



## Selichot



September 12, 2020 - 23 Elul 5780

7:15pm

Cantor Wendy Gonzales

Lyle Wolinsky, JRLW President

Rebecca Siman

Speakers: Naomi Kline, Sid Sussan

## Havdalah



Cantor Wendy – Introduction/Niggun

*Please light the Havdalah candle.*

Cantor Wendy – Hine Y'shuati

*Please read responsively (in italics/bold):*

Behold, G-d is my Help;

***Trusting in the Eternal One, I am not afraid.***

For the Eternal One is my strength and my song,

***And has become my salvation.***

With joy we draw water

***From the wells of salvation.***

The Eternal One brings deliverance,

***And blessing to the people.***

The G-d of the hosts of heaven is with us;

***The G-d of Jacob is our stronghold.***

G-d of the hosts of heaven,

***Happy is the one who trusts in You!***

Save us, Eternal One;

***Answer us, when we call upon You.***

Give us light and joy, gladness and honor,

***As in the happiest days of our people's past.***

Then shall we lift up the cup to rejoice in Your saving power,

***And call out Your name in praise.***

**Please hold up the cup of wine:**

**Together please sing the Niggun –**

Ba-ruch a-ta Adonai, e-lo-hei-nu meh-lech ha-o-lam, bo-rei  
p'ri ha-ga-fen.

We praise You, Eternal G-d, Sovereign of the universe,  
Creator of the fruit of the vine.

**Please hold up the spice pouch:**

**Together please sing the Niggun –**

Ba-ruch a-ta Adonai, Elo-hei-nu meh-lech ha-o-lam, bo-rei  
mi-nei v'sa-mim.

We praise You, Eternal G-d, Sovereign of the universe,  
Creator of the world's spices.

**Please inhale the beautiful fragrance from the spice pouch.**



**Please hold up the candle:**

**Together please sing the Niggun -**

Ba-ruch a-ta Adonai, Elo-hei-nu meh-lech  
ha-o-lam, bo-rei m'or-rei ha-eish.

We praise You, Eternal G-d, Sovereign of  
the universe, Creator of Fire.

**Hold the candle high and**

**Together please sing the Niggun –**

Ba-ruch a-ta Adonai, Elo-hei-nu meh-lech ha-o-lam, ha-  
mav-dil bein ko-desh l'chol, bein or l'cho-shech, bein Yisrael  
la-ah-mim, bein yom hash-vi-i l'shei-shet y-me'i ha-ma-ah-  
seh.

We praise You, Eternal G-d, Sovereign of the universe: You  
make distinctions, teaching us to distinguish the  
commonplace from the holy; You create light and darkness,  
Israel and the nations, the seventh day of rest and the six  
days of labor.

We praise You, O G-d: You call us to distinguish the  
commonplace from the holy.

**Take a sip from the cup of wine.**



**Extinguish the candle by immersing it in the wine glass.**

**Together:**

*We give thanks for the Sabbath day now ending. We are  
grateful for its many blessings: for peace and joy, rest for the*

*body, and refreshment for the soul. May something of its meaning remain with us as we enter the new week, lifting all that we do to a higher plane, and inspiring us to work with new heart for the coming of the day of redemption from every form of oppression. Of this redemption the prophet Elijah is a symbol.*

**We sing together:**

Ei-li-ya-hu ha-na-vi, Ei-li-ya-hu ha-tish-bi, Ei-li-ya-hu,

Ei-li-ya-hu, Ei-li-ya-hu ha-gil-adi.

Bim-hey-ra v'ya-mei-nu, ya-vo ei-lei-nu, im ma-shi-ach

ben David, im ma-shi-ach ben David.

**We sing together:**

Ha-mav-dil bein ko-desh, bein ko-desh l'chol, cha-to-tei-nu hu yim-chol, zar-ei-nu v'chas-pei-nu yar-beh ka-chol, v'cha-ko-cha-vim ba-lai-lah. Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov, Sha-vu-a tov. A good week, a week of peace, may gladness reign and joy increase.

**Shavua Tov to You**

For all the thoughtful things you say  
And the kindness that you show.  
May many blessings come your way  
Wherever you may go.

Now as we greet the coming week  
With joy and hope anew,  
We say "Shavua tov" to all  
With love and peace to you.

## S'lichot

### סדור למעריב של סליחות

This selichot ("forgiveness") service calls us to ready our bodies, hearts, minds and spirits for the season of teshuvah ("return"). In heeding the call to return to our highest selves, may we release pain and habits that hold us in place, forgive those who may have hurt us, and seek forgiveness for times we ourselves missed the mark. By this merit, may we and our loved ones merit a good and sweet new year.

#### Cantor Wendy:

Vayomer Adonai salach'ti  
kid'varecha.

וַיֹּאמֶר יְהוָה סְלַח־תִּי כְּדַבַּרְךָ.

And G-d responded, "I forgive as you have asked."

#### Bar'chu

As we bless the Source of Life, so we are blessed.

*And our blessings give us strength, And make our visions clear.  
And our blessings give us peace, And the courage to dare.*

As we bless the Source of Life, So we are blessed.

