



# Jewish Residents of Leisure World

Silver Spring, Maryland

NOVEMBER 2016  
President: Kitty Atkin 301-598-0450

TISHREI - CHESHVAN 5777  
Newsletter Editor: Bernice Cohen 301-598-0192

PLEASE VISIT THE JRLW WEB SITE - <http://jrlwmd.org>

## PRESIDENT'S MESSAGE



Photo Credit: Fred Shapiro

As we head into the month of November and start planning our Thanksgiving family get-together let us also give thanks for the wonderful friendships we have acquired through the Jewish Residents of Leisure World.

As we plan for our family get-togethers, why not also plan to attend the Interfaith Thanksgiving Service on Wednesday evening, November 23, at 6:00 pm. Wouldn't it be wonderful if we had a good turnout from JRLW. Please think about it.

Looking back to the September Brunch and the wonderful turnout we had. Are you aware that we had 26 tables? It certainly was a success. Actually, we got a double program for the price of one. The voice of Meredith Seidel, sweet and mellow, took us back to the 50's and we felt as if we were in a nightclub. The accompaniment by pianist Ro Cube was a concert by itself. Believe me, it was well worth the wait (Ro got caught in traffic). Many thanks to Evelyn Dickman for arranging the program.

I would like to take this time to thank our Religious Vice President, Allan Firestone, and his committee who worked so hard to arrange the High Holiday Services and to make them so successful.

Are you aware that we have new Reform High Holiday prayer books? They were used for the first time this year. We also acquired new Sim Shalom siddurim from Congregation Bel El in Bethesda, and we will be able to use them as

soon as they are processed. Thanks to Nate Sternberg and his committee who raised money for the prayer books through the sale of the lovely Yiskor booklets.

*continued on page 2*

## NOVEMBER 2016

- 1 Tue - JRLW Bd Mtg CH II 7:00 pm
- 2 Wed - JWV Mtg, CH I 11 am
- 2 Wed - NA'AMAT Mtg CH I 12:30 pm
- 3 Thu - CoA Classes CH I
- 4 Fri - JRLW Cons. Shabbat Svc Interfaith Chapel 7:30 pm
- 5 Sat - Study w/Rabbi Samber CH II 9:15 am
- 6 Sun - Kristallnacht Observance Interfaith Chapel 7:30 pm
- 10 Thu - CoA Classes CH I
- 13 Sun - JWV Brunch CH I 10:15 am
- 15 Tue - NA'AMAT Bd Mtg CH I 10:30 am
- 15 Tue - Hadassah Joint Mtg CH I 11:00 am
- 17 Thu - CoA Classes CH I
- 19 Sat - Study w/Rabbi Samber CH II 9:15 am
- 20 Sun - JRLW Brunch CH I 10 am
- 20 Sun - Hadassah Mtg CH I 2 pm
- 21 Mon - Hadassah Study Group CH I 1:30 pm
- 23 Wed - Thanksgiving Eve Svc Interfaith Chapel
- 24 Thu - Thanksgiving
- 26 Sat - Study w/Rabbi Samber CH II 9:15 am
- 30 Wed - JRLW/CoA Movie CH II 1:30 pm
- 30 Wed - Hadassah Board CH I 7:00 pm

## PRESIDENT'S MESSAGE

*continued from page 1*

I wish you all a very happy and meaningful Thanksgiving.

Shalom,  
Kitty Atkin

## JRLW BRUNCH

Evelyn Dickman

On Sunday, November 20, we will have our JRLW Brunch at 10:00 am in the Clubhouse I Ballroom.

Mail your check, made out to JRLW for \$10.00 per person, to Shirley and Jerry Gordon, 15311 Beaverbrook Court, #3A, Silver Spring, MD 20906. Please try to get your check in early. See you at the Brunch!



