



Jewish Residents of Leisure World

Silver Spring, Maryland

March 2012, Adar - Nissan, 5772

Newsletter Editor: Bernice F. Cohen 301-598-0192 Website: <http://www.jrlw.org>



JRLW President's Message

Purim has always been one of my favorite Jewish holidays. To me, it represents the strength and courage of a Jewish woman, Queen Esther. She was willing to sacrifice her life in order to save her people.

This year, for the first time in the history of JRLW, we will hold Services and read the Megillah on Purim on March 8, at 9:30 am. I hope this will be the beginning of a new tradition for JRLW. Rabbi Fink will be conducting the Service. I look forward to seeing you there. Happy Purim!

Continuing with highlighting my different committee chairpersons, this month I choose to spotlight the person who encouraged me to become president of JRLW -- Fred Shapiro. There is so much to speak about when it comes to Fred, that I must limit myself to just a few of his many contributions to our organization

During his tenure as president, he introduced many innovations including our association with the Jewish Community Center of Greater Washington. Through our affiliation with the JCCGW, we have benefitted by having special programs and entertainment brought to Leisure World.

Since leaving office, Fred has become a Board Member of JCRC. This keeps us aware of and involved in activities that concern Jewish affairs both locally and internationally. Through his efforts, we co-sponsor the annual Health Fair which services the whole Leisure World community. These Health Fairs have been very well attended.

Fred has been my advisor, my mentor and my friend. Thank you, Fred.

Shalom,

Dolly Solomon

Upcoming JRLW March Events

- Fri 2 – Friday evening Services-
Conservative B'nai Brith
- Mon 5 – JRLW Board Meeting 7 pm
- Wed 7 – Na'Amat Meeting 12:30 pm
- Wed 7 – Hadassah Board Meeting
- Wed 7 – JWV Meeting 10 am
- Wed 7 – Class – "The R-Rated Torah."
10 am
- Thur 8 – Purim Services – Megillah Reading
9:30 am
- Sat 10 – Saturday Morning Services
- Sun 11 – JWV Brunch 10:15 AM
- Wed 14 – Class – "The R-Rated Torah."
10 am (continued on Page 2)

**RESERVATION FORM FOR THE SECOND SEDER
IS ON PAGE 3 OF THIS NEWSLETTER**

Wed 14 – JRLW & CoA-Comediam Keith Barany 2 pm
 Wed 14 – Na’Amat Tea
 Thur 15 – JRLW Singles Mtg Silver Diner 12 noon
 Sun 18 – JRLW Breakfast Forum 10 am
 Tues 20 – Na’Amat Board Meeting
 Wed 21 – Hadassah Meeting and Program 12:30
 Thur 22 – Movie – “David.” 1 pm
 Wed 28 – “Jewish Connections” 10:30 am

EDUCATION PROGRAMS

March 7, 14

Rabbi Gary S. Fink, D. Min. is going to return by popular demand to continue his course on the “The R-Rated Torah: What You Never Learned in Hebrew School.” We will explore stories of conflict and passion in the Hebrew Bible and in Jewish tradition. Through the study of sacred texts, we will look at how our ancestors dealt with jealousy, animosity, sex, repentance, and reconciliation, and will include modern perspectives in our discussion as well. Rabbi Fink will expand our exploration of discord and infatuation to include stories from the Talmud and the Mishna. Classes are from 10 am to 11 am in Clubhouse I. The fee for the course is \$24.00.

March 28

Jewish Connections - Our guest questioner, Cantor Mike Kravitz, the JRLW Cantor, promises a fun-time for all. Think you are knowledgeable about things Jewish? Do you like to play trivia games? If you answered

“yes” to either or both of these questions, then you’ll want to attend a Jewish trivia contest. Come and bring your friends for a game-show called “Jewish Connections.” You’ll be glad you did. Class is from 10:30 to 11:30 in Clubhouse I. The fee for the course is \$6.00.

