

Jewish Residents of Leisure World

Newsletter Editor: Bernice F. Cohen

Silver Spring, Maryland May, 2011, Nissan - Iyyar, 5771 Website: http://www.jrlw.org



JRLW President's Message

I want to thank all of my officers and board members for helping to make this a very good year for JRLW. We have had many successful undertakings, both educational and entertaining.

We are grateful to the outside Jewish organizations for the programs that they have brought to Leisure World.

The month of May will be a very busy one for JRLW. We begin with Yom Hashoah (Holocaust Memorial Day) on May 1. Yom Hashoah Services fall under the auspices of the Interfaith Chapel. We are one of the participating organizations.

Rabbi Gary Fink will be presenting a series of lectures in May on "The R-Rated Torah: What you Never Learned in Hebrew School." Rabbi Fink's classes are always interesting and informative.

Our first Friday evening service falls on May 6. I look forward to seeing all of you there. Our May Saturday Morning Service will be on May 14.

Don't forget Mother's Day on May 8.

The May Breakfast Forum, May 15, will be the last one for the season. We will resume our breakfast forums in September.

The Annual Meeting of JRLW will on Thursday, May 19. Elections will be held at that meeting.

The Nominating Committee has put together a slate of officers for the coming year. Nominations from the floor will also be accepted. Our month will end with the Health and Wellness Expo to be held on Thursday, May 26, from 10:00 am until 3:00 pm. We expect the participation of even more vendors this year than last year. Lunch will be available for purchase. There will be live entertainment. Come and bring your friends and enjoy!

I thank all the members of JRLW who have participated in our events. Here's to our continuing success next year, as we grow from strength to strength.

Shalom,

Dolly Solomon

Upcoming May Events

Sun 1 st Wed 4 th Wed 4 th Fri 6 th Thu 12 th Wed 11 th Sat 14 th	Yom Hashoah Hadassah Board Meeting Class "The R-rated Torah" Conservative Services JRLW Singles – IHOP Class "The R-rated Torah" Conservative Services
Sat 14 th	Na'Amat Blair Mansion Dinner
	Theater
Sun 15 th	Breakfast Forum
Mon 16 th	Hadassah Bible Study Group
Tue 17 th	Na'Amat Board
Wed 18 th	Hadassah Installation Meeting
Wed 18 th	Class "The R-rated Torah"
Thu 19 th	JRLW Annual Meeting
Fri 20 th	Hadassah trip to Jewish
	Museum in Philadelphia
— e th	
Tue 24 th	Na'Amat Donor/Installation
Wed 25 th	Class "The R-rated Torah"
Thu 26 th	EXPO

ANNUAL MEETING

The Annual Meeting of the Jewish Residents of Leisure World will be held on Thursday, May 19, at 7:30 pm.

It is very important that all members attend this meeting. Elections for officers for the coming year will be held.

The Nominating Committee will present a slate of proposed officers. Nominations from the floor will also be taken.

A final budget for the year will be presented. This organization can only be as good as its members want it to be. Please plan to attend this, our only scheduled general meeting of the year. Let's have a really big turnout!

JRLW TELEPHONE LIST FOR THE YEAR MAY 1, 2010 --MAY 31, 2011

Officers:

President	Dolly Soloman	301-598-1955
Vice-President	K. Neil Ross	301-598-2994
Treasurer	Mille White	301-438-0211
Parliamentarian	Paul Bessel	240-699-8587

Directors:

JRLW Newsletter	Bernice Cohen	301-598-0192
Education	Mort Rudo	301-598-1153
JRLW Singles	Anita Van Grack	301-438-1431
Membership	Sue Rudo	301-598-1153
Programs	Sheila Chodorov	240-449-0229
Religious Materia	ls Ellen Zweig	301-598-2144
Religious Service	s Gerry Sommer	301-598-6789
	Allan Firestone	301-598-7311
Shiva Minyamin	Egon Guttman	301-603-9415
Tzedakah	Susan Weiss	301-460-6030
JRLW News Artic	les David Firestone	301-871-7454
JRLW Calendar	Gerry Sommer	301-598-6789

Religious Services Snapshot

JRLW together with Shaare Tefila Congregation, are conducting services every Sunday morning at 8:45 AM and minyans Sun thru Thu 7:30 PM in the Clubhouse II Café'.