## NEW MEMBERS

The members of Jewish Residents of Leisure World are happy to welcome the following new members:

Laura Epstein, 2901 S. Leisure World Blvd., #339

Bernice Bloom, 5100 Interlachen Dr., #204

Millie Asher, 15300 Beaverbrook Court, #3D

Ed and Annabel Friedman, 2900 N. Leisure World Blvd., #302

Cinday Gregory, 15300 Pine Orchard Drive, #1E (entered incorrectly last month)

### NEWSLETTER STAFF

Bernice Cohen – Editor  
Shirley Griffin - Asst. Editor  
Shirley Rosenhaft – Asst. Editor  
Roz Rosenthal - Asst. Editor  
Fred Shapiro - Business Mgr.

Cheree Pierce, 19701 Golden Valley Lane, Brookville MD 20833 (entered incorrectly last month)

We hope you enjoy being members of JRLW and take advantage of all we have to offer.

**JRLW MEMBERS PLEASE NOTE:** If your membership dues are not paid by November 15, you will no longer receive our Newsletter.

## ANDY JENKS, A SPECIAL GRANDSON

Helen Bass

Andy Jenks, grandson of JRLW members Helen and Josh Bass, was a participant in the Paralympics Games held in Brazil in August.

Andy was born with a rare eye condition and is legally blind. He plays a game called goalball. The game was invented during World War II by a physician to help people who are blind stay active.

Andy began playing goalball when he was 10 years old. He is now 25. The team has players from all over the United States. Women also play on their own teams. They practice locally and have tournaments in different cities during the year.

There are goalball teams all over the world. In August, the U.S. team won over China, Germany and Brazil. Lithuania came in 1st (gold medal) and the U.S. was 2nd (silver medal).

Andy graduated from Westchester University in Pennsylvania cum laude and is a PhD candidate in Political Science at the University of Delaware on a full scholarship.

**THE DEADLINE FOR THE DECEMBER NEWSLETTER IS NOVEMBER 10. ARTICLES SUBMITTED AFTER THAT DATE WILL APPEAR IN THE JANUARY NEWSLETTER.**

## GOOD AND WELFARE

We wish a speedy recovery to Carole Rosenberg who underwent knee surgery.

Faye A. Freedman, please know that we are all thinking of you and sending you our prayers.

Ray Kurlander has been under the weather for a while. We hope he feels stronger and much better.

Joy Stromberg has been suffering with extremely painful shingles. We hope the shingles are gone.

Fred Firnbacher had to undergo emergency hernia surgery. We are happy that he is now better and will be able to chair our Kristallnacht observance.

Congratulations to Shirley Griffin on the marriage of her grandson Timothy Daly.

Wishes for a speedy recovery to Sharon Tubman who is recovering from a stroke.

Doris (Dolly) Bennof is currently hospitalized for pneumonia complications. We hope that she has recovered and is home by the time this Newsletter is mailed.

JRLW member Eleanor Rothenberg has moved to the Ring House. She recently fell and broke bones in her arm. After a stay in rehab, she is home again and would love to hear from her friends. Her phone number is 301-822-4718. Let's show her that we care.

Mazel Tov to Ruth and Al Temin! Their granddaughter, Ariela Pohl, is receiving a Doctor of Physical Therapy Degree from Touro College in NYC; also on their grandson, Matan Temin, is graduating from Tel Aviv University with a degree in Industrial Engineering.



## NA'AMAT NEWS

Ruth Reid

November is more important than usual since we will all be going to vote for our next President. May the candidate you want to win, win. May your Thanksgiving dinner be a "winner" too.

NA'AMAT a voice for women and children in Israel. We have heard much about the day care centers and the scholarships and legal aid for women but not enough about the Agricultural Youth Villages. NA'AMAT's two Youth Villages, Kanor and Ayanot, are residential high schools with approximately 400 in each. many young people who come to these villages come from underprivileged families. Some students enrolled in these schools live there and regard the school as their home as well as a place of learning and socializing. Along with their daily education demands these students are involved in extracurricular and volunteer programs such as visiting senior residences, helping our at hospital and becoming big sisters or brothers to needy children. When teenagers need a second chance NA'AMAT is there. These young people gain pride in themselves and hope for the future.

We are proud to announce that we have many new members. Our membership VP is Helen Fried and she couldn't be happier! So, if you haven't joined yet, please do. The dues are \$36.00 a year and you become an important member of a very worthwhile organization.