MARCH BREAKFAST FORUM

The March JRLW Breakfast Forum will be held on Sunday, March 18, 2012, at 10:00 am in the Crystal Ballroom in Clubhouse I. The speaker will be Eric Fusfield, Deputy Director of the B'nai B'rith Center for Human Rights and Public Policy. and the Director of Legislative Affairs for B'nai B'rith International.

Make your reservation for this interesting program by mailing your check made payable to JRLW, for \$5.00 members (\$8.00 non-members) to Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, Maryland 20906.




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Jewish Residents of Leisure World Community 2nd Seder

Saturday, April 7, 2012, 6 pm - Clubhouse 1, Crystal Ballroom

MEAL WILL BE KOSHER - led by Fred Firnbacher

Menu: Gefilte Fish, Hardboiled Eggs, Greens, Horseradish, Charoses, Chicken Soup w/Matza Balls, Apricot Chicken, Potatoes, Mixed Vegetables, Decaf Coffee, Tea and Dessert

Please complete and return this registration form by **Thursday, March 29**

\$30 per person; \$10 children under 10

Make your check payable to "JRLW" and mail to:

**Marilyn Fox
3005 S. Leisure World Blvd., #615
Silver Spring, MD 20906**

**Additional questions, please call either Marilyn (301-598-0450)
or Millie Kipperman (301-438-9646)**

**We will have reserved tables for 8 to 10 people. If you wish to put a table together,
please list all names and phone numbers and include all checks with this form.**

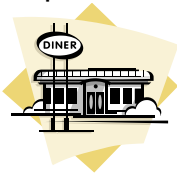
- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Number of Adults ____ Children w/ages ____ Amount Enclosed: \$ ____

JRLW SINGLES

Anita Van Grack

The JRLW Singles lunch in March will be held on Thursday, March 15, at the Silver Diner on Rockville Pike. Please call Anita Van Grack at 301-438-1431 for reservations. Plans are in the works for our free lunch to be held Thursday, April 19, in Clubhouse I. We will have surprise entertainment. Please make plans to attend.



CONDOLENCES



We offer our sincere sympathy to the families of the following:

Betty Adair Patlen
Myer Rosenfeld
Ruth Compart
Sylvia Solomon
Evelyn Klein
Julia Firestone, sister of Allan Firestone
Robert Conn
Larry Kotzker

May their memory be a blessing

PURIM SERVICES; MEGILLAH READING

On Thursday, March 8, 2012, at 9:30 am, JRLW will hold a Purim Service including the reading of the Megillah. The Service will be led by Rabbi Gary Fink. It will be held in Clubhouse II, Exercise Room. Join us after the service for hamantashen, coffee and tea. Please bring noise makers. All are encouraged to dress for the occasion.



GOOD AND WELFARE

Mazel Tov to Rhoda Krens on the Bar Mitzvah of her grandson.

Ellen Zweig fell and fractured her hip. She had to undergo surgery. She is now in rehab at Brooke Grove. We wish her a speedy recovery.

Bert and Marcia Crystal are in Chicago celebrating the Bat Mitzvah of their granddaughter Hope Crystal. Congratulations.

Mazel Tov to Ruth and Al Temin who attended their oldest grandson's wedding in Israel. The wedding took place on December 29, 2011. The Temins who recently moved to Leisure World are new members of JRLW. Their son-in-law, Rabbi Philip Pohl, formerly the Rabbi at B'nai Shalom Synagogue of Olney, now leads the Kol Shalom Congregation of Annapolis.

Marilyn and George Kessler are in Israel for the Bar Mitzvah of their grandson Hillel. Mazel Tov!

Miriam Gilbert injured her lower back and had to be hospitalized. As of this writing she is in rehab at the Hebrew Home. We hope she will be able to go home soon.

Bea Seidner injured her back and has been under the weather for some time. We hope that the last treatment she received will help her feel better soon.