Friday evening May 6th Conservative Shabbat Services 8:00 PM at Interfaith Chapel. Services will be led by Rabbi Gary Fink. Ed Laskin will lead the Choir. Services will be sponsored by JRLW.

Saturday May 14th morning Conservative Services will be at 9:15 in Clubhouse II. Services will be led by Cantor Michael Kravitz. Preliminary Service will be led by Justin Kramer. Haftorah will be chanted by Hymie Rosenberg and D'var Torah will be recited by Fred Shapiro. Shacharit will be led by Cantor Kravitz.

> **DEADLINE FOR THE** THE ISSUE OF THE IUNE NEWSLETTER IS TUESDAY, **ITEMS RECEIVED** MAY 10. AFTER THAT DATE WILL APPEAR THE **IULY** IN NEWSLETTER.

FUNERAL INFORMATION

If you are a member of JRLW you are entitled to a considerable discount when you have to deal with a funeral parlor or a cemetery. JRLW has an agreement with Sagal and Danzanksy Funeral Homes for a discount. We also have an agreement with Judean Gardens for burial arrangements. If you have any questions, please call Harvey Chidel at 301-438-1151.

MAY BREAKFAST FORUM



The next JRLW Sunday Breakfast will be held on Sunday, May 15, 2011, at 10:00am in the Crystal Ballroom in Clubhouse I. It is being sponsored by RBZ Na'Amat. The program will feature an address by Douglas F. "Doug" Gansler, Attorney General of Maryland, who will discuss current issues of importance to seniors. Doug Gansler, a graduate of Yale University and University School of Law has been of Virginia, Attorney General of Maryland since January 2007, and since being sworn in has made prosecution of environmental crimes a Prior to serving as Attorney priority. General of Maryland, Gansler served as State's Attorney for Montgomery County prosecuting several high-profile cases including the Beltway snipers.

Make your reservation by mailing your check made payable to JRLW for \$5.00 per member (\$8.00, non member) to Bella Rapaport, 3005 S. Leisure World Blvd., #301, Silver Spring, MD 20906. Your check should be received before May 12, 2011.

Sheila Chodorov

COME CELEBRATE ! ! !

We are celebrating the 63rd Anniversary of the State of Israel on Sunday, June 5, at 7:00 pm. The program will be held in the Auditorium in Clubhouse II. We will have a brief address from a representative of the Embassy of Israel and then we will be entertained by the Vladimir Fridman Trio who will present a program of Israeli, Yiddish and Russian music. As a result of the recent devastating fire in Northern Israel, the Jewish National Fund needs as much money as can be raised in every community of the United States. We hope to oversubscribe the donation we have sent in the past years.

Please join us for a lovely evening including refreshments. The minimum donation is \$18.00 per person.

Tickets will be available in the middle of May at the E & R Office in Clubhouse I. Watch our column in the Leisure World News for the date that the tickets will be available.

A SHIVA MINYAN

We have had several cases recently where, unfortunately, there was a need for a shiva minyan for one of our members here in Leisure World. If you hear of such a need in your building, it is a mitzvah and the 'menshlich' thing to do to attend the shiva minvan for at least one or two nights. In many of our multi-unit buildings - especially the high-rises – there are probably enough people to form a minyan without needing anyone outside of the building. An evening minyan will take 1/2 hour or less of your time, But to the grieving family, your attendance may mean the difference of being able to say their prayers or not. Please help out if you can.

If you need help making a minyan, call Egon Gutman, who is in charge of Shiva Minyanim. His phone number is 301-603-9415.



Helping Yourself and Your Loved Ones: The Basics about Depression



By Beth Shapiro JSSA Senior Services

If you or someone you care about has been feeling down for weeks, gaining or losing weight, struggling to concentrate and perhaps growing uninterested in once enjoyable activities, the cause may be depression. Depression is more than just temporary sadness or the blues. It is a serious, yet medically treatable illness. By understanding depression, its symptoms and its treatments, you can take important steps toward protecting your health.

Depression is not a natural part of growing older, but it does affect approximately 15 out of every 100 adults over age 65 in the United States, according to the American Association for Geriatric Psychiatry. Reasons seniors may be more likely to experience depression are significant life changes such as loss of a loved one, medical illnesses that affect you or someone close to you, genetics, and natural biochemical changes in the brain and body.

What is Depression?