On Wednesday , November 2 at 12:30 Clubhouse I we will have an open meeting featuring guest speaker Valerie Kaplan. She will talk about her family who emigrated to the United States. The unusual thing about this is that they did not stay on the east coast, as the majority of immigrants did. They moved westward and settled in Colorado. Their story will be interesting. Come and bring friends to this meeting

The next NA'AMAT board meeting will be on Tuesday, November 15, at 10:30 am in Clubhouse I.

**THINK NA'AMAT, THINK ISRAEL**

## COMMUNITY BULLETIN BOARD



### HAR TZEON AGUDATH ACHIM

Each Thursday there is a day-long program, including lunch, held at **Har Tzeon-Agudath Achim**, a satellite program of the JCCGW. Lunch is at noon and the program starts at 1:00 pm.

Nov. 3 - Harp Happy: "Name That Tune."

Nov. 10 - Shoshana Bryen, Jewish Policy Center: "Israel Update."

Nov. 17 - Bill Stief: "An Afternoon of Beautiful Music."

### On Wednesdays at Young Israel Shomrai Emunah:

Nov. 2 - Dr. Gilda Haber: "Facts About Left Handed People."

Nov. 16 - Harp Happy: "Name That Tune."

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## SHAARE TEFILA SYNAGOGUE

### ROBYN HELZNER CONCERT

**Join us** at Shaare Tefila for a pre-Chanukah concert by Robyn Helzner and her trio. Robyn has performed in many synagogues in the area. Her music is loved by children and adults. The concert will be held on Sunday, December 18, from 11:00 am until 1:00 pm. A dairy lunch will be served following the concert. The cost is \$18.00/adult and \$5.00/child. Children age 4 or less will be admitted free. Come and enjoy a concert of traditional, Hebrew and Ladino songs. For more information about the concert, call either Jill Goldwater 301- 593 -3410 ext. 101 or Sara Miller 301 -593 -3410 ext. 104.

Shaare Tefila Synagogue holds morning Minyan 8:00 am every Monday and Thursday for those saying Kaddish or observing a Yahrzeit and welcomes anyone who wishes to just drop in at any time.

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## TIKVAT ISRAEL CONGREGATION

An Egalitarian Conservative Kehilla  
2200 Baltimore Rd., Rockville  
(Between Norbeck Rd. and Twinbrook Parkway)

Have a need to say Kaddish? Please give us a try.

### Weekday & Shabbat Service Times

	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
am	9:00	6:45	-	-	6:45	8:00	9:30
pm	7:30	7:30	7:30	7:30	7:30	6:30	--

For further info: Call Office @ 301-762-7338 or Ted (JRLW member) @ 301-929-1542

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### B'NAI SHALOM OF OLNEY

Sunday, November 6, at 1 pm, HAZAK of B'nai Shalom will sponsor a docent tour at the National Museum of American Jewish Military History. The group will meet at the museum: 1811 R Street, NW, Washington, DC 20009. Transportation: Red Line to Dupont Circle. Short walk to the museum.

Reserve your spot by sending in \$10.00 to B'nai Shalom of Olney, 18401 Burtfield Drive, Olney MD 20832 in care of HAZAK or through the B'nai Shalom of Olney website. Any questions, contact: Naomi Kline 240-669-7683.

## TZEDAKAH, KIDDUSH AND ONEG DONATIONS

For information about Tzedakah, Oneg or Kiddush donations, please call Susan Weiss at 301-460-6030. Checks should be made out to JRLW and mailed to Susan Weiss, 3739 Glen Eagles Drive, Silver Spring, MD 20906.

### ONEG

Jewish War Veterans sponsoring the Oneg following the November 4, Friday evening Shabbat Service.

### KIDDUSH

Dora and Marc Levin in memory of parents Sally Binder, Max Binder and Della Levin.

Sheila and Seymour Harnik.

### TZEDAKAH

Fred Firnbacher for the yahrzeit of his beloved mother Ida Firnbacher.

Sandy and Buddy Budman in fond memory of our dear friend Harvey Chidel.

