLW in which to volunteer. I will consider saying YES instead of NO when I am asked to help out. There is always something I can do, even if it is making phone calls.

And so, with all of us keeping our eyes and ears open, we can help make JRLW the vibrant, active organization we want it to be.

Shalom,

Kitty Atkin

- 01 Sun - Day 8 of Chanukah
- 01 Sun - New Year's Day
- 03 Tue - JRLW Bd CH II 7:30 pm
- 04 Wed - JWV Mtg CH I 10:00 am
- 06 Fri - JRLW Cons Shabbat Svc Interfaith Chapel 7:30 pm
- 07 Sat - Study w/Rabbi Samber CH II 9:15 am
- 4 Sat - JRLW Shabbat Svc CH II 9:15 am
- 15 Sun - JRLW Brunch CH I 10:00 am
- 16 Mon - Hadassah Study Group CH I 1:30 pm
- 17 Tue - NA'AMAT Bd CH I 10:30 am
- 21 Sat - Study w/Rabbi Samber CH II 9:15 am
- 22 Sun - Hadassah Brunch CH I 10:00 am
- 28 Sat - Study w/Rabbi Samber CH II 9:15 am

NEWSLETTER STAFF

Bernice Cohen - Editor
 Shirley Griffin - Asst. Editor
 Shirley Rosenhaft - Asst. Editor
 Roz Rosenthal - Asst. Editor
 Fred Shapiro - Business Mgr.

THE DEADLINE FOR THE FEBRUARY NEWSLETTER IS JANUARY 10. ARTICLES SUBMITTED AFTER THAT DATE WILL APPEAR IN THE MARCH NEWSLETTER.

JRLW BRUNCH

Evelyn Dickman

On Sunday, January 15, we will have our JRLW Brunch at 10:00 am in the Clubhouse I Ballroom.

Frank Cassel, "Banjo Man", an award-winning musician, will present a lively performance of Bluegrass, Folk, and original music. As we listen to the familiar songs the "Banjo Man" plays, we will be tapping our toes. Frank Cassel will also inform us on the making of and history of the banjo.

Mail your check, made out to JRLW for \$10.00 per person, to Shirley and Jerry Gordon, 15311 Beaverbrook Court, #3A, Silver Spring, MD 20906. Please try to get your check in early. See you at the Brunch!



WOMEN'S SHABBAT SERVICE

Joan Engleman

It is once again my pleasure to chair this year's **Women's Shabbat Service**. This special day will be Saturday, May 13, 2017. Due to renovation to the fitness center, there will be a few minor changes.

The service will be held in the Clubhouse II Auditorium and the Oneg will be in the multi-purpose room. We are always looking for women to participate in this service. If you are interested, please call Janet Lazar at 301-598-4066.



IT'S A SCAM!!

Many of us have received an e-mail message or a phone call from "Microsoft Service." The e-mail or the person on the phone informs you that Microsoft has detected a problem with your computer. If you receive an e-mail notice, the message will warn you of an impending shut-down or a "page of death" which will happen to your computer.

Then, you will be told to call a certain number to have your damage repaired by a 'certified' Microsoft technician. If you receive a phone call, you will be told to go to your computer and follow the directions on your screen. **THIS IS A SCAM!** If you receive such a phone call, hang up. If you are on your computer, do not call the number. Turn your computer off, unplug it, and then turn it back on.

Sadly, I was a victim of this and, because I was scared, I allowed them to charge \$300.00 to my credit card. Thankfully, upon advice of my computer repair man, I called the credit card company and was able to stop payment.



I have been told that this group of unscrupulous people prey on senior citizens and that they have found a treasure trove here in Leisure World.

Please be aware and do not fall for this scam.

**Please patronize our
advertisers. Tell them
you saw their ad here
in the JRLW Newsletter.
Their ads help pay the
cost of this Newsletter**



JRLW WOMEN'S SHABBAT SERVICE

Saturday, May 13, 2017

The JRLW Women's Shabbat Service is providing an opportunity for individuals to honor all women. An annual booklet will include the names of the donors along with the names of those women whom we wish to honor. The proceeds from this booklet will go towards much needed new prayer books for JRLW.