We are in need of some more good news to put in this column! If you have any, please let us know.



NEW MEMBERS

We welcome the following new member to our organization:

Marian Altman – 15004 Westholm Ct.

Stuart and Sandra Brafman – 14805 Pennfield Circle.



NEWSLETTER STAFF

Bernice Cohen – Editor
Nate Sternberg – Layout
Fred Shapiro – Business
Shirley Griffin - Asst. Editor

JRLW SECOND SEDER

Fred Firnbacher

Since many of us attend the first Seder with family or friends, JRLW gives us the opportunity to have a different experience by attending a second Seder right here at Leisure World with our friends and neighbors. The Seder will be on April 7 at 6 pm, in the Crystal Ballroom of Clubhouse I. The Seder will be a fun evening as well as a spiritual one. We use a Haggadah, which presents an abbreviated, yet complete service, with a lot of singing. Everyone attending will participate because we have responsive reading. And of course---the meal will be delicious!!

Since our Seder will be abbreviated, you can plan to be home by 9 pm.

The deadline for making reservations is Thursday, March 29. The price is \$30.00 per adult; and \$10.00 for children under ten. Make your check payable to JRLW and mail to Marilyn Fox, 3005 S. Leisure World Blvd.,

#615, Silver Spring MD 20906. Make your plans early since we hope to have another sellout.

If anyone plans to bring their grandchildren, we could use some youngsters to recite the four questions. You can contact Fred Firnbacher at 301- 438-3877.



EVENT FOR ISRAEL SUPPORT

Join us for a community-wide event to support the American Jewish International Relations Institute (AJIRI), whose mission is to educate the public on the UN's program concerning Israel.

The program will be held Sunday, March 25, at 7:00 pm, at Ohr Kodesh Congregation, Chevy Chase, Maryland. The program will feature Senator Ben Cardin. Dessert reception to follow. Admission is free but pre-registration is required. To register for this event visit www.ajiri.us.

Sheila Chodorov,
Member, Planning Committee

For more information, call Sheila Chodorov at 240 449-0229

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PHYLLYS HUTT'S CORNER:

A VERY BIG GAP "TO FILL IN"

I have heard it said, "Thank G-d for the Orthodox.....they sustain and preserve our religion."

Our family was Conservative, bordering on Reform. When my son Robert married Ruth 25 years ago, it was an Orthodox ceremony in every way. He told me that he had said to himself as Ruth was wending her way around him seven times, "I feel as if I am marrying into a new faith." Nevertheless, Ruth maintained her kosher kitchen and Rob learned to accept and embrace the changes in his life.

It is hard to believe that now my granddaughters are in their twenties, and Noah, the baby, the sassy. assertive. unique and oftentimes behavioral problem child is now eighteen! Noah says it like it is. He sugar-coats nothing, facing facts, asking probing questions and arriving at profound and thought-provoking answers akin to someone far beyond his years. Always the wild child, always rebellious.but with humor and spirit. One simply cannot be angry with Noah. In sum, he is and always will be lovable.

However, in the recent past the picture has been slowly evolving. Noah began to join various programs in the Jewish community. When I would ask to speak to him on the phone, the answer was often, "Oh, you just missed him. He is at the Torah Center attending a class," or "He's at a seminar for Jewish youth this weekend." He became a veritable Boy Scout! The caterpillar had become a

butterfly! One day on the phone he told me he was saving to buy a new pair of tefillin. I said, "A new what?" He repeated his previous statement. "And for what will you use them?" I asked quizzically. "Why, to davven, of course." came the logical answer. I told him I thought I still had a little velour tefillin bag that had belonged to his Pop-Pop, and he could have it. When I told him it was still in the armoire, Noah exclaimed, "Oh, Mimi ! Thank you, thank you, thank you...it means so much to me." One would think I had just told him he had won the Maryland Lottery or, at the least, a new Mercedes. I made sure that the little velour bag

with the treasure it held was mailed as quickly as possible to the willing recipient in Indiana. A few days later I received a call from Noah, telling me that he had received it and had it checked to make sure it was "kosher." Hearing the happiness in his voice, I felt as if I had done an honor to my late husband, who had used them last, and an honor to Noah who will make use of them in his future. I explained what a blessing it is to maintain that golden tie, that invisible connection that ties us together with our ancestors -- .L'dor, V'dor, one generation to another.