Suzanne Ellis in honor of Barbara and Allan Firestone for her Torah honor.

Bernice Cohen for the honor and Aliyah received on Rosh Hashanah.

Bernice Cohen in honor of Allan Firestone and his committee for their hard work and wonderful job in making the High Holiday services go smoothly.

Shirley Rosenhaft and Ray Kurlander wish Leonard Bosin a Happy 91st Birthday.

Shirley Rosenhaft wishing Ray Kurlander a speedy recovery.

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## NOVEMBER RELIGIOUS SERVICES

Friday evening Conservative Shabbat Services will be held on November 4, at 7:30 pm, in the Interfaith Chapel. Rabbi Gary Fink will conduct the Services. The choir will be led by Ed Laskin. An Oneg and social hour will follow the Services.

The Oneg will be sponsored by the Jewish War Veterans.

On Saturday morning, November 12, at 9:15 am, we will hold Shabbat Services. The Torah Portion will be Lech Lecha. The Haftorah will be chanted by Phil Wendos. Caro Wendkos will give the D'var Torah. There will be a Kiddush following Services.

A special Thanksgiving Service will be held on Wednesday, November 23, at 6:00 pm, at the Interfaith Chapel. All religions here in Leisure World will take part in this special service. Please plan to attend.

Rabbi Samber will lead a short service and Torah study on Saturdays, November 5, 19 and 26, at 9:15 am in Clubhouse II. All are welcome.




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## TORAH MAINTENANCE AND PRAYER BOOK FUND

Individuals can be honored and loved ones memorialized with a contribution to the JRLW Torah Maintenance Fund or Prayer Book Fund for a minimum donation of \$25.00. Send your check, made out to JRLW, to Annette Cooper, 15107 Interlachen Drive, Apt. # 812, Silver Spring, MD 20906.

Annette Cooper sends get-well cards to members. Please contact her with the information, including the name and address. You can reach her at 240-669-6614 or you may e-mail her at Coop.annette@gmail.com.

### PRAYER BOOK FUND

E. Dickman in honor of Bonnie and Stan Favin. Happy Birthday.



## HADASSAH

Barbara Eisen

Our Hadassah chapter is hosting a special joint meeting with the Neshama Chapter on Tuesday, November 15, at 11:00 a.m. in the Crystal Ballroom of Clubhouse I. The speaker, Princeton Lyman, is a diplomat and former United States ambassador to Nigeria and South Africa. His topic will be "Israel, Africa and United Nations: Why Does the Largest Bloc of Countries Consistently Vote Against Israel at the United Nations?" There is a fee of \$3 to be collected at the door to cover the cost of light refreshments. However, in order to attend you must reserve a seat by sending an RSVP to Caryl Rothberg at CarylRothberg@yahoo.com by November 8. If you do not have email, call Natalie Rosen at 301-279-5640 or Judy Rumerman at 301-680-0850.

Our next regular meeting will be on Sunday, November 20, at 2:00 pm. in Clubhouse I. The program will be "The Jews of Cuba As Told Through the Photography of Betty Adler." We will continue with our snack sharing and ask that members whose last names are from I to P bring a snack that will be shared and enjoyed by all. Please RSVP by November 13 to Sue Winakur (winakurs@gmail.com or 301-384-1133) if you are attending. If you are in the I-P group, please let Sue know what you are bringing so that we can ensure we will have a good variety of foods. Please bring a serving bowl, plate or utensils if they are needed.

The Judaic Study Group will meet on Monday, November 21, in Clubhouse I at 1:30 pm. We invite all who are interested in any aspect of Jewish studies and the relationship of Judaism to our daily lives to attend. Please contact Peri Schuyler (301-869-2968, perislaptop@aol.com) for further information.

Suzanne Ellis (240-560-6114) is our greeting card chair. The prices are \$2.50 each or 5 for \$10.00. Hadassah greeting cards are displayed and sold at every Hadassah meeting. Call Suzanne to pick up cards or to have them mailed for you for an extra postal charge.

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1000, made by individual contributions of \$40. Please send your donations to Larelda at 3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906.