This year it is requested that members contribute \$5.00 for each honoree name listed below. Donations should be included with your application. **Please include this entire page with your payment.**

Our Deadline For Your Donation is APRIL 20, 2017!

Please complete the application below. The names should be listed in the order you wish them to appear in this program. Additional names may be added on an additional page.

Please **PRINT** each name of the women to be honored below.

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Honored by – Please fill in your name below.

_____ Phone Number _____

**PLEASE MAKE YOUR CHECKS PAYABLE TO JRLW.
(IN THE MEMO LINE PRINT "PRAYER BOOKS" AND YOUR PHONE NUMBER.)**

DONATION IS \$5.00 PER NAME OF HONOREE.

**THE TOTAL ENCLOSED CONTRIBUTION TO THE
JRLW WOMEN'S SHABBAT SERVICE PROGRAM IS \$_____.**

NOTE: This form with your check should be returned to:

Marcia J. Hahn
2901 S. Leisure World Blvd., #136
Silver Spring, MD 20906
Attention: Women's Shabbat Service Program

Should you have any questions or comments, please contact Marcia Hahn at 301-438-3225.

COMMUNITY BULLETIN BOARD



HAR TZEON AGUDATH ACHIM

Each Thursday there is a day-long program, including lunch, held at Har Tzeon-Agudath Achim, a satellite program of the JCCGW. Lunch is at noon and the program starts at 1:00 pm.

January 19 - Dan Binstock at the Piano.

January 26 - Margo Cohen: "Laughter Yoga."

Wednesdays at YOUNG ISRAEL SHOMRAI EMUNAH:

January 18 - Lorena Baines: "The National Gallery of Art Comes to You!"

SHAARE TEFILA SYNAGOGUE

Shaare Tefila Synagogue holds morning Minyan 8:00 am every Monday and Thursday for those saying Kaddish or observing a Yahrzeit and welcomes anyone who wishes to just drop in at any time.



ON THE LIGHTER SIDE

A doctor who had been seeing an 80-year-old woman for most of her life finally retired. At her next checkup, the new doctor told her to bring a list of all the medicines that had been prescribed for her. As the doctor was looking through these, his eyes grew wide as he realized Grandma had a prescription for birth control pills.

"Mrs. Cohen, do you realize these are birth control pills?" "Yes, they help me sleep at night."

"Mrs. Cohen, I assure you that there is absolutely nothing in these pills that could possibly help you sleep!"

She reached out and patted the young doctor's knee and said, "Yes dear, I know that. But every morning, I grind one up and mix it in the glass of orange juice that my Granddaughter drinks. And believe me, it definitely helps me sleep at night."

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Weekday & Shabbat Service Times

	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
am	9:00	6:45	-	-	6:45	8:00	9:30
pm	7:30	7:30	7:30	7:30	7:30	6:30	--

For further info: Call Office @ 301-762-7338 or Ted (JRLW member) @ 301-929-1542

JRLW/COA MOVIE

Movie: "THE GREEN PRINCE"

Documentary, English, Hebrew, Russian (with English Subtitles)

When: Wednesday, January 11, 1:30 - 3:30 pm

Where: Clubhouse II Auditorium Discussion to follow.

Cost: \$7.00/person

Set against the chaotic backdrop of recent events in the Middle East, Nadav Schirman's THE GREEN PRINCE retraces the details of a highly unprecedented partnership that developed between sworn enemies. In the style of a tense psychological thriller, this extraordinary documentary recounts the true story of the son of a Hamas leader who emerged as one of Israel's prized informants and the Shin Bet agent who risked his career to protect him.



CANTOR'S CORNER

Michael Kravitz

Many of you will get this issue before the end of December, 2016, and, likely, will be celebrating Chanukah with family and friends. Here are some things to think about as you celebrate into the early part of January, 2017.

If you DIDN'T come up with all the correct questions to last month's JEOPARDY!-styled quiz concerning "Ma'oz-Tzur," don't feel too badly. As I said last month, I wouldn't have gotten all of them either if I hadn't looked up the information in advance. I'll use this column to elaborate a little bit on those answer-questions.