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ

Barchu et Adonai ham'vorach!

Praise be the One to whom our praise is due.

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד

Baruch Adonai ham'vorach l'olam va'ed!

Praised be the One, to whom our praise is due, now and forever.

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד

Hear, O Israel! Adonai our , Adonai is One!

בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוֹתוֹ לְעוֹלָם וָעֶד

Blessed is G-d's glorious majesty forever and ever!

Please read together:

We are here, O G-d, to confess our failings, to declare our repentance for our sins against You and our transgressions against one another. Look into our hearts, and know that we are contrite. Grant us Your pardon, You, Who alone can give us peace.

In the stillness of the night we come to pour our hearts out to you, O G-d. Accept our prayers, direct our thoughts and may we emerge from this hour in readiness to do Your will as children of the one eternal G-d, the G-d of compassion and love.

Psalm 27:4

אַחַת שְׂאֲלֹתַי מֵאֵת־יְהוָה אֹתָהּ אֶבְקֵשׁ שִׁבְתִּי בְּבֵית־יְהוָה כֹּל־  
יָמֵי חַיַּי לְחַזוֹת בְּנֹעַם־יְהוָה וּלְבַקֵּר בְּהֵיכָלוֹ

Achat sha'alti me'eit-Adonai Otah avakesh. Shivti b'veit-  
Adonai kol-y'mei chayai. Lachazot b'no'am-Adonai  
ul'vaker b'heichalo.

One thing I ask from G-d: only this do I seek – That I may dwell in the house of G-d all the days of my life, That I may gaze on G-d's beauty and seek G-d's peace.

**Speaker: Sid Sussan – Forgiveness**

## **Meditation:**



Read silently:

Summer has passed. The days grow shorter. The sounds and the colors of nature, the stirring of the wind, speak to us of changes in the world, in life, and in our course on earth. We are also about to enter upon a new season of the spirit and of the soul. It reminds us of our changing lives and fortunes, of the changes that take place within our homes, our communities, our world. It bids us look upon the changes that have taken place within ourselves. Awed and subdued, we stand before the threshold of a new year. We recall those moments in the past year when we rejoiced in our victories and achievements, our decent impulses and our generous action. But now, in the presence of that Eternity to which a dying year compels our attention, we are mindful that our defeats were greater than our triumphs. We failed ourselves by failing to rise to our own level. We failed others by failing them in their need for our love and respect. We failed our G-d by worshipping ourselves. For all these, at this turning point in endless time, we would seek forgiveness. O, our G-d, we come to You to help us lift the burdens of our souls, for there is none of us so virtuous or proud whose heart does not cry out for forgiveness. Let us hear the words for which we have always longed.

Rabbi Eliezer said, "Repent one day before your death." His disciples asked: "Does anyone know on what day he will die?" All the more reason to repent today," answered Rabbi Eliezer, "in case you die tomorrow, and thus a person's whole life should be spent in repentance."



**Together:**

*Eternal G-d, what can we say in Your presence? How do we account for our sins? We speak of repentance, and yet are slow to change. But now we turn to You with the prayer that Your love may abide with us always, turning our hearts to Your ways, our feet to us. And so we pray: Do not turn us away empty handed from Your presence. End our darkness with Your light and turn our passions to Your purpose. Help us, Eternal G-d, in this hour of turning, to make real in our lives the words of our mouths, the meditations of our hearts.*

**Cantor Wendy:            Shomer Yisrael**

Shomer Yisrael, sh'mor sh'e-rit Yisrael, v'al yo-vad Yisrael,  
ha-o-m'rim sh'ma Yisrael.

Guardian of Israel, protect the remnants of the people of Israel.  
Let Israel not perish, and protect those who daily proclaim, "Sh'ma Yisrael."

**Together:**

*G-d of Forgiveness, Searcher of hearts;  
Revealer of deep thoughts, Proclaimer of righteousness;  
Good and benevolent to Your creatures, Knower of all secrets;  
Provides for the righteous.  
We have sinned before You, Be merciful with us.  
From the Selichot prayers*



**Cantor Wendy:****Ki Anu Amecha**

Ki anu amecha, v'atah Eloheinu;  
anu vanecha v'atah avinu.

כִּי אֲנִי עַמְּךָ, וְאַתָּה אֱלֹהֵינוּ;  
אֲנִי בְנֶיךָ וְאַתָּה אָבִינוּ.

Anu avadecha, v'atah adoneinu;  
anu k'halecha, v'atah chelkeinu.

אֲנִי עַבְדְּךָ, וְאַתָּה אֲדוֹנָנוּ;  
אֲנִי חֶלְקֶךָ, וְאַתָּה חֶלְקֵנוּ.

Anu nachalatecha, v'atah goraleinu;  
anu tzonecha, v'atah ro'einu.

אֲנִי נַחֲלָתְךָ, וְאַתָּה גּוֹרְלָנוּ;  
אֲנִי צֹנְעֶךָ, וְאַתָּה רוֹעֵנוּ.

Anu charmecha, v'atah not'reinu;  
anu f'ulatecha, v'atah yotz'reinu.