If you want to know more about Hadassah, contact our membership vice president, Janet Lazar (301-598-4066 or lazarjl@verizon.net).

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## JRLW/COA MOVIE

### "THE MIDNIGHT ORCHESTRA"

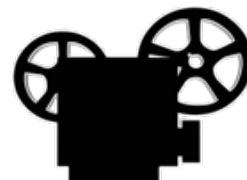
Arabic, English, French (with English Subtitles)

**WHEN:** Wednesday, November 30, 1:30 - 3:30 pm

**WHERE:** Clubhouse II Auditorium; discussion to follow

**COST:** \$7.00/person

In 1974, the celebrated musician Marcel Botbol suddenly left his native land of Morocco under mysterious circumstances. His disappearance led to the breakup of his beloved band, The Midnight Orchestra. Thirty years later, Marcel's son Michael is summoned to Casablanca by his father. Unfortunately their reunion is short-lived as Marcel dies shortly after arriving. Michael wants to bury his father in Israel, but soon realizes his father's close connection to Casablanca. Aided by an eclectic cab driver, he sets out on a journey to find the musicians who performed with his father and thus rediscover his own identity. Their offbeat adventures lead Michael to reunite the famous Midnight Orchestra.



## KRISTALLNACHT OBSERVANCE

Fred Firnbacher

JRLW will observe the 78th Anniversary of Kristallnacht on Sunday, November 6, 2016, at 7:30 pm in the Activities Room of Clubhouse II.

Our keynote speaker will be Susan Weiss, a member of JRLW, who is a survivor of the atrocities which took place in Europe during Hitler's reign of terror.

People ask, "What is Kristallnacht?" Translated into English, it means Crystal Night. Others refer to this horrific night as the Night of Broken Glass. Here is how it came about.

In November 1938, a 17-year-old Jew named Herschel Grynszpan, living in Paris, received news that his family had been deported from their home in Germany to the Polish border. There they were stranded and mistreated. An enraged Herschel went to the German Embassy and shot a diplomat named Ernst Von Rath. On November 9, Von Rath died. The Nazi propaganda chief, Josef Goebbels, saw the killing as an opportunity to take the persecution of the Jews to another level. With Hitler's assent, Goebbels called for actions against Jews to express the anger of the German people. Within hours, Nazi Stormtroopers were rampaging through almost every town and village in Germany and Austria. Synagogues were desecrated and many were set afire by the Nazis. Jewish businesses and homes were broken into and were plundered. Most Jewish males were arrested and sent to concentration camps. Some were killed. Because broken glass was everywhere, the term "Night of Broken Glass" was coined.

With this action, the Jews realized that there was no more future for them in Germany. Many refer to this as the beginning of the Holocaust.

This program is sponsored by Jewish Residents of Leisure World and is free of charge. All Leisure World residents are invited to attend.



## ON THE LIGHTER SIDE

### *Yiddish One-Liners*



A car hit an elderly Jewish man. The paramedic says, "Are you comfortable?"

The man says, "I make a good living."

I just got back from a pleasure trip. I took my mother-in-law to the airport.

I've been in love with the same woman for 49 years. If my wife finds out, she'll kill me!

We always hold hands. If I let go, she shops.

The Doctor gave a man six months to live. The man couldn't pay his bill, so the doctor gave him another six months.

The Doctor called Mrs. Cohen saying, "Mrs. Cohen, your check came back."

Mrs. Cohen replied, "So did my arthritis!"

Doctor: "You'll live to be 60!" Patient: "I AM 60!"

Doctor: "See! What did I tell you?"

A doctor held a stethoscope up to a man's chest. The man asks, "Doc, how do I stand?" The doctor says, "That's what puzzles me!"

Patient: "I have a ringing in my ears." Doctor: "Don't answer!"

A drunk was in front of a judge. The judge says, "You've been brought here for drinking." The drunk says, "Okay, let's get started."

A Jewish man said that when he was growing up, they always had two choices for dinner - Take it or leave it.

## WE REMEMBER

Harvey Chidel.

Norman Ronald Salen.

Enriquette "Kitty" Horer.