RECIPE CORNER

HAMANTASHEN

Bernice Cohen

When we think of Purim, we think of Hamantashen; just as potato latkes go with Chanukah. When my children were young, I encouraged them to help with this Purim delicacy because the recipe was simple and fun to make and because I wanted to get them involved with our Jewish holiday traditions. I use the cookie dough recipe rather than the thin pie crust type of dough. Also, I found that in addition to the poppy seed (muhn) or prune filling, the children really preferred canned pie filling – either cherry or apple – to fill the three-cornered sweets.

Ingredients: 2 cups flour, 2 tsps. Baking powder, ½ tsp salt, ½ cup butter or margarine, 1 cup sugar, 1 egg, ½ cup water, 1 tsp. vanilla extract. Mix dry ingredients. Cream butter and sugar until 'fluffy.' Add egg. Add dry ingredients alternately with water. Add vanilla. Mix well. Roll out dough on floured surface to about ¼" thickness. Cut out into 2 inch rounds. If you don't have a cookie cutter, you can use a glass or a jar cap. Put approximately a tablespoon of filling in the middle of each round. Fold up three sides to form a triangle. Place on cookie sheet and bake at 350° oven for about 45 minutes or until lightly browned. Cool on rack. Store in tightly covered metal container.



JEWISH WAR VETERANS

JWV will hold Business Meetings in Clubhouse I at 10:00 am on Wednesdays, March 7 and April 4.

We will have brunches in Clubhouse I at 10:15 am on Sundays, March 11 and April 1. We are planning a trip to Atlantic City in April, and a Villa Roma trip June 25 to 29. Further information will be forthcoming.

We are fortunate to have Faye A. Freedman as Chairperson of our Trips & Entertainment Committee. She is working on additional trips

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Make check payable to JRLW and mail to Ellen Zweig at 3210 N. Leisure World Blvd., Apt 504, Silver Spring, MD 20906.

Margie and Marvin Freedenberg – a prayerbook in memory of Bernard and Mickey Schloss, brother and sister-in-law of Thelma Wittenberg.

Lolly Shapero – two prayerbooks in memory of her mother Anne Forman Chernikoff.



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JRLW TRAVEL

Theda Rosenblum

Have you thought about getting away for a few days? If the answer is 'yes,' you will be happy to learn that JRLW has three (3) trips planned for you.

June 4 - 7, 2012 - Wildwood, Cape May and Atlantic City. Four days; 3 nights. Price \$325.00 per person.

September 4 - 7, 2012 - Ocean City, Maryland. Four days; 3 nights. Price \$229.00 per person.

October 16 - 17, 2012 - Atlantic City, New Jersey. Two days; 1 night. Price \$150.00 per person.

For further information and to make your reservation, contact Theda Rosenblum, 301-598-9105, 3330 N. Leisure World Blvd., #117.



Managing Stress as a Senior

Adapted from an article from the Yale School of Medicine.

By Beth Shapiro, LCSW JSSA Senior Services and Coming of Age in Maryland
301-816-2665 • bshapiro@jssa.org

For older adults, prolonged stress can come from chronic illness, disability, or the loss of a close friend or spouse. These types of stressors are long term and can be difficult to deal with. Stress causes our bodies to release stress hormones, which over time, can take a negative toll.

According to the Yale School of Medicine studies show that long-term stress can damage brain cells, leading to depression. In fact, depression is one of the most dangerous effects of stress for older people with statistics indicating that nearly 2 million Americans over age 65 suffer from some form of depression.