The Mayo Clinic's website defines depression as "a medical illness that involves the mind and body," affecting how people feel, think and act. It notes that depression can cause a person to have trouble doing normal day-to-day activities and may lead to feelings of disillusionment with life.

Symptoms of depression may include:

- Persistent sadness for two weeks or more, even if the sadness has no apparent cause
- Feeling slowed down and lethargic
- Excessive concern about finances and health problems
- Physical symptoms such as pain or gastrointestinal problems

Depression in men and women can be somewhat different. Rates of depression tend to be higher in women, who usually exhibit more symptoms than men. Among women, depression is often associated with a family history of psychiatric disorders or a pattern of moods that change with the seasons. The condition in men is more often linked to older age, substance abuse and other psychological illness occurring in the same patient in the present or past. Stressful events often trigger depression in both sexes.

Because depression is not always easy to spot, a person with possible symptoms should see a doctor for a medical exam. If the doctor diagnoses depression, promptly taking effective treatment that combines medication and professional counseling is essential. The longer depression is left untreated, the harder it becomes to manage.

Acknowledging and seeking treatment for depression can be hard to do. JSSA's Senior Services Department's team of experienced compassionate clinicians is ready to assist you and your family in coping with the effects of depression. I encourage you to contact me at (301) 816-2665 or bshapiro@jssa.org should you or someone you care about need support.

PHYLLYS HUTT'S CORNER:

THE DAYS OF "VINE" AND "WINEGAR"

Each year, when May arrives, it brings to mind an annual event which occurred every Mother's Day in my husband's family. It was held by eight children to honor their mother, the matriarch of the clan, and the other moms, as well.

Held on a Sunday evening, it became Bubbie Bessie's day, with a dinner at the Hotel 2400 and dancing to the music of Devron (lovingly called "Debbarow" by the guest of honor) with a sweet table and bar provided for guests of the family attending later in the evening. Each couple could invite two people, and there were always at least two arguments each year as to which sibling was greedy, overstepped the bounds, cried "Foul" for one reason or or Every year Bubbie Bessie's another. corsage looked bigger as she grew smaller.

Born in Russia, Bessie had sailed from England at the age of 15, and by 16 had met and married Morris and embarked on a life of running a market and raising a flock of children in the new world. She never lost her accent, although she claimed she had. One day, a grandson called her and she said. "I am vaiting for the veal". "Cooking a roast?" he inquired. "Vot roast? I'm vaiting for Veal of Fortune, No one could get her to pronounce an "h". But when Uncle Ike, her voungest, got married Bubbie visited Garfinckel's Department Store because she wanted to buy him an "onevmoon trousseau". After choosing several pair of smokina silk paiamas. а iacket. handkerchiefs, shirts, etc. she informed the salesperson that she wanted everything with "hinitials" on it. The clerk said, "Fine. What is the name?" "Herving", she answered, "Herving Friedenberg". When the bride saw the initials "H.F." she said she felt very naughty, like she was traveling with a strange man.

There had been nine children. A son, Henry, died during an influenza epidemic just before his bar mitzvah. Although delighting in Harry, Charlie, Jenny, Rachel, Clara, Lena, Miriam and Ike, the one she never failed to mention was Henry, who remained indelibly etched in her memory. As time passed she had difficulty remembering her children's names, as they had all been upgraded. Harry was Hank, Charlie was Chuck, Jenny became Jean, Clara was Claire, Lena was Lee, Rachel ended up Ray, Miriam was Marian and, of course, Irving was Ike. "How", she said, "can I remember a bunch of strangers?

A shrewd businesswoman, the unsold bread at the end of the day was advertised as, "END OF DAY SALE! TWELVE CENTS PER LOAF. TWO FOR A QUARTER". Her children used to say that she could be as hard as her matzo balls, which they sometimes called "cannonballs". Her cookies were like cement and the potato kugel was always green, but she had her soft side, and each year when Mother's Day arrives I remember fondly those days of "vine" and "winegar".

When my third child was born I received a call while still in the hospital. "Phillips", it said, "this is Bubbie Bessie. I called to tell you that G-d should give you strength." I thanked her profusely. She replied, almost under her breath, "You gonna need it."