Robert F. Spiegel.



Our sincere sympathy goes to Ruth Altman on the death of her brother, Jack Greenstein.

The world mourns the death of Shimon Peres, Israeli statesman and Nobel Peace Prize winner.

## CANTOR'S CORNER

Michael Kravitz

Depending on when this issue reached you, you may be reading this article at the end of October while remembrances of the blasting of the shofar are still fresh. The “tekiyah gedolah” to end Yom Kippur was sounded on October 12, and, hopefully, the one you heard was a good one. Some congregations have multiple people blow their shofarot (plural of shofar) simultaneously, and it can be powerful. But, how does one become a baal tekiyah, the one who blows the shofar? I thought I'd share my story.

I took my first non-college pulpit as chazzan in the fall of 1970. I'd been hired in the summer of 1970 by a relatively young congregation in Columbia, Maryland, and at the end of August during my first meeting with the rabbi and congregation president, I was told “we don't have a shofar blaster, so you'll be it. Here's a shofar.” I tried to explain that other than a few practice blasts years earlier, I had never blown a shofar. They said “you need to learn.”

I also began my science teaching career in 1970, and I immediately went up to the instrumental music teacher who, as luck would have it, happened to be a professional trumpet player. I showed him the shofar and he played the call to the races on it. I showed him what I needed to do, and he gave me instructions on how to position my lips to get the sounds I needed. The High Holy Days didn't start until the end of September, so I had some time. I couldn't practice in my apartment, so I tried to find secluded spots where I could practice in my car. I got much better during that month.

On the morning of Rosh Hashanah, I went out to my car to practice while the haftorah was being chanted. I put the shofar to my lips and blew. NOTHING! I tried again. NOTHING! To say I got panicky was an understatement. There were close to 300 people inside and they were expecting to hear the sounds of the shofar. The words VEY IZ MIR went through my mind as I went back inside. The time for the shofar service came. I put the shofar to my lips. TEKIYAH. I blew. A tekiyah came out. SHEVARIM TERUAH. The notes came out. As the calls came out, I got

most of the notes. Not perfect but not bad. I tried practicing in my car the

next day during the haftorah reading. Same results as the first day. NO SOUND. I returned to the sanctuary and when the shofar service came, similar results to the first day. Not perfect but not bad. I'd gotten through the shofar services relatively successfully.

I practiced during the week and got ready for Yom Kippur. During the breaktime on Yom Kippur, even though I knew I shouldn't have, I worked on my blasting because I wanted TEKIYAH GEDOLAH to be perfect. I was holding long blasts and was confident that this blast would be great. At the appropriate time, the rabbi called TEKIYAH GEDOLAH. I blew. I got the sound out, but it faded quickly. The total blast may have lasted for about 6 seconds. I was SO DISAPPOINTED. All that effort and nothing to show for it.

I continued with this congregation in 1971 and was given a new shofar to use. This one blew much more easily, and I was confident that I would get good blasts out. Practice in the car before the shofar service went well as did the Rosh Hashanah blasts. No practice this time before TEKIYAH GEDOLAH for Yom Kippur. Just prior to the TEKIYAH GEDOLAH blasting to end Yom Kippur, the president announced to the congregation, “You've heard Cantor Kravitz blast this shofar throughout these services. We want him to have it as our gift to him.” I finally had my own shofar. It's the black shofar many of you saw during the High Holy Days. It still works beautifully and it has been one of the nicest gifts I've ever received. So, if you thought that shofar blasting was something I had done since I was a kid, I have to tell you that nothing could be farther from the truth. But it also proves, once again, that you don't know what you can do unless you try. And, by the way, the TEKIYAH GEDOLAH to end that service went fine.

Let's hope that all our names are SEALED in the Book of Life for the year 5777.