If you have suffered a loss, are struggling with an illness or disability, or are having trouble dealing with a major transition or change in your life, know that symptoms of stress are normal and not a sign of weakness. The Yale School of Medicine offers these possible signs of stress in older people:

- Fatigue
- Loss of memory and concentration
- Inability to fight off or recover from illness
- Increased risk of chronic diseases such as heart disease and cancer
- Symptoms of stress may include anxiety, sadness, trouble eating and sleeping, aches and pains, and weight loss.

As a first step, recognize the extent of your stress then try these simple coping strategies to work through it.

Take care of yourself. Get plenty of sleep and maintain a healthy diet. Avoid caffeine and alcohol.

Get regular exercise. Exercise releases hormones that help you fight off stress and depression.

Talk about your feelings. Sharing your feelings with friends and loved ones is the best way to get these emotions out in the open, where you can start to deal with them.

Learn relaxation techniques. Deep breathing, meditation, yoga, music, reading, or participating in activities that you enjoy, such as a walk around your neighborhood.

Put things in perspective. Accept that there are some things you just can't control—try to see the positive aspects of change and value humor. Solve whatever problems you can and let go of the rest.

Get professional help. If you feel you are struggling with stress or depression, talk with your doctor or feel free to let me know how I can help. Sometimes counseling or medication is needed to help us get back on track. Treatment is nothing to be ashamed of, and it usually does work.

It is important to note that prolonged sadness, anxiety, loss of interest in life, and giving up activities you once enjoyed are not a normal part of getting older. They could be signs, not just of stress, but of depression. If you are struggling to deal with stress or depression, ask for help from your doctor or another member of your medical team.

Stress from the inevitable losses that come with aging are normal, but shouldn't define our lives. **Call me and let's talk about ways you can deal with your stress. ~ Beth**

TZEDAKAH & ONRG/KIDDUSH DONATIONS

For information about Tzedakah donations or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring MD 20906.

TZEDAKAH DONATIONS

The following donations were made in memory of Sheila Malley, sister of Sandra Ehrlich:

Carol & Jack Lerner
Phyllys Hutt
Carol Fogel
Carole Jason
Sandy & Buddy Budman

Susan and Jerry Weiss sending get well wishes to Ellen Zweig.

Theda Rosenblum in honor of the Bar Mizvah of Jakob and Franklin, twin grandsons of Madeline and Fred Shapiro.

Phyllys Hutt in memory of Carol Jacobson, beloved mother of Susan Cohen.

Madeline and Fred Shapiro condolences to Beverly Itzkowitz in memory of Gary Itzkowitz.

Betsy and Fred Firnbacher for Yahrzeit of Maier Firnbacher.

Susan and Jerry Weiss in memory of Julia Firestone, sister of Allan Firestone.

Sandra Sager condolences to Beverly Itzkowitz in memory of Gary Itzkowitz.

Sandra Sager condolences to Elaine Conn in memory of her husband, Robert Conn.

ONEG & KIDDUSH DONATIONS

Abe Hamburg in honor of his 91st Birthday.

Mt. Scopus Hadassah

On Wednesday, March 21, Dr. Joan Vernikos, a former Director of NASA's Life Sciences Division, will speak on "Sitting Kills, Moving Heals – Staying Healthy and Independent in Today's World." Her research with NASA led her to a method of movement to improve health and delay the effects of aging. The meeting will be held in Clubhouse I. Socializing begins at 12:30pm and the meeting starts at 1pm. Everyone is welcome to attend.

The Mt. Scopus Bible Study Group will discuss Lilith on Monday, March 19 at 1:30pm in Clubhouse I. New participants are welcome.