We're not totally sure who the Mordechai is whose name is formed from the first letter of the first word in each of the first five verses. He may have been Mordechai ben Isaac ha-Levi who wrote the Sabbath table-song "Mah Yafit (How Beautiful You Are)." He may also have been a scholar referred to in the Tosafot (additions), the critical remarks and notes written by mostly unknown scholars, for specific sections of the Babylonian Talmud or he might be the scholar whose father-in-law was martyred in Mayence in 1096.

The most popular melody for "Ma'oz Tzur" comes from a German folk song "So Weiss Ich Eins, Das Mich Erfreut, Das Pluemlein Auff Preiter Heyde." It was a melody that had been used by German Jews since around 1450 and was popular enough in Germany that it was used in 1524 in his German Chorales by none other than Martin Luther! The first line of his Chorale "Nun Freut Euch, Lieben Christen G'mein" sounds EXACTLY like "Ma'oz Tzur." GOOGLE this piece and hear for yourself if you are interested!

The sixth (and final) verse of "Ma'oz Tzur" starts with the words "Chasofe Zroa Kodshecha (O,

bare your holy arm)." The Hebrew letters which begin these three words are CHET ZAYIN KOOF. These produce the Hebrew word "CHAZAK" which means "be strong." We use this word at the end of the reading of a book of the Torah as part of "CHAZAK CHAZAK V'NITCHAZEK (be strong, be strong, and let us summon our strength)."

The fifth verse of "Ma'oz Tzur" specifically relates to Chanukah. A translation of this verse could be "THE GREEKS PETITIONED AGAINST ME IN THE DAYS OF THE HASMONEANS THEY BROKE DOWN THE WALLS OF MY TOWERS AND DEFILED ALL THE OILS BUT, FROM THE LAST REMAINING FLASK, A MIRACLE WAS WROUGHT FOR THE JEWS THEREFORE, THE SAGES OF THE DAY ORDAINED THESE EIGHT FOR SONGS OF PRAISE."

So, while you're singing "Ma'oz Tzur" at your holiday tables, think about the miracle of Chanukah in days past. And if you're looking to sing the first verse in Hebrew and English, you might consider using the English verse from the Silverman Prayer Book (p.365). It is not a literal translation but it does capture the spirit of the Hebrew.

ROCK OF AGES, LET OUR SONG PRAISE THY
SAVING POWER THOU AMIDST THE RAGING
FOES WAST OUR SHELTERING TOWER
FURIOUS THEY ASSAILED US, BUT THINE
ARM AVAILED US, AND THY WORD BROKE
THEIR SWORD WHEN OUR OWN STRENGTH
FAILED US

May each of you continue your joyous Chanukah celebration and let me wish you, on the Gregorian calendar, a HAPPY NEW YEAR!

GOOD AND WELFARE

Happy Birthday to Clare Golub on her special birthday.

Joyce Fisher fell and broke her ankle. She is currently in rehab at the Hebrew Home. We wish her a speedy recovery.

Florence and Izzy Wolf are leaving us for a relaxed life in the Ring House. We will miss them and wish them happiness in their new home. We are certain that Florence will find a Mah Jongg game there.

Fred Shapiro fell and broke bones in his hand. We hope that, by now, he is better and back in action.

Thanks to Natalie Brodsky and her crew for the lovely kiddush following our Saturday morning Shabbat Services. Not only does Natalie supervise the setting up of the tables, she also does the shopping. Kudos to Natalie and her committee!

HADASSAH

Barbara Eisen

Hadassah will start off the new year with a brunch on Sunday, January 22, from 10 am to 1 pm in the Crystal Ballroom in Clubhouse I. This special buffet will contain many delicious items. Moshe Briel will be speaking on "My Mother's Hadassah: Five Decades of her Local Experiences." He has many anecdotes and pictures to present. Moshe Briel has worked at many firms in Israel and in the U.S. He was president of the Wheaton Kensington Chamber of Commerce from 2008 to 2010. He is multilingual and has had a variety of experiences. The cost of the event is \$18.00. Send your check payable to Hadassah to Janet Lazar, 15311 Beaverbrook Ct. #1B, Silver Spring, MD 20906 by the deadline date of January 15. Look for an invite and flyers for further information. If you have any questions, please call Janet Lazar (301-598-4066).