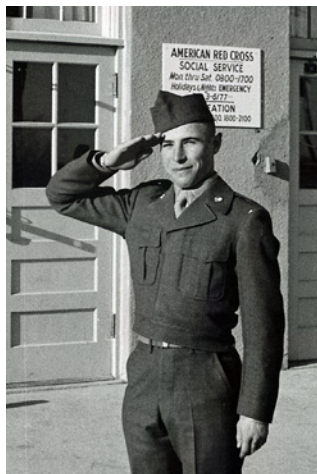




# JEWISH WAR VETERANS POST 567 AND JRLW HOST VETERANS SABBATH

NOVEMBER 4, 2016, FRIDAY, 7:30 PM AT  
THE INTERFAITH CHAPEL

Milton Loube



It is without question that we Americans are proud of our veterans for their service during difficult and extraordinary times. We are especially grateful for their courage in defeating our formidable enemies and for the sacrifices they and their families made to preserve our precious freedoms. This Veterans' Sabbath is a small but

meaningful way to express our deep appreciation and gratitude for their service to each of us and to our country. All are invited and most welcome to join in the spiritual services officiated by Rabbi Fink. Please make an extra effort to attend and invite your children and grandchildren as I am certain they will find the Services interesting and rewarding. Refreshments will be served after conclusion of the Service.

We are grateful to Helen Bass, Millie Kipperman and Barbara Marcus who have graciously offered to participate in the Services. Marvin Franklin, Commander of JWV Post 567, will extend greetings and introduce our guest speaker Fred Shapiro.

Fred Shapiro served in the U.S. Army between the Korean and Vietnam Wars. After basic training, he attended Artillery School where he trained to be a master gunner. He was then sent to the 2nd Armored Division, 94th AAA Battalion, in Wachenheim, Germany. His Commanding Officer recognized that Fred was a college

graduate and assigned him as the Public Information Officer for the battalion. It was a good fit for Fred as he was able to write articles, take photographs, publish a yearbook for the Battalion, teach English to soldiers where it was

a second language, as well as coach and play on his champion battalion soccer team. Quite an accomplishment for a boy from Brooklyn. Fred is well known throughout the Leisure World community for the many and varied positions he has held and for all the great photos, articles and work he has done for the Jewish War Veterans, his mutual, JRLW, the Leisure World community and beyond, including his strong support for the State of Israel. I'm sure you will find his talk very interesting and informative.

## RECIPE CORNER

### ZUCCHINI BREAD

Bob Stromberg

- 3 cups shredded zucchini (2 to 3 medium)
- 1 2/3 cups sugar
- 2/3 cup vegetable oil
- 2 tsp vanilla
- 4 eggs
- 3 cups all-purpose flour
- 2 tsps baking soda
- 1 tsp salt
- 1 tsp ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1 teaspoon baking powder
- 1/2 cup coarsely chopped nuts
- 1/2 cup raisins, if desired
- 1 tsp lemon juice



Directions:

Heat oven to 350°F. Grease bottoms of 2 (8x4 inch) loaf pans with shortening or cooking spray.

In large bowl, combine flour, salt, nutmeg, baking soda, cinnamon and sugar. In a separate bowl, combine oil, eggs, water, zucchini and lemon juice. Mix wet ingredients into dry. Fold in nuts (and raisins if desired). Divide batter evenly between standard loaf pans.

Bake loaves 30 to 45 minutes, or until toothpick inserted in center comes out clean. Check at 25 minutes. Cool in pans on rack 10 minutes.

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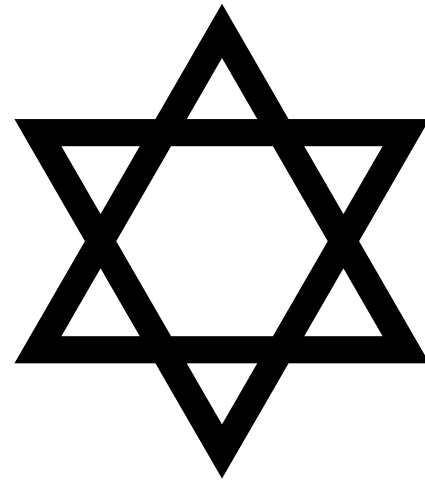
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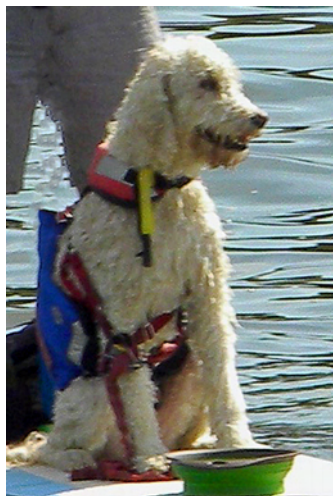
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## IN MY OPINION