The Greater Washington Chapter of Hadassah is holding an Open House to celebrate our century of service in healing, education, advocacy, planting and building on Sunday, March 18 from 1:00-4:00pm at the office, 6101 Executive Blvd., Suite 130 in Rockville. This is a family affair. The office is requesting items to fill goody bags for children in shelters, foster care or hospitals. Please bring games, crayons, stickers, books, puzzles, coloring/activity books, small (new) plush animals, or colored pencils. Refreshments will be served. RSVP to 301-881-8203 if you plan to attend.

**THE DEADLINE FOR THE
APRIL NEWSLETTER IS
MARCH 9. ARTICLES
RECEIVED AFTER THAT
DATE WILL NOT APPEAR
IN THE APRIL
NEWSLETTER!!**

NA'AMAT NEWS

Trudy Stone

Our March speaker, Liz Crenshaw, is unable to attend our open meeting on Wednesday, March 7. However, we have been very fortunate to replace her with Bob Levey. Many of you know Bob from his many years as a columnist with The Washington Post newspaper. Bob also hosts a talk show on Newschannel 8, and has worked for six radio stations and several television stations as a commentator. This is an open meeting, so be sure to attend. We thank Bob for being available to Na'Amat.

Fliers have been sent for our tea at the Historic Mayflower Hotel on Wednesday, March 14. This trip is sure to be sold out. If you need information, please call Gladys Blank, 301-438-9666, or check the column in the LW Newspaper under club trips.

Our trip to Dover Downs Hotel and Casino is close to being sold out as of this writing. We look forward to an exciting overnight. The hotel offers many restaurants, a shopping arcade, slots and live harness racing. Call Trudy Stone, 301-438-0016 for more information.

The date of Na'Amat's board meeting is Tuesday, March 20, at 10:00 am, in Clubhouse I. We are always happy to have our members attend these meetings and bring new ideas.

Na'Amat is fortunate to have dedicated and dynamic women who support our organization and we encourage more participation. We take great pride in knowing that we contribute to the well-being of countless Israelis on a daily basis.

COMEDIAN KEITH BARANY RETURNS TO LEISURE WORLD

By Fred Shapiro, JRLW Community Liaison



The Jewish Residents of Leisure World and the JCCGW Coming of Age program have arranged for a return of comedian Keith Barany to entertain our residents. The program will take place Wednesday, March 14 from 1:00pm—2:00 pm in the Crystal Ballroom in Clubhouse I. Checks for a donation of \$10.00 per person should be made out to JRLW. The tickets will be available in the E&R office starting Tuesday, February 7.

Keith Barany is a nationally headlining stand-up comedian and writer, with a resume ranging from the Seinfeld Show to USO tours. Edgy, yet family friendly, Keith will perform a mixture of Jewish-themed, as well as mainstream routines. The New York Post calls Barany “the wittiest comic working today.” Keith has shared the stage with: Bob Hope, Jerry Seinfeld, Joan Rivers, Ray Romano, Jon Stewart, Dennis Miller, Joy Behar, Lewis Black & Ray Charles among many others. Barany is known as a “clean comedian.” When asked if it is harder work to get laughs without resorting to curse words, he replied, “*Is it harder to be funny clean? Absolutely! Unless you're funny. In which case no. But if you're not funny, it's hard to get laughs anyway.*”

Everyone is invited to schmooze with Keith at our dessert reception following the show!

DAVID” THE FILM; COMING TO GRIPS IN AMERICA

By Fred Shapiro, JRLW
Community Liaison

JRLW and Coming of Age program of the JCCGW cosponsor a look at the complexities of fitting into the modern world through the eyes of a Muslim boy mistaken for being Jewish in Brooklyn. The film “David” will be shown Thursday, March 22nd at 1:00 pm in the Auditorium of Clubhouse II. Tickets for \$6.00 per person, made out to JRLW, are available in the E&R office.