If necessary, the backup snow day will be Sunday, January 29.

The Judaic Study Group will meet on Monday, January 16, in Clubhouse I at 1:30 pm. Naomi Kline will lead part two of the discussion on Zionism which was started in November. We invite all who are interested in any aspect of Jewish studies and the relationship of Judaism to our daily lives to attend. Please contact Peri Schuyler (301-869-2968, perislaptop@aol.com) for further information.

Jan Bloom (301-593-7720) is currently handling the sale of Hadassah cards. The prices are \$2.50 each or 5 for \$10. Hadassah greeting cards are displayed and sold at every Hadassah meeting. Please call her if you want to purchase one of our beautiful cards.

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Please send your donations to Larelda at 3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906.

If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonneborn (301-288-4902, Carole200@comcast.net) or Mimi Meltzer (301-806-0976, Mimi20852@aol.com).

WE REMEMBER

Our condolences to the families of the following:

Robert D. Rosenthal.
Robert J. Kent.
Ronald Davis.
Joshua Bass.
Rosalind Ruth Berman.
Sanford Golden.
Albert Hemmerdinger.

May their memory be as a blessing.

TZEDAKAH, KIDDUSH AND ONEG DONATIONS

For information about Tzedakah, Oneg or Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring, MD 20906.

KIDDUSH

Kiddush donation by Carol and Phil Wendkos for thanks for their honors at Shabbat Services.

TZEDAKAH

Sandra and Jay Estrain in memory of our beloved son Ronnie Estrain.

Suzanne Ellis in honor of Rabbi Samber and the Study Group.

Suzanne Ellis in honor of Cantor Mike Kravitz.

Trudy Stone in fond memory of Faye A. Freedman. She will be missed by many.

Trudy Stone wishing my dear friend Ruth Reid a speedy and complete recovery.

Rochelle Gomes in memory of Faye A. Freedman.

Sheila Chodorov in memory of Leonard Teitelbaum.

Sheila Chodorov in memory of Faye A. Freedman.

Rochelle Gomes in loving memory of Nash Chawla.

Carole Jason in memory of Faye A. Freedman.

Carole Jason sending get well wishes to Bernice Cohen.

Carole Jason sending get well wishes to Joyce Fischer.

Bernard Ascher in memory of his friend Ron Davis.

Lucy Pollak sending get well wishes to Freeda Wolf.

NA'AMAT NEWS

Ruth Reid

What's that lurking by the door? It looks like 2017 is here. Welcome, 2017! We hope it will be a good year for all of us.

As you know, in January and February, our NA'AMAT club does not have any open meetings because of the uncertainty of the weather conditions. But, we always have our Board meetings – every third Tuesday, starting at 10:30 am, in Clubhouse I. All who would like to attend are welcome. We use these meetings to plan our future events and activities. Your ideas and involvement are much appreciated.

If you like to plan ahead, here are the highlights for the beginning of the year:

Vice President of Programs Gladys Blank is working to get an interesting speaker for March. Stay tuned for details.

Of course, April is our Spiritual Adoption luncheon, featuring special guest speaker Leslie Milk, a writer and editor with Washingtonian Magazine and a perennial favorite of ours.

The Donor Luncheon and Installation of officers and board members will take place in May at a new venue – the Norbeck Country Club. We will have entertainment by a fabulous singer.

In June, we plan to have an exciting and fun end-of-the-year celebration.

A final look back to 2016, with a special shout-out to the “Kugel Ladies” who whipped up delicious kugels for the Card Party that was held in December. We can always depend on them to come through for us.

By now, you have received the Hanukkah Appeal Letter. We hope you will be generous, as you have been in the past.

Once again, we want to thank all of our members for attending events and supporting NA'AMAT's mission.

THINK NA'AMAT, THINK ISRAEL!!