In all my years of voting in Presidential elections, this has got to be the most vile, ugliest campaign of them all. The campaign is not as much about the issues as it is about which candidate is worse. My candidate is bad, but yours is terrible. The candidates, themselves, speak more about the personal problems of their opponent, rather than what they will do to make our Country better.

What happened to that old saying, "I disagree with your opinion, but will defend your right to voice it." This campaign has become a war which is truly divisive. It has reached the point where it is better not to discuss politics if you want to keep your friends. I offer myself as an example.

About two years ago, I started playing the game "Words" on my iPad with a woman who lives in Idaho. Through the game, we became friends. Last year, when I did not play for a few days, I received an e-mail asking if everything was all right. She tells me about her grown daughters and posts photos of them on Facebook. I quell about my two great-grandsons. She got excited about a young deer who came to her backyard; I told her about the deer seen here in Leisure World. Recently, I saw a posting of hers on Facebook about her Presidential candidate. I am certain that she has seen the remarks I have made about mine. The result? No more "Words" game. Sad.

A young man, who was a very good friend of one of my sons, was like a fifth son in our home. He became so upset with

me about my political opinions, that he 'unfriended' me on Facebook. That hurt.

No matter the outcome of this election there will be hard feelings. I fear there will be no coming together of the two political parties. Some people have become so disgusted with the whole thing, they have decided not to vote at all. How tragic!

No matter what is said or threatened about the other candidate taking over the country if elected, our Constitution has wording that clearly defines the duties of the President. There are checks and balances in place to contain presidential as well as congressional powers.

One of the things that makes our Country great is that if an elected official does not perform to our liking, after four years we can vote him/her out of office. Not voting is like throwing our Democracy out 'with the dirty dishwater.' We must not do this.

Please vote. It is our civic duty. Voting here is very easy. There are polls right here in Leisure World. You can vote early at several nearby locations. You may even vote by mail. You will be voting not only for our next President, but for state officials as well. I hope my candidate wins, but I will not move to Canada if the other person wins. This is my Country and I intend to stay right here. In four years, I will have a chance to vote again.



# NOVEMBER

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b> JRLW Bd. Mtg. CH II 7:00 pm	<b>2</b> JWV Mtg. CH I 11 am NA'AMAT Mtg CH I 12:30 pm	<b>3</b> CoA Classes CH I	<b>4</b> JRLW Cons. Shabbat Svc Interfaith Chapel 7:30 pm 5:46	<b>5</b> Study w/Rabbi Samber CH II 9:15 am
<b>6</b> Kristallnacht Observance CH II 7:30 pm Daylight Savings Ends	<b>7</b>	<b>8</b> ELECTION DAY	<b>9</b>	<b>10</b> CoA Classes CH I	<b>11</b> 4:39	<b>12</b> JRLW Shabbat Svc CH II 9:15 am
<b>13</b> JWV Brunch CH I 10:15 am	<b>14</b>	<b>15</b> NA'AMAT Bd. Ch I 10:30 am Hadassah Mtg. CH I 11:00 am	<b>16</b>	<b>17</b> CoA Classes CH I	<b>18</b>	<b>19</b> Study w/Rabbi Samber CH II 9:15 am
<b>20</b> JRLW Brunch CH I 10:00 am Hadassah Mtg CH I 2 pm	<b>21</b>	<b>22</b>	<b>23</b> Thanksgiving Eve Svc Interfaith Chapel	<b>24</b> THANKSGIVING	<b>25</b> 4:30	<b>26</b> Study w/Rabbi Samber CH II 9:15 am
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> JRLW/CoA Movie CH II 1:30 pm Hadassah Board CH I 7 pm			

2016

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