As the son of the Imam of the local Brooklyn mosque, eleven year-old Daud has to juggle the high expectations of his Father (Maz Jobrani) and his feelings of isolation and difference—even from his peers in the Muslim community. Through an innocent act of good faith, Daud inadvertently befriends a group of Jewish boys who mistake him as a fellow classmate at their orthodox school, in the neighboring Jewish community. A genuine friendship grows between Daud and Yoav, one of the Jewish boys, and his family. Unable to resist the joy of a camaraderie that he has never felt before, David, as he is known to the kids, is drawn into a complicated dilemma inspired by youthful deceit and the best of intentions.

David is a street-level look at an eleven-year-old Muslim boy’s struggle to fit in within his family, community, and wider world. What starts as an innocent mistake develops into an unlikely friendship. Two boys, both of conservative religious backgrounds, find commonality in each other. The film questions the boundaries of our cultures and religions and looks at how static and yet fluid these boundaries can be.

The film is not an attempt to provide answers to issues of prejudice, culture or religion, but rather to raise questions in a different tone; questions we hope can help us better understand a little bit about each other, and ourselves.

HAR TZEON-AGUDATH ACHIM MARCH PROGRAMS

Thursday Morning Programs

10:00 am Tai Chi with Leonard Gross.

11:00 am Exercise with Mim Parizer.

Current Events with Judge Marvin Roth, first Thursday of the month.

Blood Pressure check, first Thursday of the month.

Thursday Afternoon Programs – 1:00 pm

Yiddish Class with Marcia Levinsohn.

March 1 – Michael Bloom, "Origins of Jewish Food"

March 8 – Celebrate Purim with the Revitz House Chorus!

March 15 – Dr. Harold Williams, Professor of Astronomy, "Splendors of the Universe"

March 22 – Paul Forbes, Baritone, "Songs of the Theater"

March 29 – Bob Lachin at the piano, "An Afternoon of Beautiful Music"

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March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Adar 7	2 Adar 8 Candle lighting 5:45PM Conserv Svcs, B'nai Brith 8PM	3 Adar 9
4 Adar 10	5 Adar 11 JRLW Board Meeting 7PM CH2	6 Adar 12	7 Adar 13 Erev Purim Na'Amat Mtg 12:30PM Hadassah Bd Mtg JWV Mtg 10AM Class "The R Rated Torah"	8 Adar 1 Purim Services – Reading 9:30AM	9 Adar 15 Candle lighting 5:52PM Newsletter Deadline	10 Adar 16 Conservative Services CH 2 Conservative Services
11 Adar 17 JWV Brunch 10:15 AM	12 n Adar 18 Board Meeting	13 Adar 19	14 Adar 20 Class "The R Rated Torah" JRLW & CoA Keith Baranay 2PM Na'Amat Tea	15 Adar 21 JRLW Singles Mtg Silver Diner 12 Noon	16 Adar 22 Candle lighting 6:59PM	17 Adar 23
18 Adar 24 JRLW Breakfast Forum 10AM	19 Adar 25	20 Adar 26 Na'Amat Board Meeting	21 Adar 27 Hadassah Mtg and Program 12:30PM	22 18 Adar 2 Movie "David" 1PM	23 Adar 29 Candle lighting 7:06PM	24 Nissan 1
25 Nissan 2	26 Nissan 3	27 Nissan 4	28 Nissan 5 Jewish Connections 10:30AM	29 Nissan 6	30 Nissan 7 Candle lighting 7:12 PM	31 Nissan 8

Weather (or not)

The Chapel at Judean

Memorial Gardens

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INTERESTING WEB SITE

Here is an interesting web site to browse through. It is [The Jewish Magazine](#). Each month there is a new [Jewish Magazine](#) with many entertaining and interesting insights, explanations on all aspects of Judaism and Israel. You can get on their e-mail mailing list, also. The site is: jmag@jewishmag.com

PURIM

Let's consider Purim as a "Punch and Judy" type of puppet show. First we have the evil villain twisting his long, black, handlebar mustache (BOO!). Then we have the very beautiful and very courageous young Jewish maiden; one with lots of chutzpah (she is Jewish, isn't she?) Entering from stage left is the very, very wise man who may have been the person who invented the internet. (HOORAY!) A side mystery is his relationship to the very beautiful young maiden. Is he her uncle? Her cousin? Her advisor and maybe more? Now we also have a pretty, but not so smart second lead. She may be pretty, but evidently doesn't know how to please her man. Now here comes her man—handsome, rich, powerful but not too much in the brains department. What an ensemble!