BEYOND CHICKEN SOUP; JEWS AND MEDICINE IN AMERICA

The Jewish Museum of Maryland and Compassion & Choices of Leisure World will present a documentary exploring Jewish teachings and the contemporary legal scene dealing with end of life issues. The film will be shown in the Clubhouse II auditorium on Tuesday, January 31, at 2:00 p.m.

How can the medical profession better help people navigate the final chapters of their lives with confidence, direction and purpose? Renowned surgeon and New Yorker writer Atul Gawande explored these questions in his best-selling book, *Being Mortal*. Gawande teams with FRONTLINE to bring his personal journey and the stories of his patients and their families to life and challenges us all to reexamine how we think about death and dying.

We need women to volunteer for the **WOMEN'S SHABBAT SERVICE MAY 13, 2017**, to assist with the following:

Aliyahs

English Readings

Opening the Ark and

Two Women to Chant the Aliyahs

If you would like to participate in this Special Service, please contact Janet Lazar at 301-598-4066 as soon as possible.

RECIPE CORNER SWEET AND SOUR MEATBALLS

Ingredients:

3 pounds lean ground beef
1 egg
1/4 cup dry bread crumbs
1 onion, chopped
1 cup packed brown sugar
3 tbsps flour
1 1/2 cups water
1/4 cup white vinegar
3 tbsps soy sauce

- In a medium bowl, combine the ground beef, egg, bread crumbs and onion. Mix thoroughly and shape into golf ball-sized balls.
- In a large skillet over medium heat, gently brown the meatballs and set aside.
- In a large saucepan, combine the brown sugar, flour, water, white vinegar and soy sauce. Mix thoroughly. Add meatballs and bring to a boil. Reduce heat and simmer, stirring often, for 30 minutes. Serve over rice or noodles. Enjoy!

(I add a can of drained pineapple chunks to the meatballs about 5 minutes before the meatballs are done.)

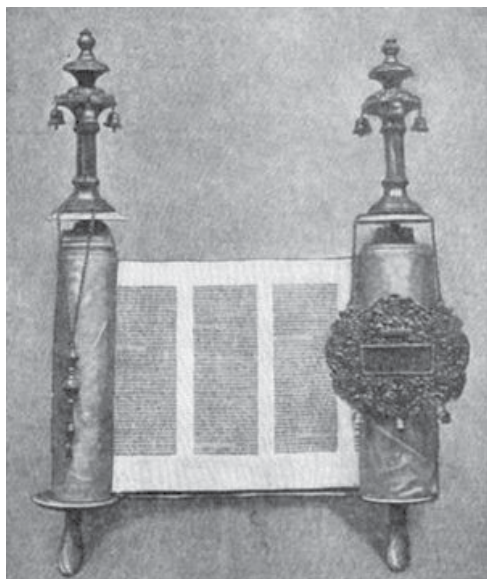
JANUARY RELIGIOUS SERVICES



Friday evening Conservative Shabbat Services will be held on January 6, at 7:30 pm, in the Interfaith Chapel. Rabbi Gary Fink will conduct the Services. The choir will be led by Ed Laskin. An Oneg and social hour will follow the Services.

On Saturday morning, January 14, at 9:15 am, we will hold Shabbat Services. The Torah Portion will be Vayhi. Egon Guttman will chant the Haftorah. Fred Shapiro will give the D'var Torah. There will be a Kiddush following Services.

Rabbi Samber will lead a short service and Torah study on Saturdays, January 7, 21 and 28, at 9:15 am in Clubhouse II. All are welcome.