NEWSLETTER STAFF Bernice Cohen – Editor Nate Sternberg – Layout Fred Shapiro – Business Shirley Griffin - Asst. Editor

RECIPE CORNER

JRLW SINGLES

We had a very good turnout for our April 'Lunch & Bingo.' Everyone who attended had a good time.

On Thursday, May 12, at 11:00 am, we will go to breakfast at IHOP. Please call Anita Van Grack at 301-438-2432 to make your reservation. You must make a reservation if you want to go with us.

We will be going to Hershey's Restaurant in Gaithersburg on Thursday, June 23, at 12:00 noon. This trip will be by reservations only. Call Anna Rae Gerstel at 301-598-1143 if you are interested in joining us.

Don't forget that your annual dues of \$10.00 should be paid now. If you have not already sent in your money, please make a check out to JRLW Singles and mail it to Theda Rosenblum at 3330 N. Leisure World Blvd., Apt. 117, Silver Spring MD 20906.

NOMINATING COMMITTEE REPORT



The Nominating Committee, Chaired by Leonard Teitelbaum, will present the following slate of officers for the coming year:

President: Dolly Solomon Vice President: Millie White Recording Secretary: Naomi Kline Corresponding Secretary: Al Firestone Treasurer: Paul Bessel Parliamentarian: Neil Ross

The slate will be presented at our annual meeting to be held May 19, at 7:30 pm. Nominations from the floor will also be accepted.



BROCCOLI SOUFFLE

Fran Feder

2 10-ounce packages frozen chopped broccoli
3 eggs
Salt and white pepper to taste
1 tablespoon onion soup mix
½ cup mayonnaise
Grease for pan
2 tablespoons matzo meal, divided

Cook broccoli according to package directions. Drain thoroughly. Set aside. In a mixing bowl, beat the eggs very well with the salt, pepper and onion soup mix; add the mayonnaise and continue beating until well blended. Stir in the cooked broccoli.

Grease a 7 x 11 $\frac{1}{2}$ inch baking pan. Dust lightly with one tablespoon of matzo meal. Pour in the broccoli mixture and sprinkle with the remaining matzo meal. Bake at 350 degrees for 40 to 50 minutes, until the top is golden. Serves approximately 6.





You are invited to attend our May events!

May 10th – "Celebrate Mom" Brunch Bring your child and have brunch on us!

May 19th- "Spring into Action" Seminar Designed to help you downsize, sell and move!

Seating is limited; you must call and RSVP for the upcoming events. 301-438-6631

A limited number of our largest 2 bedroom apartments are now available! Call Elena Price today at 301-438-6631 to schedule your personal visit and tour.

A Continuing Care Retirement Community Independent Living, Assisted Living, Nursing & Short Term Rehabilitation

RELIGIOUS COMMITTEE NOTES

The Religious Committee is already making plans for the High Holidays. On the Reform Services side, we have arranged for the return of the Cantor Berkson and her accompanist, cellist Lori Barnet. Rabbi Stephanie Bernstein is currently unavailable and we have already interviewed one prospective candidate to replace her. We will be looking at other candidates so that we can select the best possible replacement for Rabbi Bernstein to conduct our services.

On the Conservative Services side we will have the pleasure once again of having Rabbi Gary Fink and Cantor Mike Kravitz conducting our High Holiday services.

We will also be switching to a new Machzor and a sub-committee composed of Egon Guttman, Abe Hamburg and Fred Shapiro will meet with Rabbi Fink soon after Passover to design a new schedule of services and a new honors list. During the High Holidays we will also have the pleasure of enjoying the new Torah covers donated by Jay Graber and his family in memory of Jay's wife Anita. The new Torah covers will be on display during the dedication of our new Ark.

By the time you read this article, we will have dedicated our new Ark at a very impressive ceremony on April 10. On behalf of the Religious Committee we want to once again express our deep appreciation to Mr. and Mrs. Downey for their generous contribution that made it possible for us to have this new Ark.

Speaking of the new Ark reminds us that the reason our regular Sabbath services run so smoothly is because we have a number of volunteers who come to services early and make sure everything is set up and in order.

We could use a few more volunteers to come in once a month for 15-20 minutes before the services start and help ensure that all is in order for the services. If you can volunteer a few minutes of your time please contact Allan Firestone or Gerry Sommer.

TO LIFE EXPO, MAY 26, 2011 REGISTER FOR WORKSHOPS

While there is no fee for the May 26 To Life Expo, it is important that residents wishing to attend the workshops register in advance. This will enable us to assure adequate seating for all who wish to attend.