To see how all these characters fit together, come to Purim Services on Thursday, March 8, at 9:30 am. You'll be glad you came. Don't forget your noise makers. It's Purim!



WASHINGTON JEWISH WEEK

The Jewish Residents of Leisure World enjoy the same relationship with the Washington Jewish Week, our local Jewish newspaper, as the local synagogues do. Our members who wish to subscribe to the Jewish Week receive a discounted rate of \$36.00 a year; and JRLW also receives \$5.00 per subscription. When you call to subscribe, make certain that you mention that you are a member of JRLW to get the discounted rate.

I DIDN'T KNOW THAT!

This is the beginning of a new series for this Newsletter. In this series, we will print an answer to the reason why we observe certain customs and/or rituals in our religion. If you like these articles, they will become a permanent part of the Newsletter; either monthly or from time to time. Let us know what you think.

The first question is: Why does the groom break a glass at such a happy time as a wedding?

Our tradition says that the groom breaks the glass to remind us of the destruction of the Temple in Jerusalem. On a collective level, it is about our shared history. We remember our people's tragedies even at the time of our great joy. With every celebration, we remember that there has been sorrow also. At the Passover Seder, when we pronounce the plagues that befell the Egyptians we also spill a drop of wine as we recite each plague. Our happiness is diminished because of the sorrow it the plagues caused the Egyptians.

Life is not only about happiness. If we didn't know sorrow, we could not appreciate happiness when we are so fortunate to have it.





JRLW GOES TO ANNAPOLIS

Fred Shapiro, JCRCGW Board Member

February 7th was Advocacy Day in Annapolis, sponsored by the Jewish Community Relations Council of Greater Washington. Fifty four residents of Leisure World, most of whom are members of JRLW, made the subsidized bus trip to meet with the 19th District elected delegation and hear from state officials, as well as the leaders of the Jewish communities of Washington and Baltimore.

Our group leader for the trip was David Gamse, Executive Director of the Jewish Council for the Aging. David provided the orientation on the bus, spelling out the major issues that were in the agenda.

The purpose of the event was to support and promote legislation that is important for the well being of the community at large and to the Jewish community in particular. To that end, our group met in the Prince Georges County conference room and heard from Delegates Ben Kramer, Sam Arora and Bonnie Cullison and State Senator Roger Manno. The legislation supported by the community was presented by Karen Barall of the JCRCGW, followed by reports from each of the legislators about their interests and concerns in the current session.

The dinner reception that followed featured Lt. Governor Anthony Brown, Comptroller

Peter Franchot and other state officials, each affirming their support for the Jewish community and its objectives.

The program was well received and certainly gave our members an opportunity to be part of the process, rather than a critic from a distance.

A hearty thank you to Theda Rosenblum for handling the bus trip reservations and getting the word out to our members to encourage their participation.



JEWISH RESIDENTS OF LEISURE WORLD



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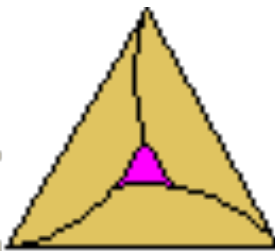
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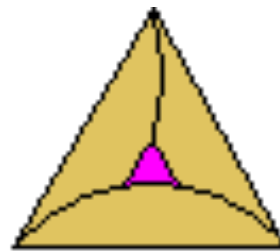


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will open