JRLW ACTIVITIES

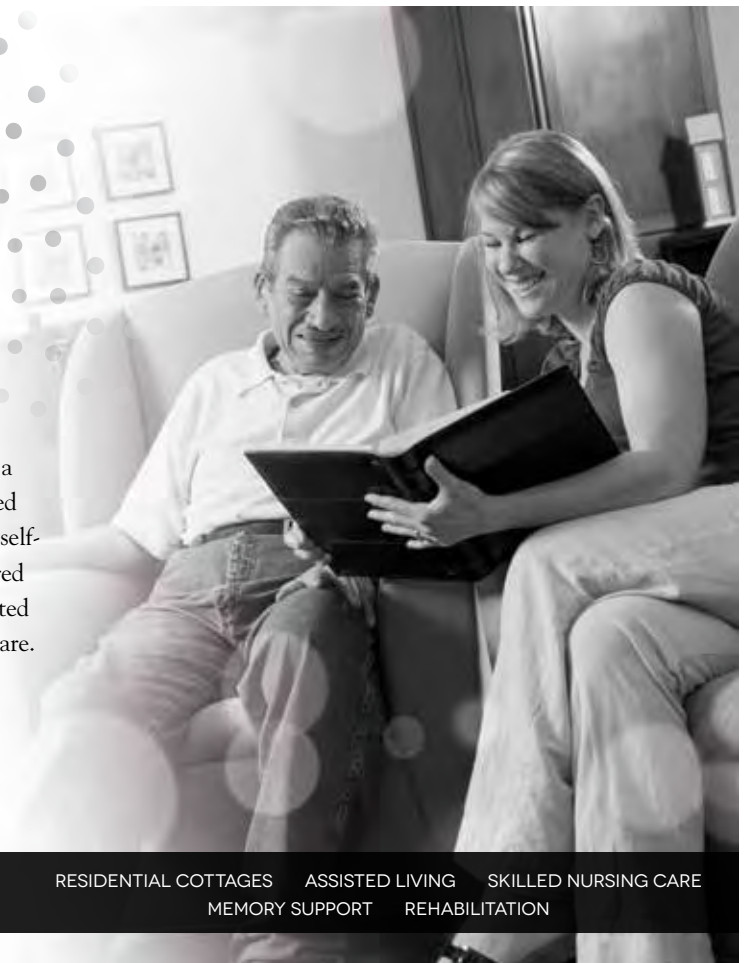


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*Source: AARP PPI, "What is Livable? Community Preferences of Older Adults," April 2014

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DID YOU KNOW...? JRLW members are eligible for substantial discounts on burial sites, goods and services? Contact Fred Shapiro for your *Discount Voucher!*



Shown above: "Mikrahan" is one of many art works created by artist P. Ratner for Judean

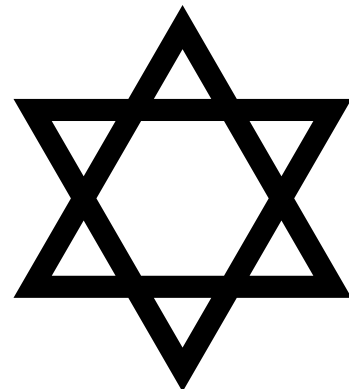
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FRIENDSHIP SERIES

Kensington Park and the Jewish Social Service Agency (JSSA) will be facilitating a four-session course, 'Connecting in Friendship,' which will be held every Monday in February. This course is designed to help older adults develop and maintain happy, healthy friendships.



Class participants must register in advance.

Please RSVP by telephone, at (301) 946-7700, or by email at hflattery@kensingtonretirement.com.

Event Details
Monday
February 6, 13, 20, 27
2:00-3:30 pm
Kensington Park Senior Living
3620 Littledale Road
Kensington, MD 20895


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JANUARY

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 NEW YEAR'S DAY Chanukah Day 8	2 JRLW Bd. Mtg. CH II 7:00 pm	3 JWV Mtg. CH I 10:00am	4	5	6 JRLW Cons. Shabbat Reform Svc Interfaith Chapel 7:30 pm 4:44	7 Study w/Rabbi Samber CH II 9:15 am
8	9	10	11	12	13 4:50	14 JRLW Shabbat Svc CH II 9:15 am
15 JRLW Brunch CH I 10:00 am	16 Hadassah Study Grp CH I 1:30 pm	17 NA'AMAT Bd. Ch I 10:30 am	18	19	20 4:58	21 Study w/Rabbi Samber CH II 9:15 am
22 Hadassah Brunch CH I 10:00 am	23	24	25	26	27 5:06	28 Study w/Rabbi Samber CH II 9:15 am
29	30					

2017

Jewish Residents of Leisure World



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Silver Spring, MD 20906

Time Critical Information

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