The informative workshops are :

- SOLVING THE MYSTERY OF REAL LIFE CRIMES!
- SHOULD WE LEGALIZE <u>MEDICAL</u> MARIJUANA? THAT IS THE QUESTION! STATE DELEGATE MORHAIM
- THE ULTIMATE DECEPTION! SHRINKING FOOD PACKAGES WHILE COSTS ARE RISING
- KINDLE, IPAD, SMART PEN: EMPOWERED BY TECHNOLOGY

To register, call Coming of Age at 301-348-3832.

TZEDAKAH & KIDDUSH DONATIONS

For information about Tzedakah donations, or Oneg/Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss. 3739 Glen Eagles Drive, Silver Spring MD 20906.

Carole Jason – in memory of

Alan, son of Selma and Sam Gordon.

Carole Jason – Get well wishes to Harriet Krakow.

Carole Jason – Get well wishes to Sandra Hochhauser.

Carole Jason – Speedy recovery to Selma Warsaw.

Carole Jason – Speedy recovery to

Florence Wolfe

Susan & Jerry Weiss – Speedy recovery to Frances Feder.

Rose Closter -- in memory of Marion Seltzer.

TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Fund or Prayer Book Fund for a minimum donation of \$ 25.00. Contact Ellen Zweig at 301 598 2144 between 9:00 am and 9:00 pm. No calls on Shabbat, please.

TORAH FUND DONATIONS:

Cantor & Mrs. Michael Kravitz - in memory of Bernie Kahn.

Cantor & Mrs. Michael Kravitz - in honor of Stephanie and Rabbi Gary Fink on the birth of their Grandson Eitan

In honor of the marriage of Sonya Korenblit and Hy Hirschberg donations were made by:

Beatrice Sieburt Sherrie & Neil Stahl Gregory Eisenstadt Joel Rosenberg & Patsy Yaffe Selma Eisenstadt Amy & Kory Hankin Mr.& Mrs. Louis Mastrobattista Susan & Jerry Weiss Stephen H. Levine Ruth Yudkoff Love - in appreciation of the Cohen Aliya on Shabbat.

PRAYER BOOK DONATION:

Claire Goldman - in memory of my son, Fred Goldman.

Three Prayer Books - in memory of Ted Wilensky donated by:

Sandy & Stanley Feinstein.

Debbie Feinstein & Steven Kuperberg.

ron Feinstein & Amit Golding.



We offer our sincere condolences to the families of the following: Dee Sennett Marion Seltzer Samuel Perry Rena Shochet Ted Wilensky Adelle Boker Blanch Smith Arthur Cherpack

May their memory be a blessing.

Sha

GOOD AND WELFARE

Congratulations to Sonya Korenblit and Hy Hirschberg on their recent marriage.

Mazel Tov to Sandy and Buddy Budman on the marriage of their son Robert to Anle.

More good news for the Budmans. Their granddaughter, Deni Budman, became Bat Mitzvah in April.

Many of us have grandchildren who are graduating from high school or college this spring. It I wonderful to see your children graduate; but to live to see your grandchildren graduate from high school or college is something to really qvell about! It is so special. So, to all of us who fall in this category: Mazel Tov!

Thank you to the Downey and the Graber families for their generous donations to JRLW. Our whole community will benefit from your generosity.

Our wishes for a speedy recovery to Marilyn Fox who underwent hip surgery.

We need items for this column. If you have any news to share, please let us hear from you.



TRIBUTE TO ISRAEL ABBA EBAN SPEAKS Fred Shapiro

JRLW is co-sponsoring with Shaare Tefila a series of three programs dedicated to Abba Eban's documentaries, "Israel, A Nation is Born." The programs will take place in the Crystal Ballroom beginning June 13 and continuing June 20 and 27. The time is 2:00

to 4:00 pm. Tickets for the three sessions are on sale at E&R for \$18.00. The proceeds from the series will be donated to American Friends of the IDF. Tickets for any one session will be on sale for \$10.00.