אֲנִי כְרַמְּךָ, וְאַתָּה נוֹטְרָנוּ;  
אֲנִי פְעֻלָּתְךָ, וְאַתָּה יוֹצְרָנוּ.

Anu ra'yatecha, v'atah dodeinu;  
anu s'gulatecha, v'atah K'roveinu.

אֲנִי רְעִיתְךָ, וְאַתָּה דוֹדָנוּ;  
אֲנִי סִגְלָתְךָ, וְאַתָּה קְרוֹבָנוּ.

Sovereign G-d, whose throne is mercy, You guide the world with steadfast love, forgiving the transgressions of Your people: You pardon all who sin, are generous with all who live, treating them with compassion.

**Together:** *You have taught us, O G-d, Your covenant with life. This day remember Your covenant, revealed from of old to Moses, the humble one. As it is written: The Eternal descended in a cloud and stood with him there and revealed the divine nature. G-d passed before Moses and said:*

**Cantor Wendy:**

Adonai, Adonai, El rachum  
v'chanum, erech apayim, v'rav  
chesed ve'emet. Notzeir chesed  
la'alafim, nosei avon vafesha  
v'chata'ah, v'nakeh.

יְי, יְי, אֵל רַחוּם וְחַנוּן, אֶרֶךְ אַפַּיִם,  
וְרַב חֶסֶד וְאֵמֶת. נֹצֵר חֶסֶד לְאַלְפִים,  
נֹשֵׂא עוֹן וּפְשָׁע וְחַטָּאָה, וְנֹקֵה.

## Speaker: Naomi Kline – *The Thirteen Attributes of Mercy*

### Hashiveinu

#### Together:

When fears multiply and danger threatens;  
When sickness comes, when death confronts us –  
It is G-d's blessing of *shalom* that sustains us and upholds us.  
Lightening our burden, dispelling our worry,  
Restoring our strength, renewing our hope – reviving us.

הַשִּׁיבֵנוּ יְהוָה אֱלֹהֵינוּ וְנִשְׁוֵבָה חַדְשׁ יְמֵינוּ כְּקִדְמוֹתֵינוּ

*Turn us back to you, O LORD, and we shall be turned;  
Renew our days as of old. (Lam. 5:21)*

### Avinu Malkenu

Avinu Malkeinu! Choneinu  
va'aneinu, ki ein banu ma'asim,  
aseih imanu tz'dakah vachessed,  
v'hoshieinu.

אָבֵינוּ מַלְכֵנוּ! חֲנֵנוּ וְעֲנֵנוּ, כִּי אֵין בָּנוּ  
מַעֲשִׂים, עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד  
וְהוֹשִׁיעֵנוּ.

*Avinu Malkeinu! Be gracious and answer us, for we have little merit. Treat us  
generously and with kindness, and be our help.*

### V'al Kulam

V'al kulam, Eloha s'lichot, s'lach  
lanu, m'chal lanu, kaper lanu.

וְעַל כָּל־אֵלֶּיךָ, אֱלֹהֵי סְלִיחוֹת,  
סְלַח לָנוּ, מַחַל לָנוּ, כַּפֵּר לָנוּ.

*For all these wrongs, God of forgiveness, forgive us, pardon us, help us atone.*

## Silent Reflections



What is the forgiveness you most need to receive?

What is the forgiveness you most need to give?

## Shofar Service



Please rise:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ  
לְשִׁמּוֹעַ קוֹל שׁוֹפָר.

Ba-ruch a-ta A-do-nai elo-hei-nu me-lech ha-o-lam, a-sher kid-sha-nu b'mitz-va-tav v'tzi-va-nu lish-mo-ah kol sho-far.

Blessed is the Eternal our G-d, Ruler of the Universe, who hallows us with Mitzvot, and calls us to hear the sound of the Shofar.

## The Shofar is sounded:

TEKIAH – SHEVARIM – TERUAH – TEKIAH

TEKIAH – SHEVARIM – TEKIAH

TEKIAH – TERUAH – TEKIAH

Please be seated.

## Shehecheyanu:

Baruch atah, Adonai Eloheinu,  
Melech haolam,  
shehecheyanu v'kiy'manu v'higianu  
laz'man hazeh.

בָּרוּךְ אַתָּה, יי, אֱלֹהֵינוּ, מֶלֶךְ  
הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ  
לְזֶמַן הַזֶּה.

Blessed are You in our lives — Your great name fills the universe with majestic might,  
giving us life, upholding the life within us, and bringing us to this time.

## Cantor Wendy:

S'lach na la'von ha'am hazeh k'godel  
chasdecha, v'cha'asher nasatah la'am  
hazeh Mimitzrayim v'ad heinah,  
v'sham ne'emar:

סְלַח נָא לְעוֹן הָעָם הַזֶּה כְּגֹדֶל  
חַסְדֶּךָ, וְכַאֲשֶׁר נִשְׂאתָה לְעָם הַזֶּה  
מִמִּצְרַיִם וְעַד הַנֵּה. וְשָׁם נֵאמַר:

As You have been faithful to this people ever since Egypt, please forgive  
their failings now, in keeping with Your boundless love.

## L'shana tova tikatevu!