The three sessions will be comprised of two parts, each chronicling the personal experiences of Abba Eban. The first program, June 13, will feature the rise of Zionism leading to the founding of the State of Israel in 1948 and the creation of the state from 1948 to 1956. The program, June 20, will cover the periods from 1956 to 1967 including the Suez Canal conflict and the rapid development of Israel culminating in the Six Day War. The final segment will deal with new conflicts including the Yom Kippur War and then moving to the ill fated agreement for peace between Rabin and Arafat and the struggle to find a solution between the Jews and the Arabs.

Among the personalities interviewed in this series were Harry Truman, Richard Nixon, Winston Churchill, Anwar Sadat, David Ben-Gurion, Golda Meier, Menachem Begun and Yitzhak Rabin.

According to Abba Eban, "Israel: A Nation Is Born" is a depiction of the turbulent and dramatic history of Israel through the conflicts and tensions of the decades.

Our donation of the proceeds is to an organization that provides support and opportunities for the men and women who are in the Israeli military and shoulder the responsibility for protecting the citizens of the State of Israel. They provide services during the periods of military service, as well as after, when the veterans face the conversion to civilian life.



NA'AMAT NEWS

The merry month of May is a very busy one for Na'Amat RBZ. Starting with Friday night May 6, we will sponsor the Oneg following the services in the Interfaith Chapel.

On Sunday morning May 15, we will sponsor the JRLW breakfast in clubhouse I ballroom. The speaker will be Attorney General of Maryland Douglas Gansler. He will talk about issues important to seniors and he will be happy to answer any questions or concerns we may have. On Saturday night, May 14, we are going to Blair Mansion for dinner/mystery theater. Blair Mansion is in downtown Silver Spring. That night we will have a full buffet and "who dunnit". For more information contact Gladys Blank at 301- 438-9666.

On Tuesday, May 24, we are having our annual donor/installation luncheon at the Manor Country Club (the club is on Norbeck Road close to Leisure World, making it very convenient).

B'NAI B'RITH NEWS

How Do You Maximize Your Money in These Challenging Times? A special program will be presented on May 5 at 7 PM in the Chesapeake Room of Clubhouse I where Jim Musgrave, a Certified Retirement Planning Counselor, will explain issues affecting retirement savings affected by the economy, geopolitical events and record public deficits in simple to understand terms.

Mr. Musgrave will outline specific strategies one can implement to address potentially rising taxes, inflation and reduced entitlements. With this knowledge, one can be able to better evaluate options and make educated financial decisions.

Our meeting on Wednesday, May 25 at 1:30 PM in the Maryland Room of Clubhouse I will feature a **Speaker from Israel Defense** **Forces** who will talk about Israel's defenses and Israel's Defense Forces.

Our Board will meet on May 11 at 7 PM in Clubhouse I. For further info, call David Firestone at 301-871-7454

MT. SCOPUS HADASSAH

The installation of the 2011/2012 officers will be held at our meeting on Wednesday, May 18, in Clubhouse I. Our Chapter Area Vice President Elaine Stein will perform the ceremony. Our new officers are: President, Janet Lazar: Vice Presidents for Fund Raising, Sonya Korenblit and Esther Gold; Vice President for Education, Joan Lees; Vice President for Membership, Sonya Korenblit: Vice Presidents for Programming, Barbara Eisen, Sonya Korenblit, Janet and Joan Lees; Administrative Lazar. Evelyn Bender; Secretary, Recording Secretary, Susan Weiss; and Treasurer, Barbara Eisen. A video presentation on Hadassah will be shown. Socializing begins at 12:30 pm and the meeting starts at 1 pm. Everyone is welcome to attend.

The Bible Study Group will meet on May 16, at 1:30 pm in Clubhouse I. Sonya Korenblit will lead a discussion on Dinah. New participants are encouraged to join the group.

Mt. Scopus is busy planning our summer activities. Our Summer Luncheon will be held on Wednesday, June 15, at noon in Clubhouse I. Senator Ben Kramer will be the speaker. To make a reservation, send a check payable to Hadassah for \$22 to Barbara Eisen, 3200 N. Leisure World Blvd. #810, Silver Spring, MD 20906. Indicate whether you prefer tilapia almondine or eggplant parmesan for your entrée. On Wednesday, July 21, Liane Lunden will give a book review on "Anne Frank: The Book, The Life, The Afterlife" by Francine Prose. Finally, our annual Game Day event will take place on Wednesday, August 17.

TORAH ARK DEDICATION

Neil Ross

On April 10, 2011, JRLW hosted a dedication and reception to honor John and JoAnn Downey who presented the community with a beautiful Torah Ark and matching Torah Table in memory of their daughter Stacy Friedman. There were more than 200 people present at the ceremony. Evervone who attended was verv impressed by the beauty of the Ark and shared in the festivities of the day.

Officiating were Rabbi Gary Fink, Rabbi Jonah Layman of Cong. Shaare Tefila and Cantor Mike Kravitz. They conducted a beautiful ceremony that included a procession of the Torahs accompanied by the singing of traditional Hebrew songs.



President Dolly Solomon welcomed everyone and was followed by Neil Ross who introduced our guests: Rev Bob Perry, Interfaith Chapel; Kevin Flannery, General Manager; Marian Altman, Chairperson, LWCC Board of Directors; Stacy Sigler, Director of E & R; Dee Martynuska, Ass't. Director of E & R; and Jeff Oring, designer and builder of the Ark and table. The Torahs were then placed in the new Ark. The Ark contains a built-in Eternal Light in addition to paintings of the 12 tribes of Israel that are backlit with LED bulbs. The Ark is a work of art that will see many years of proud use.

The Downeys both gave inspiring talks of the short life of their daughter. Family members and friends of Stacy joined them. Stacy was a vibrant individual who was very involved in the community.

Jay Graber and his children who donated two beautiful High Holiday Torah covers and a Bein Gavrah in memory of Anita Graber, wife and mother, also joined us. The Torah covers were used during the dedication of the new Ark.

We greatly appreciate the generosity of the two families in their support of the Jewish Residents of Leisure World. A thank you is extended to all who helped make the day such a great success.





MAY PROGRAMS AT HAR TZEON-AGUDATH ACHIM

MORNING PROGRAMS

10:00am NEW CLASS Tai Chi with Leonard Gross 11:00am Exercise with Mim Parizer or Current Events with Judge Marvin Roth and Ed Morgenstern

1:00pm Yiddish Class with Marcia Levinsohn

AFTERNOON PROGRAMS

Thursday, May 5 Don Lipman, Capital Weather Gang - "A Weather Odyssey"

Thursday, May 12 Bob Lachin at the piano - "An Afternoon of Beautiful Music"

Thursday, May 19 Melanie Polk, Nutritionist - "Ten Common Mistakes we make in the Supermarket"

Thursday, May 26 Dr. Jeff Zolt and Dr. Kathy Grace, Auditory Services - "Now Hear This: Hearing Aid Update"

YOM HASHOAH Holocaust Memorial Day

JRLW will join with the Interfaith Community to commemorate Yom Hashoah May 1st at 12:30 in the auditorium of Clubhouse II. The key note speaker will be Judy Cohen, Director of the Archives at the United States Holocaust Memorial Museum. She will be joined in the ceremonies by members of the Interfaith Committee and Holocaust survivors residing in Leisure World. Mrs. Cohen will reveal an interesting and intriguing story about the participation of the ambassador from El Salvador to Switzerland and his role in saving Jews from the Nazi horrors.

Around 2005, a woman found a suitcase with more than one thousand World War IIera certificates bearing the official seal of the Consulate of El Salvador. The certificates also featured the photographs of men, women, and children. What were these documents? Why were the decadesold official papers of a Central American nation lying forgotten in a Swiss basement? How many of these documents reached their intended recipients? Their history reveals one of the largest scale, yet least known, rescue attempts of the Holocaust and the unlikely collaboration of a Jewish businessman and a Salvadoran diplomat.

Come and bring your friends as we listen and remember. There is no admission fee for this event.

It is our duty, as Jews, to make certain that the world never forgets what went on during the Holocaust. NEVER AGAIN! NEVER AGAIN!



May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 27 Nissan Yom Hashoah	2 28 Nissan	3 29 Nissan	4 30 Nissan Hadassah Board Mtg The R rated Torah	5 1 lyar	6 2 Iyar Candle lighting 7:47PM Conservative Svcs JRLW	7 3 lyar
8 4 lyar	9 5 Iyar Yom HaZikaron	10 6 Iyar Israel Independence Day Yom HaAtzma'ut	11 7 lyar	12 8 Iyar Jewish Singles IHOP	13 9 lyar Candle lighting 7:54PM	14 10 Iyar Conservative Services Na'Amat Dinner Theater
15 11 Iyar Breakfast Forum	16 12 Iyar Hadassah Bible Study Group	17 13 Iyar Na'Amat Board Meeting	18 14 Iyar Hadassah Installation Meeting "R Rated Torah" Class	19 15 Iyar JRLW Annual Meeting	20 16 Iyar Candle lighting 8:00PM Hadassah Trip to Philadelphia Jewish Museum	21 17 lyar
22 18 Iyar Lag B'Omer	23 19 lyar	24 20 Iyar Na'Amat Donor/ Installation	25 21 Iyar "R Rated Torah" Class	26 22 lyar EXPO	27 23 lyar Candle lighting 8:06PM	28 24 lyar
29 25 lyar	30 26 lyar	31 27 lyar				

FREE ADMISSION! FANTASTIC DOOR PRIZES!

To Life: Tools For Better Living HEALTH & WELLNESS EXPO

Co-Sponsored by the Jewish Residents of Leisure World & Coming of Age in Maryland

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AMERICAN FILM INSTITUTE ●VISUAL ARTS CENTER
●RED WIGGLER FARMS ●AREA HOSPITALS ●MANY MORE!

THURSDAY, MAY 26, 2011. 10:30 AM-2:30 PM LEISURE WORLD- CLUBHOUSE I, CRYSTAL BALLROOM

FEATURED PERFORMANCE: J UNITED STATES AIRFORCE BAND Stop by the Maryland Room"Café"(open 11:30-1:30) V Delicious, fixed-price lunch (\$8), J Live Music

INFORMATIVE WORKSHOPS:

• SOLVING THE MYSTERY OF REAL LIFE CRIMES! SHOULD WE LEGALIZE <u>MEDICAL</u> MARIJUANA? THAT IS THE QUESTION! STATE DELEGATE MORHAIM THE ULTIMATE DECEPTION! SHRINKING FOOD PACKAGES WHILE COSTS ARE RISING KINDLE, IPAD, SMART PEN: EMPOWERED BY TECHNOLOGY

DEMONSTRATIONS: ♥ TAI CHI ♥ ZUMBA ♥ FRUIT SMOOTHIES ♥ BELLY DANCING ♥ HEALTHY COOKING WITH CHOCOLATE!

ALL RESIDENTS OF LEISURE ARE WELCOME; NO CHARGE!!!!

NOTICE FOR MEMBERSHIP DUES (June 1 – May 31)

Dear JRLW Member:

Jewish Residents of Leisure World (JRLW) offers many opportunities for involvement. It is that time again to renew your membership dues. The dues year runs from June 1 through May 31. Membership dues are \$18 per person; \$36 for a couple. Dues should be sent to me and made out to JRLW.

JRLW conducts services for both Reform or Conservative services the first Friday of the month followed by an Oneg Shabbat. Conservative services are conducted the 2nd Saturday of each month followed by a kiddish. We sponsor services for the High Holy Days and the 2nd Seder. A breakfast is held the 3rd Sunday of each month with an interesting speaker. The breakfasts are \$5 for members and \$7 for non-members. There are also various classes of Jewish interest. Education courses are mentioned in our monthly newsletter and the Leisure World Newspaper. The charges are so noted. Money collected for dues not only pays for the above but our Tzedakah Committee sends money to local charities. There are many other phases of JRLW which might whet your appetite.

If you have any questions, I would be very happy to speak with you. I look forward to hearing from you.

Sincerely,

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Sue A. Rudo, Membership Chair, 301-598-1153 or suearudo@verizon.net

Membership Application

Name: _____

Address: _____

NT 1

Silver Spring, MD 20906

Phone Number	: E-Mail Addre	SS:^
Check One:	One Person - \$18.00	Couple - \$36.00

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Check should be made out to : **JRLW.** Please include this form with your payment and send it to:

Sue A. Rudo, 2901 S Leisure World Blvd, #520, Silver Spring, MD 20906

*JRLW asks for your email address so we can send you important and time-sensitive messages, while being sure not to send you too many emails – possibly once a month.

JEWISH RESIDENTS OF LEISURE WORLD



3700 Rossmoor Blvd. Silver Spring, MD 20906

Time Critical Information

Non Profit Org US Postage PAID Silver Spring, MD Permit No. 3275

YOM HASHOAH WE REMEMBER

